## **Hebrews - Small Group Study**

## Week Sixteen

## Verses for the week: Hebrews Chapter 12:1-2

Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, fixing our eyes on Jesus, the pioneer and perfecter of faith. For the joy set before him he endured the cross, scorning its shame, and sat down at the right hand of the throne of God.

## **Questions:**

- 1. The writer begins this chapter talking about "running with endurance," which is similar to language in Philippians, and in part, why some believe Apostle Paul was the writer of the Book of Hebrews.
  - Why do you think the writer precedes "running with endurance" with a command to "let us also lay aside every weight, and sin which clings so closely"?
- 2. Who is this "cloud of witnesses" that are surrounding us and them and why is it important?

**Quote of the week:** We are what we repeatedly do. Excellence, then, is not an act, but a habit. Aristotle