



A crowd gathers around Portland Bocce League Association's new courts. This is just a small part of Portland's thriving bocce community. Photo by Karen Cambareri.

## SE Portland Says Hello to Bocce Courts at St. Philip Neri Church

By FRANCESCA “FRANKIE” SILVERSTEIN

On Sunday, July 20, the Portland Bocce League Association (PBLA) celebrated the opening of two new bocce courts at St. Philip Neri Catholic Church in Ladd’s Addition. The first ball rolling on the courts marked the culmination of years of work researching, fundraising and designing, as the project has been in motion since at least 2015. To attendees, including PBLA President Karen Cambareri, it was clear this hard work paid off.

“The reaction has just been 100 percent positive—everybody wants to be on these courts,” she said. Soon, most of the league will be, as PBLA begins to transition the majority of their 46 summer league teams to playing on them.

This is a significant change for PBLA,

which currently has most of its teams playing downtown at the North Park Blocks courts. However, these courts have presented numerous challenges for the league, one of the most prominent being safety. Cambareri explains, “That area downtown has started to feel unsafe for some people.” The public location also makes the courts harder to maintain, since people are free to walk or bike on them. Further concerns revolve around the courts themselves, which are only 60 feet long, rather than the standard 87, and have no access to restrooms or parking.

The new courts are around 80 feet long, increasing the potential for hosting tournaments. In addition, by partnering with St. Philip Neri, the league gains access to the church’s parking lot and restrooms, while also being able to control activity on the courts. Furthermore, PBLA won’t have to pay Portland Parks & Recreation to use the courts like they do at the North Park Blocks.

Although the North Park Blocks teams will be moving to St. Philip Neri, PBLA will continue to maintain the North Park Blocks courts, and the teams playing at the courts in Cedar Hills will remain there, at least for the time being. “We’re enriched by [the North Park Blocks courts], and it’s enriched by us, but we hope to have the same—and more—energy at St. Philip Neri,” remarks Frank Rudloff, PBLA member and the design and construction lead for the St. Philip Neri project.

Rudloff has been with the project since the early 2010s, when it was still just a shared desire to build new courts. He began researching locations, and PBLA began fundraising, putting team registration fees into a court-building fund. Eventually, the league connected with St. Philip Neri, which expressed interest in acting as the site of the new courts. The church serves

## Inside The Wash House’s Mission to Reclaim Textiles and Lives

By RACHEL PETERSON

In September of 2024, as a part of the City of Portland’s Impact Reduction Program, The Wash House began operation in the Central Eastside. For almost a year, it has served houseless and lower income populations as a free laundromat and textile recycling center.

The laundromat is one of the youngest programs of the Ground Score Association, an association of informal workers that contribute to reducing waste in the Portland area through various programs. Utilizing water efficient washing machines and dryers, The Wash House processes up to 40 pounds of laundry per person, offering same-day or next-day pickup. Alongside processing laundry, The Wash House works with G.L.I.T.T.E.R., the Ground Score Association’s litter and waste collection program, to recycle and reuse textiles.

“From my earliest days with Ground Score, I was always surprised by how much perfectly usable textile materials were discarded due to a lack of laundry services,” says The Wash House manager Nic Boehm. “There was not much we could do with them but throw them away.”

According to a study run by Kaitie Lindsey, a contributing founder of The Wash House, discarded textiles make up about 17 percent of the materials picked up by G.L.I.T.T.E.R. teams. With the involvement of The Wash House, those textiles are redistributed to the community, reducing

greenhouse gas emissions and contributing to aid for local shelters. Between November of 2024 and January of 2025, The Wash House prevented the emission of about 53 tons of CO<sub>2</sub> equivalent, or the greenhouse gas emissions from 12.4 gasoline-powered passenger vehicles that are driven for one year.

The first months of The Wash House highlighted how environmental justice and economic justice are intertwined. As noted by Boehm, “That pair of jeans mouldering in the dirt near a homeless camp is pollution, but the person who left it there may have needed them and may miss them dearly, or want a place or the means to get them properly cleaned.” The access to a basic service like laundry is important, and The Wash House helps provide support to those without immediate access.

The funds to establish The Wash House were provided by the City of Portland’s Impact Reduction Program (IRP). However, the laundromat is currently operating with no active funding. While The Wash House will receive the remaining funds from the original production budget, it will cover a little over half a year of current scale operation costs.

Despite uncertainty with funding, The Wash House seeks to extend service days to five to seven days a week. The need for community laundry services extends beyond just being clean, and Boehm,

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## As Deportations Terrify Oregon’s Immigrants, Advocates Mobilize to Help

By MARSHALL HAMMOND

Fear is being felt throughout Oregon’s immigrant population as the Trump administration intensifies its efforts to arrest and deport millions of individuals, sometimes to “third party” countries where they’ve never lived.

“We have families who are afraid to send their kids to school,” says Ana Muñoz of the Latino Network, “They’re missing their doctor’s appointments. Even going to the grocery store is a challenge. A lot of families are going back in the shadows, they don’t want to be out there exposed to any possibility of being targeted, detained and possibly kidnapped.”

The administration claims the arrests target “the worst of the worst” criminals. However, data from government sources suggests otherwise according to numerous sources. One report, compiled by the Cato Institute, shows that 65 percent of

the arrestees have no criminal record, and the vast majority of those with criminal records have committed non-violent crimes, with most falling into the categories of immigration, traffic or vice.

June 2, ICE agents arrested O-J-M, a trans woman from Mexico attending a court hearing at Edith Green–Wendell Wyatt Federal Building in downtown Portland. The woman, whose full name has not been released, sought asylum after suffering violence at the hands of a drug cartel, her attorneys said. O-J-M was held for 40 days in solitary confinement at the Northwest ICE Processing Center in Tacoma, WA before she was released on orders of District Court Judge Amy Baggio, who ruled the arrest unlawful.

July 15, an Iranian man named Mahdi Khanbabazadeh was arrested while dropping his daughter off at preschool in

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# Representatively Speaking

BY STATE REPRESENTATIVE  
ROB NOSSE

As I explained last month, the submission deadline for this column means that I had to wait till this month to share my thoughts about the legislative session that ended in June.

Boy, am I glad I waited. I would have totally predicted that we would pass a transportation package. It would have been a Dewey defeats Truman moment. Significantly younger readers may need to Google that phrase.

I am pretty down about it, but also hopeful that the “special session,” which the Governor called at the end of July, will produce a transportation package that will provide our state the support needed. I am also pretty down about the passage of the “One Big Beautiful Bill” by the US Congress. That is likely a WHOLE other column in and of itself.

This was a session defined by tough trade-offs. We faced a tighter-than-expected budget after the May revenue forecast went down. There was/is pressure from every corner of the state for help on big-ticket needs. Meanwhile this is all happening under the cloud of national uncertainty. There are Medicaid cuts from Congress coming. President Trump’s executive actions on so many things, especially tariffs, are sending shock waves through local industries, not to mention what he is doing on immigration, which is just mean and disgusting.

In spite of all that, the Oregon Legislature did accomplish things.

We passed a solid Medicaid budget and continue to help pay for it with hospital provider taxes. We run such a good Medicaid program. I am so worried about what is in store in light of the “One Big Beautiful Bill.”

We passed the largest K-12 budget in state history, \$11.4 billion—enough to keep teachers on the payroll, avoid shortening the school year and shore up operations against rising costs. I realize many of you wanted us to do more, but we just don’t have the money.

We strengthened our early literacy initiative, and we also set up a new accountability framework that will tie local performance goals to state oversight.



Unfortunately, we couldn’t get a bill across the finish line to lift the outdated cap on special education funding. Students who rely on those services will still be under-supported.

We started to take care of wildfires. After years of one-off emergency appropriations, we finally created Oregon’s first permanent funding stream for wild-fire prevention and mitigation by way of a tax on oral nicotine products (like ZYN). It’s not intuitive, but it gets dedicated money flowing to this critical need.

We think we are finally on track to start fixing our criminal defense system so that there are lawyers available to defend people accused of crimes as we are constitutionally required to do.

On housing and homelessness, we delivered meaningful investments in shelters and residential treatment beds, and additional funding for affordable housing construction, though far short of what the Governor wanted. I wish we did not cut over \$100 million in rental assistance and other eviction protection programs. Again, we just did not have the money to do all that we needed to do. We did pass bills to make it easier to build “middle” housing and condos, so maybe the private sector will take advantage of the change in regulation and help us out.

We passed SB 110, which authorizes \$800 million in state bonds to build a baseball stadium. The bonds are paid for by taxing the players’ incomes, which is a creative way to finance a stadium while saving the state money. There’s no guarantee that Portland will attract a baseball team, but, if we do, we have a way to pay for the construction. A baseball team would go a long way toward revitalizing Portland’s reputation.

We also managed to keep pushing back on some of the most divisive national cultural fights. Attempts to ban transgender girls from girls’ sports teams died. Efforts to ease drone use by police didn’t pass. Oregon even moved ahead with protections against book bans and continued to hold the line on personal freedoms. Given what is going on nationally and in other states, that matters. We also put money toward helping immigrants without a legal status to be able to hire a lawyer to obtain a legal status.

Lastly, two bills I introduced that provided more funding for residential treatment facilities and behavioral health workforce enhancements made it across the finish line, investing over \$70 million to continue digging us out of the deep hole we have for behavioral health services. Much like housing, there’s still much to do in terms of expanding access to behavioral health services. What we asked for at the beginning of session had to be scaled back by the end of session. I was lucky to land \$70 million. This is my third time saying this: We did not have as much money as we needed to fund the needs we have.

So that’s some of the session’s accomplishments in broad strokes: some wins, some glaring misses and plenty of unfinished business.

Now we roll into the interim to regroup, reimagine and get ready to do it all again come February. Thanks for sticking with me through every newsletter, every cautiously optimistic update and every sigh about how hard this work can be. More reflections to come soon, particularly about transportation and Medicaid (and maybe even about some of my efforts in the legislature that did not make for big headlines but for sure helped to make a difference).

**SE**

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# SE School Faces Increased Class Sizes, Mixed Messaging

By DANIEL PEREZ-CROUSE

Families of SE Portland’s Bridger Creative Science School (BCSS) are frustrated over the prospect of larger class sizes and unmet promises to address that very issue.

For context, BCSS is the result of reconstruction efforts following the creation of Portland Public Schools’ (PPS) Southeast Guiding Coalition (SEGC) boundary changes. PPS formed the SEGC in 2020 to balance enrollment and address educational inequities.

In 2023, BCSS was made a SEGC school by combining the formerly lottery-based Creative Science School with the neighborhood Bridger Elementary School.

News coverage at the time of this combined school showed concern over increased class sizes as a result. A BCSS parent working closely with other BCSS families, Mariah Jochai, said that, “We were assured PPS would provide additional FTE to support larger classes as they rose in grade level. Our school’s overpopulation was predicted to ease in about five years.”

A letter to the school board from the Deputy Superintendent for Business and Operations in the wake of SEGC’s formation, outlined the issues, saying, “To facilitate the boundary and program changes over the next five years, Deputy Superintendent Hertz recommends a staffing pool of 10 licensed FTE to be equitably allocated each year to help build programs at Harrison Park and SE schools through the transition.”

However, class size records from PPS show a rise in median class sizes over the last couple years for some grade levels at BCSS. This has led to the current concern of BCSS families with children heading to fourth grade in the 2025-2026 school year. They were informed that PPS will collapse three classrooms of 23-24 BCSS third-grade students into two classrooms of 33 and 34 fourth-grade students.

Compounding the issue is that the five years of 10 FTE allocated to SEGC schools has been altered and SEGC schools must now request FTE from a limited set-aside bucket like all PPS schools.

Dr. Renard Adams, PPS Chief Accountability and Equity Officer, told Jochai in an email that, “The SEGC allotment of 10 FTE for enrollment and program balancing was not included in the budget that is moving through the adoption process. Instead, we have been using a general pool of FTE to support school staffing and program balancing requests.”

This lines up with discussions in a June 10 PPS board meeting, where Multnomah County Commissioner Julia Brimm Edwards asked what schools requested FTE this year. “It kind of surprises me, because I only see a list of seven schools. And it appears that what got approved was essentially three FTE (corrected for 2.8),” she said.

Amongst those seven schools was BCSS, which requested one FTE for a fourth-grade teacher, but was denied due to “decision pending confirmation closer to school start date.” This was confirmed in a document shared by Brimm Edwards on Facebook that alluded to confusion around which SEGC schools knew about the changes to requesting FTE.

In response during that meeting, Dr. Franco, Senior Chief Operations at PPS, said that all requests were addressed in an “overarching meeting” and that the “rationale for the schools that weren’t given an allocation is they were so close beneath the threshold for class size that we needed to wait until the fall. But the plan is to start in August and meet weekly, monitoring enrollment adjustments.”

It’s worth noting that PPS is in the midst of budget challenges after three years of deficits and a \$40 million shortfall. Back in April, while discussing the issue with KGW, PPS Superintendent Dr. Kimberlee Armstrong said, “We’re set to lose about 280 FTE (full-time equivalent) across central office in our schools in total.”

Jochai said, “Families are concerned about the potential

impact on learning, teacher workload and classroom culture. In 2024/25, this cohort of students struggled with behavior in classrooms of 23-24 students. 10 additional students in each classroom will be very difficult for students and staff.” Families are also concerned that issues SEGC was supposed to solve have not been fulfilled.

195 signatures from supporters in the BCSS community were garnered to oppose this decision, and a June 6 march was held to bring attention to the issue in the Montavilla neighborhood.

In a letter to PPS from BCSS families, they said, “We appeal to PPS to fulfill their SEGC promise, honor their core values and approve three 4th grade classrooms with constructivist-trained teachers at BCSS for the 2025-26 school year—before this school year ends. Waiting until August to make this decision is unacceptable. Our students and teachers deserve a successful start to their school year.”

Currently, BCSS and families are still waiting to hear if they will be allocated additional FTE needed for a teacher to reduce their class sizes.

PPS did not respond to comment before publishing.



BCSS students at June 6 march. Photo by Mariah Jochai.




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# Salt & Straw: America’s Most Iconic Ice Creams

By David Krogh

Ice cream is often thought of as just a summer time treat. And its popularity grows along with the seasonal coming of warmer temperatures. However, Salt & Straw co-founder and Portland resident Tyler Malek and food writer JJ Goode have teamed up to create an ice cream recipe book that encourages home ice cream making year round with the same level of excellence and intricacy that you see at the Salt & Straw shops. Their book *Salt & Straw: America’s Most Iconic Ice Creams* includes a subtitle which says it all: “Classic Flavors and Creative Riffs.”

Co-author Malek said, “I am the Head Ice Cream Maker at Salt & Straw and I’m heavily involved in the day-to-day testing of flavors and innovating ice cream with our team. My cousin and I, Kim, who is the CEO, founded the company in 2011.”

What’s most interesting about the book is not the fact that it includes exquisitely flavored ice cream (and other) recipes, but that it includes discussions intended to make the ice cream making experience exceptional. For example, there is considerable discussion of key flavor elements, including vanilla beans, chocolate, nuts and coffee beans so that you can understand the

best types of ingredients for the best flavors. The book also talks about the tools to use, such as types of ice cream makers. And before the book gets into the nitty gritty of its multi-faceted recipes, it shows you how to make “Salt & Straw’s coveted 17% butterfat base” from which so many of the ice cream recipes originate. After that, the sky’s the limit as you consider making such delicacies as Hazelnut Cookies and Cream or Honey Almond Rocky Road.

Creating a recipe book for an organization like Salt & Straw which has new flavors introduced all of the time was not easy. “We set out to build a storytelling element around iconic ice cream flavors—strawberry, vanilla and chocolate—as the centerpiece. Our goal was to write recipes that fully showcase the depth and character of each ingredient, like strawberry in a tres leches cake, for example. We focused on flavor pairings that defy expectations and elevate the classics in surprising ways,” said Malek.

Sorting the multitude of recipes was especially harrowing. Malek stated, “One of the biggest challenges was narrowing down the list to the 10 most iconic ice cream flavors in the country. It sparked a lot of debate between our team, since we have employ-

ees across the region. West Coast folks advocated for a Pecan Praline, but there were strong opinions from our East Coast crew advocating for Pistachio! But the ultimate goal was, we wanted to be sure to include the most interesting versions of each flavor, and to do that, it took a lot of trial and error.”

Since it began in 2011, Salt & Straw has created at least 2,000 different ice cream varieties. “While some flavors appear regularly, our menu changes every month, so there’s always something new to try. Many of the flavors in the book have shown up in the shop, but what you find depends on the season,” said Malek.

*The Oregonian* recently identified SE Division St. as a focal point for ice cream establishments in Portland, as five are located along this street, including Salt & Straw (3345 SE Division St.). To this information Malek responded, “In my opinion, for the past two decades, SE Division has been one of the most vibrant restaurant rows in the world, with iconic restaurants such as Pok Pok starting here in a little house. If you want to be part of a passionate, creative food community, this is where you start.”

And if it wasn’t hard enough creating a recipe book, consider how difficult it is to create recipes for the many shops. “Since our opening, 14 years ago, ice cream has been my entire life. I was fortunate enough to take an



Salt & Straw co-founder and co-author Tyler Malek. Photo by Kate Hailey.

Ice Cream studies food science course at Penn State University, but everything in this book has been learned through continuous trial and error,” stated Malek. “And after testing and failing at over 10,000 recipes, this book compiles all the lessons and notes into 100 recipes for home cooks to enjoy.”

*Salt & Straw: America’s Most Iconic Ice Creams* was published by Clarkson Potter Pub-

lishers (crownpublishing.com/imprint/clarkson-potter). This book is a sequel to the *Salt & Straw Ice Cream Cookbook* published in 2019. Both books are available online, in SE Portland at Powell’s Books on Hawthorne (powells.com), at Salt & Straw stores (saltandstraw.com) and at other booksellers in the Portland area. For more information and upcoming events for this book, visit [instagram.com/saltandstraw](https://www.instagram.com/saltandstraw).

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## SE Portland Says Hello to Bocce Courts at St. Philip Neri Church

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many members of Portland’s Italian-American community, and bocce is an Italian sport, so the partnership felt particularly meaningful.

Partnering with St. Philip Neri also opened up new fundraising opportunities; the church helped host a dinner and silent auction. Additional fundraising efforts relied on challenging teams to raise as much money as they could, which was difficult with PBLA’s status as an en-

tirely volunteer-run organization. Nonetheless, Cambareri highlights, “Most of this money was not corporate money; it was from our members.” A \$50,000 matching grant from Oregon Sports Action significantly contributed as well.

In 2023, PBLA and St. Philip Neri entered into contract negotiations. Once those finished, they applied for construction permits from the city. After some adjustments to the proposed plans

due to the presence of a heritage tree on site, the permits were approved, and construction began at the end of May this year, finishing up just in time for the July 20 opening ceremony.

This first phase of construction only built two courts, but PBLA hopes to eventually raise enough money to build another two—also at St. Philip Neri. Other goals include adding fencing and lighting to increase the safety of players, with the lighting specifically benefitting older players who may have more difficulty seeing in the dark.

This is a prime example of how the goals for the courts have always tied into the overarching goals of PBLA itself, which aims to make bocce as accessible as possible. The league is planning to use the new courts to partner with Special Olympics and offer more kids classes. Cambareri emphasizes, “Bocce is a game anyone can play.” Through the St. Philip Neri development, PBLA is helping this statement ring true, opening the world of bocce to Portlanders of all ages and abilities.

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Business Walkabout

# Enjoy Food, Revel in Sports Memorabilia at Big Daddy’s Badass Bento

By ELLEN SPITALERI

There’s a lot going on at the corner of SE 22nd Ave. and Powell Blvd. The outside of the building features a colorful mural and a sign for Big Daddy’s Badass Bento, while around the corner is Big Daddy’s CBD. Inside is a kitchen producing Southern-Asian fusion, a playroom available for hire for special events and enough sports memorabilia to fill a museum.

Overseeing all this is owner Steve Anderson, “Big Daddy” himself. Anderson said he knew he wanted to be an entrepreneur in the eighth grade. Since he moved to Portland in 1991, he has opened three restaurants, owned cellphone stores and a golf store, has been catering weddings and festivals for 20 years and has been a restaurant consultant.

Big Daddy’s Badass Bento opened four months ago, serving elevated box lunches using his mother’s and grandmother’s recipes. As the oldest of four children, “I took over the grill when I was in the eighth grade,” Anderson said, and now Big Daddy’s

goal is to offer good food while keeping it affordable. During the school year, Cleveland High School students line up for fast lunches, while now, in the summer, workers from nearby businesses swing by during their lunch hours. “All the neighbors have embraced us; this is a fun neighborhood spot with fun food,” Anderson said. Although Big Daddy’s serves bento meals, they are not traditional bentos; the word bento simply means a boxed lunch to go, usually featuring cooked food over white or brown rice, he said. Most of the bentos cost \$12, although when school starts up in September, Anderson will offer a student special for \$9.

Popular options include island chicken, marinated chicken thighs in a tropical sauce; Carolina pork, pulled pork smothered in a sweet and smoky Carolina-style barbeque sauce; and Italian beef, slow-cooked and braised seasoned beef. Other popular options are loco moco, a Hawaiian classic with a beef patty, steamed

rice, gravy and a fried egg; Cajun red beans with spicy andouille sausage; Louisiana shrimp seasoned with New Orleans-style sauces; and a vegetarian dish with sauteed vegetables.

On the weekends, Big Daddy’s offers brisket, ribs and macaroni and cheese. For those with a sweet tooth, check out the freshly made cookies, cupcakes and ice cream sandwiches.

Customers can also purchase the sauces and spice mixes used to make all the dishes, Anderson noted. Drinks include beer, wine and custom lemonade.

Although the focus of Big Daddy’s Badass Bento is food, the decor pays homage to a variety of sports near and dear to Anderson’s heart. “I’m a sports nut; when I see something new, I buy it,” he said, noting that all the items tell stories.

Some of the memorabilia is dedicated to Anderson’s father, Jimmy Anderson, who coached the OSU basketball team for 37 years. Among countless other items on display are “Rowdy”



Steve “Big Daddy” Anderson gets ready to welcome customers to Big Daddy’s Badass Bento. Photo by John Richard Trtek.

Roddy Piper’s pro-wrestling belt, football helmets and basketball jerseys. And, of course, golf keepsakes are on display, as Anderson was a Northwest Long-Drive champion, hitting the ball “farther than most humans,” he said. His longest drive was 399 yards. In fact, it was through golf that Anderson acquired the nickname “Big Daddy,” when one of the announcers at the championship event referred to him as Steve “Big Daddy” Anderson.

The building that houses Big Daddy’s is a historic Portland site that Anderson renovated. At first, Anderson painted the outside white, but after taggers struck, he decided to have a mural painted. He contacted his friend Samuel

Gossen, a tattoo artist, and told him to “paint something pretty.” Gossen did just that, painting an eye-catching and colorful portrait of a woman with wavy tendrils of hair.

Big Daddy’s Badass Bento has two advertising slogans: “Bento reimaged” and “Not your middle school bento.” In addition, Anderson noted that although the food he serves is in a box, his menu offerings reveal that his thinking is “outside the box.”

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Central Eastside Parking Rate Increase



Photo by PBOT.

In July, the Portland Bureau of Transportation (PBOT) updated on-street and public garage parking rates for the 2025-2026 fiscal year across the city’s five parking districts which include the Central Eastside, Downtown, Northwest, Lloyd and Marquam Hill. Parking data shows there is rising demand for space across the city as vibrant events, shopping and dining continue to grow and expand across Portland. According to PBOT, the cost of on-street parking in Portland remains substantially lower than most major west coast cities with the new hourly rate in the Central Eastside being \$2.

The start of the new fiscal year also marks the start of a phased expansion of pay-to-park hours for on-street parking in each district to 10 pm daily (not including Sundays for districts outside of downtown) in response to the growing needs and activities in neighborhoods. The Central Eastside will be the first district to expand hours starting August 1. Expanded hours will be rolled out to other districts through December with notifications sent out prior to the time change.

PBOT said extending on-street pay-to-park hours will provide more turnover and customer parking for local businesses, par-

ticularly restaurants, bars and entertainment venues that are open late into the evening.

While parking rates are data-driven and set to achieve the goals of parking management, parking revenue is a key component of PBOT’s budget. Funding from pay-to-park on-street parking and parking permits goes toward the bureau’s General Transportation Revenue, which funds the bureau’s basic maintenance and operations of the transportation system.

On-street parking rates for all districts can be found at [portland.gov/transportation/parking/parking-guide](http://portland.gov/transportation/parking/parking-guide).

Protect Your EBT Card

With electronic theft of benefits from Oregon Electronic Benefit Transfer (EBT) cards on the rise, the Oregon Department of Human Services (ODHS) has issued tips on ways people can protect their EBT card. Criminals use methods like skimming devices to steal card numbers and personal identification numbers (PIN). Once they have the information, they can steal food and cash benefits.

Theft of food and cash benefits—Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families (TANF)—is a growing and serious problem nationwide and here in Oregon. In 2024, 1,500 Oregon families reported their food or cash benefits were stolen, likely through organized fraud.

ODHS urges everyone who uses SNAP or TANF to protect their EBT card and benefits. It is recommended to freeze your card between uses and unfreeze it when you’re ready to make a purchase. Also block out-of-state and online purchases to protect your card from unauthorized use. Both of these things can be done

by visiting the [ebtEDGE](http://ebtEDGE) website or using the mobile app.

People should make a habit of checking their account regularly for any unusual charges. If you see a charge you didn’t make, report it immediately. Cancel your card and call the replacement card line at 855.328.6715 weekdays 8:30 am-4:30 pm. Outside of those hours, call the 24-hour customer service line (888.997.4447) to cancel your card. Then follow up by requesting a replacement card during business hours. Replacement cards are sent by mail, usually within five business days.

Additional steps to protect your card include keeping your PIN secret, changing your PIN regularly and inspecting card readers carefully for anything that looks unusual. If you receive a text message or message on social media asking for your EBT card number or PIN, ignore it. ODHS will never ask for your information via text or through social media. It’s also recommended to use your benefits regularly to cover your needs instead of letting them add up. If you leave a lot of money on your EBT card, you may be at a higher risk of theft.

High Temperatures Increase Potential for Water Toxins

With summer in full swing, the Oregon Health Authority (OHA) is monitoring water quality and reminds people heading to the state’s lakes, rivers and reservoirs to be on the look-out for potentially toxic cyanobacteria harmful algae blooms. Cyanobacteria are beneficial bacteria found in most fresh water worldwide and under the right conditions—warm weather, sunlight, water temperature, nutrients and water chemistry—they can multiply into blooms.

Some species of cyanobacteria live in the water or float on the top of the water surface. Other cyanobacteria mats anchor themselves to the bottom of a water body, live in the sediment or grow on rocks or aquatic plants, and can release toxins into clear water.

Some blooms produce cyanotoxins that make people and animals sick. They can make the water look green or other colors and form scum-like masses or mats in water or on shore where they can be wet or dry.

“As the warmer weather draws us to Oregon’s lakes and rivers, people—especially small children—and pets should avoid areas where there are signs of a cyanobacteria bloom, the water is foamy, scummy, thick like paint, pea-green or blue-green, or if thick green or brownish-red mats are visible, or bright green clumps are suspended in the water or along the shore,” said Linda Novitski, Ph.D., a recreational waters specialist in OHA’s Envi-

ronmental Public Health Section.

Although cyanotoxins are not known to be absorbed through the skin, people with sensitive skin can develop a red, raised rash when wading, playing or swimming in or around a bloom.

Children and pets are particularly sensitive to illness because of their size and activity levels.

Dogs can get extremely ill, and even die, within minutes to hours of exposure to cyanotoxins by drinking the water. Illness can also occur when dogs lick their fur or eat the toxins from floating mats or dried crust along the shore. If, after swimming in a lake or stream, a dog exhibits symptoms such as diarrhea, vomiting, breathing problems, difficulty walking or standing or loss of appetite, owners should seek veterinary care as soon as possible.

Open recreational areas where blooms are identified can still be enjoyed for activities such as camping, hiking, biking, picnicking and bird watching. Visitors can also enjoy water activities such as canoeing, boating and fishing, as long as boat speeds do not create excessive water spray and fish are cleaned appropriately.

Only a fraction of water bodies in Oregon are monitored for blooms and toxins, so it’s important for people to become familiar with the signs of a bloom. Those who are unsure should follow OHA’s guidance of “When in doubt, stay out.” For more information, visit OHA’s CyanoHAB website, [healthoregon.org/hab](http://healthoregon.org/hab), or call 971.673.0440.

Noise Control Code Amendment Project

Staff from the city’s Noise Program and the Noise Review Board have launched a project to amend Portland’s Title 18 Noise Code. To achieve improvements with the Noise Code, they are requesting input and guidance from stakeholders, experts and most importantly, the community. All community members in District 3 are invited to join the upcoming virtual meeting for an open discussion about the Noise Program and improvements to the Noise Code. City staff from the Noise Program want to hear from you about your experiences, thoughts and opinions regarding the current Noise Code. Your input is vital to the success of the project.

The District 3 meeting will take place Tuesday, August

26, 6-7:30 pm via Zoom. Advance registration is required and available at [forms.office.com/g/0a741WFtK6](http://forms.office.com/g/0a741WFtK6). Members from outside District 3 are welcome to attend and observe the meeting, however, speaking priority will be given to District 3 residents and business owners. If you are unable to attend the meeting, you may also share your insights by taking a survey or by submitting written comments to [noise@portlandoregon.gov](mailto:noise@portlandoregon.gov) using the subject line “My experience with the Noise Code.”

The City of Portland’s Noise Control Code sets noise limits for certain types of activities at particular times of the day and night. The aim of the noise code is to protect residents from

the harmful effects of noise while providing allowance for events, construction and other noise-generating activities that support the growth of the community and the economy.

The current Noise Control Code has not undergone significant change since 2001. With a growing population, expanding urban areas and evolving industries, the noise landscape has become more complex. Managing noise is crucial for a healthy urban environment.

The Noise Control Code, proposed amendments, project timeline and feedback survey can be found at [portland.gov/ppd/noise/noise-code-project](http://portland.gov/ppd/noise/noise-code-project). Sign up to receive project updates, meeting agendas and more as well.

Repair/Restore Grants Reopened

The Local Small Business Expanded Repair/Restore Grant program provides funding to small businesses located in the City of Portland that have sustained physical and economic damage due to break-ins and vandalism. Grants assist eligible businesses to remain open and operational and contribute to maintaining a healthy street envi-

ronment.

The original program concluded at the end of 2024 when all available funds were exhausted. Councilors Tiffany Koyama Lane, Dan Ryan and Sameer Kanal led the work to allocate \$1 million of funding to relaunch the program during the city’s budget approval process. Prosper Portland staff developed the grant and

will maintain the infrastructure to reopen it.

Eligible entities may receive up to \$25,000 over the life of the program for eligible repairs. Prosper Portland will provide the grant on a reimbursement basis. Applications, available at [prosperportland.us/restore](http://prosperportland.us/restore), will remain open until all available funds have been disbursed.



## Caring For Trees During Hot Weather

As temperatures remain high this summer, it is crucial for our community to come together and ensure the well-being of the city’s beloved trees. Trees are not only a vital part of Portland’s aesthetic charm; they also play a critical role in combating climate change, providing essential shade and habitat. They also lower temperatures in homes and neighborhoods and provide wildlife habitat, beauty and cleaner air.

Trees are an investment and giving them proper maintenance and care will ensure their longevity. Portland Parks & Recreation’s Urban Forestry team offers the community valuable insights on how to care for trees during scorching hot days.

### Know your trees

Different tree species have varying tolerance levels to heat and drought. Understanding the specific needs of the trees in your area can help you tailor an effective care routine.

### Hydration is key

Just like human beings, trees need water to survive the summer heat. During extended periods of high temperatures, it’s important to water trees adequately. Provide a deep, slow watering at the base of the tree to ensure moisture reaches the roots. Water in the early morning or late evening to minimize evaporation.

### Mulching matters

Applying a layer of organic mulch around the base of trees can greatly benefit them during

hot weather. Mulch helps retain soil moisture, suppress weeds and regulates soil temperature. Make sure the mulch is spread evenly but keep it three inches away from the tree trunk.

### Prune wisely

Prune trees to remove poorly connected branches and to train the tree for street and sidewalk clearances. Pruning allows trees to focus their energy on healthy growth. Wait two or three years to prune newly planted trees. However, during heat waves, avoid extensive pruning as it can stress the tree further.

### Provide sun shielding

Young or newly planted trees might need additional protection from the sun’s intense heat. Use a shade cloth or burlap to create a temporary shade structure that reduces sun exposure. Remove the shade structure once the temperature drops.

### Watch for signs of stress

Heat stress in trees can appear in ways such as wilting, yellowing leaves or premature leaf drop. If you notice these signs, act immediately by providing extra water and care.

By taking these simple yet effective steps, we can ensure the health and longevity of the urban forest even in the face of extreme weather conditions. A comprehensive guide on tree care throughout the year can be found at [portland.gov/trees/tree-care-and-resources](http://portland.gov/trees/tree-care-and-resources).

## Portland By Cycle Rides



Photo by PBOT.

The Portland Bureau of Transportation’s (PBOT) Portland by Cycle program has developed a list of suggested rides around Portland, all of which are loops and centered around low-traffic streets, neighborhood greenways, off-street paths and bike lanes. There are rides in every part of the city, with four in SE.

The ride maps include the round-trip mileage, a description of the ride and turn by turn arrows to help you navigate. Browse them online or download a PDF to print and bring along. Rides are grouped by city quadrant (N, NE, SE, SW and Central City).

In SE, there’s a 5.6 mile The Art of Foster Ride that is flat and includes some paved trails, pedestrian/bike bridge and short sections with bike lanes on busier streets. The ride, beginning/ending at the Portland Mercado (7538 SE Foster Rd.), is like a treasure hunt of more than a dozen vibrant murals and street paintings that dot the Foster-Powell area.

A slightly longer ride, 7.5 miles, is the Ladd’s Key to SE Portland Ride. It’s mostly flat with moderate hills, shared roadways, bike lanes and two bike/pedestrian overpasses with elevators. Discover the unique neighborhoods of SE and experience bike infrastructure of new and old Portland while enjoying views from the Bob Stacey Crossing and Lafayette St. overpasses (visit [portland.gov/transportation/pbot-elevators](http://portland.gov/transportation/pbot-elevators) for updates on the status of the elevator). The ride starts/ends at Ladd Circle Park and the Rose Garden (SE 16th Ave. and SE Harrison St.).

The longest ride, if you choose to hit all of the points along the way, is the Summer of Pride 2023 Bike Tour: Southeast Loop. The mostly flat, six to eight mile route, starts/ends at SE 14th Ave. and Division St. The ride map identifies 10 different Queer-owned businesses, including retail shops, restaurants, cafes, bookstores and nightlife lo-

cations along the route (this map was created in 2023 and some of the businesses may no longer be open).

The shortest of the SE rides is the Sellwood-Moreland Nature Ride. Clocking in at 4.8 miles, it’s mostly flat with two short hill sections, paved trails and neighborhood greenways. Ride along the Springwater Corridor Trail through Oaks Bottom Wetlands and Wildlife Refuge and neighborhood greenways of Sellwood-Moreland. For a break, consider a picnic or visit nearby Westmoreland Park along the way. The ride begins/ends at Sellwood Riverfront Park, SE Spokane St. and SE Oaks Park Way.

For details and maps of all of the suggested rides, visit [portland.gov/transportation/walking-biking-transit-safety/suggested-rides](http://portland.gov/transportation/walking-biking-transit-safety/suggested-rides). No bike? No problem. There are several shops in town that offer rentals as well as BIKETOWN, Portland’s Bike Share system ([biketownpdx.com](http://biketownpdx.com)).

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## AUGUST EVENTS

**SANDY COMMUNITY CLEAN UP** – Join SOLVE, Depave and Central Eastside Industrial Council Friday, August 8, 10 am-12 pm to clean up SE Sandy Blvd. and SE 7th Ave. getting the space ready for the epic Depave Block Party the following day. Visit [volunteer.solveoregon.org/opportunity/a0CVL000024MEU72AO/sandy-community-cleanup](http://volunteer.solveoregon.org/opportunity/a0CVL000024MEU72AO/sandy-community-cleanup) for full details and registration.

**MCMGA OPEN GARDEN EVENT** – The Multnomah County Master Gardeners Association holds their annual free event Saturday, August 9, 10 am-2 pm. Tour the one-acre site and learn about growing veggies and fruits, native plants, pollinators and more. Xerces Society, MC Vector Control, Master Gardeners and Master Preservers will be on-site to answer your questions. Enter on SE 57th Ave. south of SE Duke St. Email [demogarden@multnomahmastergardeners.org](mailto:demogarden@multnomahmastergardeners.org) with questions.

**PORTLAND STREET RESPONSE TOWN HALL** – Join Portland Street Response for a community virtual town hall Tuesday, August 12, 6-8 pm. Hear about the current program and vision for the future and provide your experiences to help them gather insights into the growth of this vital city program. Visit [us06web.zoom.us/j/81806665566](https://us06web.zoom.us/j/81806665566) to attend.

**ANNUAL FUCHSIA SHOW** – The Oregon Fuchsia Society’s show and sale will be held Friday, August 22-Sunday, August 24 at Portland Nursery, 5050 SE Stark St. The show is open Friday 12-6:30 pm, Saturday 9 am-6:30 pm and Sunday 9 am-2 pm. Visit [oregonfuchsiasociety.com](http://oregonfuchsiasociety.com) for more.

**HOMELESS RESPONSE PUBLIC MEETING** – Friday, August 22 Multnomah County, Portland and Gresham leaders will hold a public meeting on the Homeless Response Action Plan 2.0. Committee members will provide input on action items for the next iteration of the Plan. Meeting details and the agenda will be posted to [multco.us/info/steering-and-oversight-committee#section-2](http://multco.us/info/steering-and-oversight-committee#section-2) a few days before the meeting.

**BIKE SWAP** – Baerlic Brewing, 2239 SE 11th Ave., hosts the End of Summer Bike Swap Saturday, August 23, 11 am-2 pm. There will be bikes, parts, wheels, frames, accessories, clothing, and of course, beer.



# Portland’s Beloved Doug Fir Reopening Date Still Unclear

By MADELEINE VOTH

The reopening of Portland’s beloved Doug Fir Lounge remains uncertain as permitting hurdles, city consent issues and ADA accessibility concerns continue to stall progress on the venue’s SE relocation.

The Doug Fir has been a cornerstone of Portland’s music scene since it opened in 2004. The venue originally shared its location with the Jupiter Hotel in the Central Eastside; but in February of 2023, management announced that the venue would move 880 yards away to 301 SE Morrison St., the former home of the well-known southern restaurant Le Bistro Montage. Since

this announcement, the reopening date has been repeatedly pushed back, leaving fans of the venue wondering when they can return.

Patrons and musicians alike still remember the Doug Fir’s heyday. Notable bands such as MGMT, Vampire Weekend and The Shins have played at the venue, and in 2014, *Rolling Stone* placed it at #13 on its list of the 20 Best Clubs in America.

Catherine and Brad Newman, natives to the Portland area and longtime patrons of the arts look back upon the magic of the Doug Fir. “The Doug Fir was a basement full of wavy-cushioned magic, with no cell service and a

stage at mid-thigh height perfect for resting your drink if you happened to get there early enough to stand at the feet of the performers. The secret hack was to sit in the back of the room behind the bar return where you could still see the band you may or not be interested in until you could no longer resist the temptation to join the fray,” Brad said. Catherine added, “The Doug Fir basement stage was known for superior sound quality and was loved by both the artists and the attendees. We saw so many of our favorite artists who were either emerging on the scene or had a smaller, more intimate fan base. There was not a bad place to be in that magical space to see or hear your favorite artists... We truly miss this venue in Portland for its unique and intimate quality and magical vibe and look forward to its potential re-opening in the near future.”

Despite such high esteem, public updates about its reopening have been sparse. “The Doug Fir reopening schedule is still evolving and dependent upon permitting and construction timelines,” wrote marketing director Annie Ostrowski. “We have high hopes of opening in 2025, pending no further delays.”

The reason for such obscurity surrounding the details of reopening is a result of a two-year-long bureaucratic saga. In August 2023, Portland Permitting & Development (PPD) issued the first of six correction sheets on the permit application for the new building. Reportedly, the



The original Doug Fir Lounge. Photo by Beyond Neon on Flickr.

Doug Fir did not respond until late January 2024, and following this, more rounds of corrections came in early 2025. Each correction required additional documentation and reworking of the plans, particularly with regard to code compliance for mechanical and life safety systems, which includes but is not limited to fire safety, emergency power and security systems.

Finally, this spring, city records showed that the building permit was marked “approved to issue.” The Doug Fir reportedly submitted the last round of fees Friday, May 30, but as of June, those fees totaled almost \$130,000, and without the final payment, the permit cannot be granted. A separate land use review also flagged concerns with adjacent public infrastructure, which delayed approval of the Public Works Permit necessary for sidewalk improvements.

Meanwhile, the required ADA (Americans with Disabilities Act) sidewalk requirements increased the cost up to about \$140,000. *Willamette Week* coined it the “Big Sidewalk Bill” back in December 2024. This extra cost includes a \$110,000

right-of-way corner improvement, new corner ramps, new catch basins, new pipe for city sewers, new concrete walks and curbs, new connections to existing city structures, etc., \$5,000 for a survey, \$4,600 meeting with the city, \$15,000 for drawings and securing a \$110,000 performance bond. All of these factors contribute to holding up the building permit; even now, it continues to be a wrench in the original plans of reopening.

Terry Currier, owner of Music Millennium, confirmed this, saying that the Doug Fir was originally expected to reopen in March 2024, but “consent issues from the city kept coming up.” According to Currier, they had to build ADA sidewalks in front of the new location, which came up around a year ago, and as a result, the opening continues to be pushed.

So far, the Doug Fir ownership team, led by Monqui Presents co-founder Mike Quinn, has remained quiet on specifics, but with the permit nearly ready and the final checks paid, SE Portland may be on the verge of finally welcoming one of its most loved venues back.

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## As Deportations Terrify Oregon’s Immigrants, Advocates Mobilize to Help

from page 1

Beaverton. Masked ICE Agents broke his car window, pinned him against his car and arrested him in view of students and faculty in what bystanders described as a traumatizing incident.

Khanbabazadeh, a chiropractor who originally entered the US on a student visa, had married a US citizen, applied for a green card and completed his immigration interview. Dashcam video of the incident shows Khanbabazadeh speaking with ICE officers while his daughter sits in the back of his car, and officers breaking the window after his daughter exited the vehicle. Khanbabazadeh is currently being held in Tacoma.

As undocumented workers, asylum seekers, foreign students and even lawful resident immigrants are being swept up across the country, human rights and advocacy groups are mobilizing support.

On Wednesday, July 16, the nonprofit Portland For All hosted a webinar featuring representatives from several advocacy groups offering guidance on how Oregonians can help immigrant

communities.

The webinar featured Isa Peña of Innovation Law Lab, Muñoz of the Latino Network and Romeo Sosa of the Portland Immigrant Rights Coalition (PIRC). The discussion covered a broad range of topics, including the historical roots of the current immigration crackdown, Oregon’s Sanctuary Laws and strategies for pressuring local elected officials to support immigrant communities. As the conversation progressed, the panelists highlighted numerous ways volunteers can assist immigrants.

“Becoming a legal observer or accompanying someone to their ICE check-in has been some of the most critical ways that people have shown up and helped prevent the deportation of our immigrant Oregonians,” says Peña.

Volunteers have been helping individuals taken into ICE custody by safeguarding personal belongings such as cell phones and car keys, notifying family members, contacting legal representatives and tracking where the individual is being detained.

“Accompaniers” also observe and document what occurs before, during and after an arrest—providing a record of events and any potential human rights violations. Just as importantly, they offer emotional support during what is often a frightening and traumatic experience. The non-profit Interfaith Movement for Immigration Reform offers training in how to be an “accompanier.”

The PIRC operates a hotline at 888.622.1510, where people can report ICE activity. In response, PIRC issues text alerts to warn others in the area, allowing trained volunteers an opportunity to act as legal observers and document the events on the ground.

PIRC also conducts training sessions and has developed “Know Your Rights” cards that immigrants can carry with them. The cards outline fundamental legal rights, such as the right to consult an attorney, and offer practical tips, including the importance of attending court hearings accompanied by someone

continued on page 13



# Portland’s 16 x Burnside Recovery Center Aims to Fill a Critical Gap

By Charlotte Hanscom

In an effort to close one of the most persistent gaps in Portland’s recovery system, a new residential treatment center opened its doors this spring. The 16 x Burnside Recovery Center (16 x Burn) began accepting residents in May and offers 74 beds for adults navigating substance use and mental health challenges. It is a drug-and alcohol-free environment with 24-hour staff presence, site monitoring and behavioral health and medical services. The average stay is three to four months.

16 x Burn, 1616 E Burnside St., is operated by Central City Concern (CCC), a nonprofit organization dedicated to providing affordable housing, recovery services, income attainment and community relationships. According to their website, they purchased the building located on SE 16th Ave. and E Burnside St. in December 2023 “with the help of funding from the State, City, County and Trillium Community Health Plan.”

The center is designed to support individuals from CCC’s Hooper Detoxification Stabilization Center who need extended residential treatment, and those preparing for outpatient care. Aja Stoner, the senior director of behavioral health for CCC, explains that 16 x Burn “Serves people with co-occurring disorders—people who both have a SUD (substance use disorders), a mental health disorder and often have a comorbid physical health disorder as well.”

Historic underfunding has often left centers unable to provide the full spectrum of care

needed for recovery. “The center serves a really acute need,” Stoner says. “It closed the key care gap in our own continuum, as well one not just in Portland, but in the state.”

Stoner notes that the results at Hooper underscored the need for a center like 16 x Burn. “We were discharging a lot of people back to the street or into homelessness because they needed this particular level of care,” said Stoner, adding, “The Burnside center was really built in the vision of the people who we were not able to place in the next level of care that they needed.”

In an individual’s first 72 hours at the center, they attend an intake appointment and receive an orientation to the facility and its services. They may meet with a medical provider, a psychiatric provider or a SUD counselor. Stoner explains that they also “start to work on what some of their personal goals are for while they’re engaged in the treatment center, and what they’d like to accomplish.”

Providers ensure that the individuals have the basic necessities, medications and support they need for a successful stay. There is also a commercial kitchen, and, Stoner notes, people “tend to rave about the food.” She explains, “The first 72 hours are definitely about comfort, assessing people’s needs, ensuring that we’re able to meet all their needs and then ensuring that they’re really comforted and welcomed in the space.”

Before the center opened, CCC worked with the surrounding neighborhood associations to address community questions and

concerns. 16 x Burn, the Buckman Community Association and the Kerns Neighborhood Association signed a Good Neighbor Agreement which focuses on ongoing communication, safety and collaboration.

Rich Harrison, a business owner and resident in the Buckman neighborhood, says of the agreement’s intent, “We want to be neighbors. We don’t want to fight. So we’re trying to start off as neighbors.” Rebecca Boenke, the communications chair on the Kerns Neighborhood Association Board, adds, “It’s all about working relationships, it’s all about meeting on an ongoing basis.”

This partnership has helped minimize assumptions and concerns, allowing 16 x Burn to make a positive entrance into the neighborhood. “Everybody is very respectful of each other, they listen to what our concerns are,” says Boenke. “They’ve been very accommodating. It’s been great—respectful. Everybody is in the loop.”

16 x Burn reflects the positive change that can result from collaboration and investment. Recovery is a challenging process that benefits from community support and wraparound services that offer stability and connection.

“We’re really helping stabilize them, help them relearn skills that maybe were lost for a period of time,” says Stoner. “We’re helping build them back up and build their goals again, reconnect them with family and employment and jobs. All the things that help them be healthy in the full dimension of wellness.”

## Honoring Hospital Patients at Lone Fir

By Hannah Erickson

The tall, prominent grave marker of Dr. James Hawthorne, who co-founded Oregon’s first mental hospital, is a well-known landmark in Lone Fir Cemetery. Now, thanks to recent research, the graves of some of Hawthorne’s patients have new markers of their own.

In 2021, Metro hired historians to research the history of the far southwest corner of the cemetery, called “Block 14” on cemetery maps, as part of its due diligence before building a memorial at the site. At the time, it was widely believed that Block 14 had been the location of burials for both people of Chinese ancestry and patients of the Oregon Hospital for the Insane.

However, the researchers discovered that it was highly unlikely that patients had been buried at Block 14. Rather, records showed that many patients had been buried at Block 10, about 150 feet north of Block 14. This block was called “the asylum grounds” in old cemetery records.

The Oregon Hospital for the Insane, also called the Hawthorne Asylum, operated in Portland from 1861 to 1883. During that time, hundreds of people were institutionalized there with diagnoses that included not just mental illnesses but also other conditions that were lumped together by 19th-century medicine, including developmental disabilities, epilepsy, age-related dementia and addiction. The hospital had a contract with Lone Fir Cemetery to bury patients whose bodies were unclaimed. It is believed that Hawthorne paid for many of the burials himself.

The research commissioned by Metro determined that the remains of 185 patients are buried at Lone Fir. Due to spotty record-keeping in the 19th century, only 61 grave sites could be located; of those, 54 were in Block 10. However, most of those graves lacked markers.

“It’s possible they had wooden markers originally, which would have been destroyed


by decay or fire over the years,” said Metro cemeteries program coordinator Emma Williams, who has overseen other projects at the cemetery to install headstones at unmarked graves of firefighters and veterans. “Looking at the records we’ve found, I wouldn’t be surprised if they never had markers at all. That’s why I was so excited about this headstone project. It’s like saying, ‘There, now you aren’t forgotten!’”

Williams used the new research to install stone markers for known unmarked patient graves. In all, 48 grave markers were installed.

The markers are flat and simple, bearing just the deceased’s name (when known) and year of burial. Metro is now working to create a new welcome sign for the cemetery that includes Block 10’s hidden history.

*This article originally appeared on the Metro website, or [egonmetro.gov](http://egonmetro.gov).*

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### Tertulia Art + Conversation

Milagro presents the latest installation of its series of Tertulia Art + Conversation Saturday, August 9, 7 pm at El Zócalo at Milagro, 537 SE Stark St. Join Lynn Mendoza-Khan, internationally acclaimed vocalist, choir director, composer, arranger and dedicated music educator with over two decades of experience spanning classical, folk and contemporary genres, for Voces del Pueblo. The powerful evening of music and cultural celebration weaves together choral works rooted in Latin American traditions with storytelling, movement and multilingual song. From folkloric melodies to contemporary voices, the program honors the diverse experiences of the Latinx community.

Mendoza-Khan will share her background and how she started The Latinx Choral Project. Guest choir members will perform, with audience members invited to join in song. Audience members may reflect upon how the music impacted them before writing/drawing their thoughts on cutouts. Afterward, guests can paste their cutouts on a poster board entitled “Voces del Pueblo.” All workshop materials will be provided.

There is no cost to attend the event but RSVP is required. Visit [milagro.org](http://milagro.org) to reserve your space to experience the richness, resilience and rhythm of Latinx heritage through the transformational power of choral music.

### Hanabi Film Fest

The Clinton Street Theater’s third annual Hanabi Film Festival runs select days Monday, August 18-Sunday, August 31. This year’s festival features several newly restored classics coming to Portland for the first time, along with brand new features being given a limited release. Named after the Japanese word for fireworks, hanabi festivals are common throughout Japan as a way to invite tourists and locals to celebrate the summer season.

Over a dozen films, ranging from 1960s arthouse titles to brand new selections and everything in between, including coming-of-age stories from the 1980s and more recent animated features will be shown. See all with a festival pass (\$50, limited quantity); individual screening tickets \$10. For more information, visit [cstpdx.com/hanabi](http://cstpdx.com/hanabi).

### Montavilla Jazz Festival



Montavilla Jazz’s three-day village-style festival is back with its boldest and most musically diverse lineup ever for the Labor Day Weekend. The 12th Annual Montavilla Jazz Festival (MJF), presented by Accelerator Design Studios, celebrates the vibrant voices of Portland’s music scene with an outpouring of original, boundary-pushing jazz by local artists. Between Friday, August 29 and Sunday, August 31, MJF will present 26 featured concerts at five venues in and around East Portland’s historic Montavilla neighborhood.

“We’ve always been about what’s next in jazz,” says Montavilla Jazz Executive Director Neil Mattson. “This year’s artist-led selection process brought forward a wave of extraordinary talent—artists who are ready for the spotlight and deserve to be heard. These aren’t just rising stars; they’re setting the pace for where the music is going. I can’t wait to share the range of excitement and artistry AJ Allida, MAE. SUN and the many others making their festival debut are bringing to this year’s stages.”

New this year, MJF moves to a three-tiered pass system for concerts in Montavilla. The free/donation-based Tabor Village Weekend grants access to two nights and four concerts at Mt. Tabor Park’s Caldera Amphitheater, the festival’s largest stage by far, as well as six concerts on the SoundsTruck NW Stage at Montavilla Plaza. Jazz Adventure Weekend pass-holders will be able to use the MJF Shuttle running from the park through Montavilla to the Plaza and Portland Metro Arts, where the festival’s most adventurous programming is hosted. DJs, late-night sets and neighborhood spots will keep the groove going all weekend. Those seeking elevated access can opt for the VIP Experience Weekend pass, which grants seating and parking perks. Additional concerts, ticketed individually, will take place at Alberta Rose Theatre and The 1905.

Passes (\$0 + donations appreciated to \$249) and a full lineup of performances available at [montavillajazz.org](http://montavillajazz.org). All featured performances require a pass.

### Hirsch is PFCAT’s Guest Artist



Photo by Emma Hirsch.

The Portland Festival of Cinema, Animation & Technology (PFCAT) is proud to announce that renowned artist Gary Hirsch of Botjoy fame will be joining the festival as this year’s guest artist. PFCAT, taking place Wednesday, August 6-Sunday, August 10 at OMSI, will incorporate Hirsch’s unique vision throughout the festival with interactive experiences, custom festival awards and the introduction of a robot-themed atmosphere for attendees of all ages.

The festival will screen more than 150 films and animations from over 30 countries and will feature panel discussions covering a wide range of topics including film distribution, screenwriting, voiceover acting and crowdfunding. In addition to screenings and panels, this year’s event will spotlight Hirsch’s Botjoy movement, known for its art that encourages positivity, connection and creativity.

Hirsch will hand paint all 30 of the festival’s awards, which will be given to the 2025 award-winning filmmakers. Each award will feature a unique, hand-painted Bot, which reflects the joyful and interactive spirit of Botjoy. PFCAT will also be infused with his art, showcasing giant bots and Botjoy through the festival t-shirts, posters and signage.

As part of the celebration, festival-goers will have the opportunity to get hands-on with Bot-making tables where they can create their very own Bots. These tables will provide a unique chance to engage with the art form and leave their mark on the festival, contributing to the spirit of creativity and collaboration that the PFCAT celebrates each year.

Festival passes—festival and party (adult and senior) and screenings only (adult, senior and youth)—and more information at [pdxfestofcinema.com](http://pdxfestofcinema.com). OMSI members receive discounted pricing.

Arts events, livestreams and fun news? Email your press releases and images to: [goingout@seportland.news](mailto:goingout@seportland.news)

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SEPTEMBER PREVIEW

5 Come Together a burlesque tribute to The Beatles

10 OTTMAR LIEBERT AND LUNA NEGRA

11 Nellie McKay's Strange Days GET AWAY FROM ME Tour celebrating the release of GEE WHIZ: THE GET AWAY FROM ME DEMOS

12 LEATHER & LACE A TRIBUTE TO ALL THINGS FLEETWOOD & STEVIE

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# PJCE Record Release

A man with a beard and a baseball cap is sitting on a green kayak, playing a dark-colored electric guitar. He is wearing a blue t-shirt and jeans. The kayak is on a calm body of water, and there are trees in the background under a clear sky.

## Hawthorne Street Fair

## Adult Intro to Roller Derby

A group of roller skaters in protective gear competing in a race on a blue track. The skaters are wearing helmets, knee pads, and elbow pads. One skater in the foreground is wearing a white helmet with a star and a white tank top. Another skater is wearing a purple jersey with the number 60. They are all in a crouched position, ready to start or in the middle of a race.

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Wellness Word

Editor's note: Wellness Word is an informational column which is not meant to replace a healthcare professional's diagnosis, treatment or medication.

Cortisol: The Overlooked Hormone

Affecting Your Energy, Mood and More

Cortisol is a vital stress hormone that plays a central role in many body systems—yet it’s often overlooked in conventional medical checkups. Cortisol impacts our mood and concentration, energy and metabolism, digestion, sleep, immunity and even reproductive health.

Cortisol is so influential for us. Almost every cell in the body has receptors for cortisol. In optimal amounts, it acts as an anti-inflammatory, antioxidant and pain modulator. However, when levels are too high or too low, this balance is disrupted. That disruption can contribute to inflammation, oxidative stress, chronic pain and a wide range of health issues that often go unrecognized.

While extreme conditions like Cushing’s syndrome (excess cortisol) or Addison’s disease (severe deficiency, famously diagnosed in JFK) are relatively rare and well understood in medicine, more subtle imbalances are far more common. These may not raise red flags in standard lab work but can still have a profound impact on quality of life. People dealing with these imbalances may experience increased appetite and weight gain, menstrual irregularities, infertility, bone loss, chronic pain, fatigue and frequent infections. Mental and emotional symptoms such as anxiety, irritability, insomnia, skin issues, brain fog and difficulty concentrating are also common. If you’ve noticed a combination of these symptoms, it’s worth considering cortisol as a contributing factor.

These imbalances often originate in the body’s stress-response system. Cortisol is produced by the adrenal glands and regulated by the hypothalamic-pituitary-adrenal (HPA) axis—a system highly sensitive to stress, sleep, nutrition and lifestyle. When daily rhythms are disrupted by irregular sleep, chronic mental stress, overexercising or poor nutrition, this can impair commu-

nication between the brain and adrenals.

This disruption can alter cortisol’s natural daily rhythm, which typically rises in the morning when you wake up and gradually tapers off at night to support restful sleep. Unfortunately, this rhythm can be thrown off by many of the stressors common in modern life: sleep deprivation, skipping meals or eating high-sugar foods, emotional strain from toxic relationships or job dissatisfaction and even excessive or insufficient physical activity may all contribute. Ongoing fear or past trauma—whether recognized or not—can also dysregulate the cortisol cycle.

Small, everyday choices such as irregular wake times, too much screen time, skipping meals or daily exposure to distressing news stories may all seem minor but can accumulate and contribute to cortisol dysfunction. Some practitioners—especially in integrative or naturopathic medicine—refer to chronic cortisol imbalance as “adrenal fatigue.” While this isn’t an official diagnosis in conventional medicine, it describes what many people feel: ongoing tiredness, poor stress tolerance and disrupted sleep. A more accurate term is HPA axis dysregulation.

The imbalance of cortisol may begin early or later in life. Children raised in chronically stressful environments or with inadequate nutrition may develop long-term cortisol rhythm issues that persist into adulthood. Similarly, adults who spend years in high-pressure jobs or caregiving roles without time to rest and recover may find themselves “wired and tired”—burned out but unable to relax.

Fortunately, daily habits can support healthier cortisol regulation. Waking up at the same time each day helps reset the body’s internal clock. Eating protein-rich meals regularly, rather than skip-

ping meals or indulging in high-sugar snacks, supports steady blood sugar and reduces cortisol spikes. Moderate, consistent exercise is key—too little movement slows metabolism, but too much intense exercise without recovery can push cortisol too high. Setting aside 10-15 minutes a day for relaxation, such as deep breathing, nature walks or simply unplugging, can help restore calm. Managing emotional stress is equally important; therapy, journaling, connecting with others and creative activities all help release built-up tension. Reducing chronic exposure to distressing news, unfulfilling work or toxic relationships can also create more space for healing.

Of course, some contributing factors—such as hidden infections, environmental toxins or genetics—are harder to influence on your own. That’s why some people remain stuck in a gray zone of cortisol imbalance: not sick enough to be diagnosed with a disease, but not truly well either. If you suspect that deeper imbalances are affecting your energy, sleep or mood, it may be time to work with a healthcare provider who understands the full scope of cortisol dysfunction.

Here in Portland, many of us are familiar with stress—whether from environmental concerns, housing instability or ongoing social and political tension. While we can’t control everything, there’s a lot we can do. With increased awareness, thoughtful daily habits and the right support, it’s entirely possible to bring cortisol—and your overall well-being—back into balance.

Aleksandra Giedwoyn, MD  
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NN

# Neighborhood Notes

Buckman Neighborhood Association

By Susan Lindsay

The 13th Annual Buckman Picnic in the Park \*free and fun\* neighborhood gathering is Sunday, August 3, 3-7 pm at Colonel Summers Park. All are welcome! The event features live music, bouncy house, free ice cream truck, fire engine visit, splash pad fun, face painting, origami, balloon fun, kids games and free snacks. Bring a blanket, the kids, your friends and enjoy the fun! This year, back by popular demand, two hours with adorable baby goats.

The picnic is brought to you by the all volunteer Buckman Community Association and supported financially and with in-kind donations by Key Bank, Central City Concern, Coca-Cola, Organics and you. We appreciate the many individual donors as well as much logistical help from Hinson Church. Picnic Volunteers are really needed! Short, easy shifts and tasks. Contact Rie Nakata, kanemasuoregon@gmail.com. Donations are also really needed to help pay for the party and required fees. Tax deductible donations can be made online via the “Give Lively” link on our website’s picnic page, buckmanpdx.org/picnic, or mail a check to Southeast Uplift, 3534 SE Main St., 97214. Make the check out to “Southeast Uplift Neighborhood Program” and put Buckman Picnic 2025 across the top. You will get a receipt mailed to you.

In lieu of the picnic, there will be no monthly meeting in August...but we’ll resume in September every second Thursday of the month, 7-9 pm at 1137 SE 20th Ave. and via hybrid link.

We hope you enjoyed our third annual Movie in the Park. Help us to keep these free and fun events alive and well. Join the BCA and donate your time and funds. Thank you!

HAND

By Jill Riebesehl

With summer in full swing, our Hosford-Abernethy neighborhood will partner with Richmond on a booth at the Division Clinton Street Fair and Parade Saturday, September 6. We will also contribute to the cost of Richmond’s Movies in the Park. *The Goonies* will show ‘round about sundown Saturday, August 16 at Sewallcrest Park, SE 31st Ave and Market St.

On a very hot summer evening, the Board welcomed District 3 City Councilor Steve Novick. On the subject of fun in the summer, an activity that has been missing for years—the ability for swimmers in our neighborhood to access the river from a dock that was removed—was brought to his attention. Novick asked for more information and said he would look into the situation.

More on the subject of summer activities, he brought up city and state hopes for a future big-league ball team (although across the river from us). Talks for a major league baseball (and stadium) at the old Zidell shipyards are proceeding. We’re in competition with Salt Lake City. A decision could come as soon as 2029.

Novick said he has some hope that the new Portland city government organization will succeed. He then described and discussed with us concerns the City Council is juggling, such as housing—where we mentioned that integration with the TASS had gone surprisingly well—budgeting, ICE, the city’s relationship with the state and federal governments and transportation.

We brought up long-standing and very serious traffic congestion—and dangers—between trains, cyclists and car/truck traffic at the SE 8th, 10th and 11th avenue intersections. A cyclist was killed there in June. After the councilor left, Chris shared a detailed draft letter to send to the city regarding the neighborhood’s longtime concerns with the railroad. The Board approved.

The next HAND meeting will be on the second Tuesday in September, 7 pm on the St. Philip Neri campus. The meetings are welcome to all neighbors, businesses and property owners.

Kerns Neighborhood Association

By Rebecca Boenke

Kerns Neighborhood Association Board member, Andrea Havercamp, has been appointed to serve on the 2045 Transportation System Plan Community Advisory Committee for the Portland Bureau of Transportation (PBOT) representing District 3. The PBOT project team received over 160 applications for 30 seats (plus a Planning Commission liaison) on the TSP Community Advisory Committee (CAC). Each application was reviewed and scored by a diverse internal five-person panel and members were selected for an overall geographic, demographic and perspective diversity.

The 2045 TSP CAC will be advisory to the Director of the PBOT in several areas: support project team staff with advice on key tasks throughout each phase of the 2045 TSP work plan; focus on policies and outcomes of the technical analyses; and provide insight into community priorities. Congratulations Andrea!

The Kerns Annual Neighborhood Picnic will be held in Oregon Park, NE Oregon St. and NE 30th Ave., Tuesday, August 5, 6 pm-sunset. There will be live music, food, drink, a raffle and fun activities for the kids. Come join us under the beautiful trees!

Mt. Tabor Neighborhood Association

By David Petrozzi

Our July meeting was full of important discussions and exciting progress. Here are the highlights. First, we received a comprehensive presentation on the Critical Energy Infrastructure hub. This in-depth overview raised awareness around potential environmental risks and outlined next steps for protecting our rivers. We applaud their diligence in bringing these issues to light and tireless efforts to ensure the continued safety of our waterways. Next, we heard from community members about the upcoming commercial redevelopment at SE 56th Ave. and Division St. MTNA believes that our business partners can play a vital role in the community and we’re excited to work with them to uphold high standards for livability, improved walkability, minimizing impacts on local residents and adhering to city codes. Great businesses make great neighbors and we hope their growth needs can be addressed in ways that add to neighborhood charm.

On another positive note, our “Tabor for All” initiative continues to make heartening progress. A huge thank you to the civil engineer in our neighborhood who is helping design a more gradual concrete gutter which will significantly improve access to the park for people with mobility devices. Along with our Pedestrian Safety Project, this shows how small changes can produce big effects. As William Wordsworth once wrote, “The best portion of a good life is the little, nameless, unremembered acts of kindness and love.” Let’s continue to be there for each other and unlock the goodness in our hearts.

Finally, some big news for the future: We’re exploring revisions to our bylaws that would move our monthly meetings to the second Wednesday of each month. This change resolves a scheduling conflict with City Council meetings, and would allow us to host city councilors in the future. Stay tuned for more details.

Join us at our next meeting, Wednesday, August 20, online via Zoom and in person at Taborspace. Sign up and get more information at our website, mttaborpdx.org.

LE

# Letter to the Editor

Editor’s note: Letters to the Editor are to be less than 300 words. The Southeast Examiner reserves the right to edit for length or content.

To the Editor:

Since its founding in 2017, the Franklin High School Photography Program has empowered students to explore photography as an expressive art form. With a full set of cameras and MacBook Pro laptops, we’ve built a thriving program where students learn to tell visual stories, build technical skills and gain confidence in their creative voice.

Each year, more students want to take photography than we have space to accommodate—and demand continues to grow. But now, we face a critical challenge. This year alone, we’ve lost nine computers to battery failure, and another six to eight must be retired at the end of this school year. Without these tools, our ability to teach students industry-standard software like Adobe Lightroom and Photoshop comes to a halt—expensive software that cannot run on Chromebooks.

We urgently need your help. In order to keep this program alive and accessible to all students, we must raise funds to replace our aging computers. Your donation will directly support student learning, artistic growth and future-ready skills in visual communication and digital media.

We are looking to purchase 20 new devices. Our fundraising goal is \$28,000. If you’re able to contribute or connect us with potential donors, we would love to hear from you. Donations (tax deductible) can be made at pps.schoolpay.com/pay/for/Computer-Fundraiser-for-Photography/SeetLdH.

Together, we can ensure that Franklin students continue to have access to high-quality arts education and real-world tools that help them thrive.

*With gratitude, Carrie Berning*

As Deportations Terrify Oregon’s Immigrants, Advocates Mobilize to Help

from page 8

with permanent legal immigration status.

“If you have legal status,” says Sosa, “use that privilege to support immigrants. The vulnerable people, they need you in this critical moment, you can do a lot.”

Muñoz’s organization, the Latino Network, also provides “Know Your Rights” materials and training sessions, connects immigrants with legal assistance and has produced a “Protect Your Family” packet. Created in coordination with the Oregon Law Center, the packet offers vital information and guidance for immigrant families in the event of an unexpected situation such as a deportation.

“We might not stop immigration from detaining people,” says Muñoz, “but we can help families prepare for the unexpected situations where they can identify someone to take care of their children if they need to.”

“If someone does get picked up that you know,” says Peña, “checking in on their family and making sure that they have the things that they need, providing food and meal trains, offering to take kids to school, little things that you may not think are of great use, sometimes are the best ways our community can show up.”

Watch the full discussion at portlandforall.org/events.



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NN

# Neighborhood Notes

from page 13

Richmond Neighborhood Association

By Allen Field

The Richmond Neighborhood Association met July 14 at Central Christian Church, 1844 SE Cesar Chavez Blvd. Meetings are the second Monday of the month 7-9 pm, except January. Everyone is welcome to attend and participate. People can participate via Zoom; the link to register is on the agenda, posted to richmondpx.org and the RNA’s listserv. Meetings are recorded and posted to the website. Email richmond-nasecretary@gmail.com to get on the listserv.

An Bui, from the Office of Chair Jessica Vega Pederson gave an overview of Multnomah County’s responsibilities and services, with a focus on human services, health care and infrastructure. There was discussion on homelessness services and problems with Animal Control operations.

The Board appointed Officers, Liaisons/Representatives and Committee Chairs. Debby Hochhalter, Fran Davison and Allen Field will continue as Chair, Treasurer and Secretary. David Binnig and Conan Witzel will serve as Co-Land Use, Transportation & Sustainability Chairs.

The Board reviewed the city’s Open Meetings rules and the RNA’s Code of Ethics and Donations & Letters of Support Guidelines.

The July 19 Styrofoam, Metro and Love Our City Foodbank bottle drop fundraiser was a great success. 95 cars and many walk-ins took advantage of the free styrofoam collection, normally costing \$10 per 45-gallon bag but the RNA paid the fees under a grant from Metro’s Regional Refresh Fund. We provided a senior pickup service again. This was our last styrofoam collection since Green Century no longer will do remote collection events; you now have to drive to their location on Hwy 30 or use Ridwell pickup service. Metro collected CFLs batteries and sharps. Richmond NET (Neighborhood Emergency Team) had an information table as well.

The *Goonies* will be shown in Sewallcrest Park, SE 31st Ave. and Stephens St., Saturday August 16. Program starts at 7:30 pm with movie at 8:30 pm.

Come to our next meeting, August 11, to learn about the RNA and issues in the neighborhood.

BA

# Business Association Notes

82nd Avenue Business Association

By Jacob Loeb

Damage to small businesses from theft often extends far beyond the items stolen. The cost of temporary window or door board-up services and subsequent repairs can significantly impact low-margin operations. The City of Portland works through several programs to support affected operators, enabling them to recover from unexpected costs.

Recently, the Local Small Business Expanded Repair/Restore Grant Program has reopened to assist small businesses in the City of Portland with the costs associated with physical and economic damage resulting from break-ins and vandalism. The City designed these grants to help eligible companies stay operational while contributing to a healthy street environment. Prosper Portland will provide eligible applicants with up to \$25,000 from the program for specific repairs paid on a reimbursement basis.

Business owners can visit prosperportland.us/portfolio-items/local-small-business-repair-restore-grants to determine their eligibility and apply, or they can email ExpandedRepair@prosperportland.us with questions about the program.

The 82nd Avenue Business Association is committed to supporting our members by providing access to programs like this and advocating for their interests to local leaders, championing the continued funding of these programs. Please consider joining our organization 82ndaveba.com/join.

Foster Area Business Association

By Jeff Lynott

August is an exciting month on SE Foster Rd.! Saturday, August 9, 11 am-5 pm the Foster Summer Soiree will return with sidewalk vendors in front of participating businesses, food and drink specials and fun activations in Laurelwood Park. Follow along on Instagram (@fostersummersoiree).

There will be a community-led street cleanup on SE Foster Rd. August 9, too! This is a monthly cleanup, which will happen through December every second Saturday of the month (10 am-12 pm, starting at Laurelwood Park).

If you’re interested in Foster Rd.’s unique history as a theater district and streetcar corridor, join us and Slabtown Tours for monthly historic tours of SE Foster. Learn about all these events at fosterarea.com/events or email fosterarea@gmail.com to learn more and/or get involved with FABA.



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# Inside The Wash House’s Mission to Reclaim Textiles and Lives

from page 1

as well as additional staff of The Wash House, understand that. Clean clothes contribute to a better well-being and strong sense of self.

“The dignity of clean clothing can be a step on the way back to a sense of normalcy,” says Boehm, “...if you are forced to abandon that shirt you love or your favorite pair of jeans because they grew moldy in your tent in the rain or saturated with sweat in the summer heat, it can be a loss of self as much as a loss of a needed item.”

Terrence Freeman, a G.L.I.T.T.E.R. employee who shifted to The Wash House when it opened, spoke on how many people have sought help from The Wash House in the effort to better

their own lives. Freeman has experienced homelessness himself, and has seen how clean laundry for job interviews, seeing family and general living contributes to a feeling of an improved situation.

“A lot of people that I’ve worked with here, I’ve either been homeless with them or I’ve met them while I was homeless,” Freeman said, “So it’s really a good network of family in a sense.” Freeman is proudly two years sober, and continues to connect with members of the community who share a similar background.

The Wash House has been able to provide a space to not only restore clothes and materials, but also restore a sense of dignity. Boehm spoke on how prevalent

the connection between clothes and self becomes when washing possessions for individuals whose situations span from houseless to lower income. “Personal dignity, even just hygiene, can be that first baby step toward turning your life around.”

The Wash House, 2609 SE 6th Ave., is open Tuesdays and Thursdays, 9 am-4 pm.



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## Neighborhood Happenings:

### Hawthorne Street Fair

Sunday, August 24, 11 am-5 pm  
hawthorneblvd.com  
SE Hawthorne Blvd.

Come visit The Caplener Group on August 24th at the 42nd Hawthorne Street Fair! We will have a booth set up showcasing old photos of Portland starting all the way from the early 1900s. Bring your kids through for a spin at our prize wheel, grab an ice-cold sparkling water, or just come by to say hello!

## DID YOU KNOW?

As of this writing there are only **5 active homes for sale** in all of **Mt. Tabor**. Inventory is at an all-time low, and we're seeing multiple offers on nearly everything!

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## HOW'S THE PORTLAND MARKET DOING?

WE  



Inventory

3.6 Months



Ave Sales Price

\$611,700



Median Sales Price

+\$9,400



Ave Days on Market (YTD)

51 Days



Change in the Past 12 Months

+1.3%

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