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Community Group Questions

Sermon Series: Find Rest

Week of July 6th, 2025
Sermon Text: 1st Peter 5:6-11

Preparation for your Group:

As you listen to the sermon, consider these questions in preparation for your group meeting:

What? What is the main point of the text?

So what? How does this text apply to your life?

Do what? How will you obey the teaching of this text?

**The “What? So what? Do what?” question structure is taken from Eddie Mosley’s video Sermon-Based Studies, RightNow Media

Open In Prayer. Opening Questions: How would you summarize/paraphrase the message in your own words? What point/idea resonated most with you? Why? Did you disagree with something said, or what do you think should have been added or expanded on?

Opening Question: *What stood out from Pastor Nick’s message from this text?*

Have you ever considered a connection between pride and anxiety? Are they connected? If so, how?

What does it mean to clothe oneself in humility, and how can we practice this in our daily lives? How does the practice of humility apply or help us “find rest?”

What are the things that you find yourself constantly anxious over? How can we cast our anxieties onto God? Can you share personal examples?

If we know that we should bring our anxieties to God, why do we struggle to do so? What is it about us that keeps us holding on to the things that worry us or weigh us down?

What does this passage teach us about the heart of God towards us as we struggle with stress and anxiety?

Peter warns us to stay alert and watch out for the devil's schemes. What are some strategies to remain spiritually vigilant and resist temptation? Have you ever considered how “busyness” could be a scheme of the devil to keep you from the rest that God has for you in Him?

How might Peter’s perspective on eternity help us navigate our current struggles with anxiety, fear, stress and worry?

How could you intentionally find rest with Jesus this week?