

Friday

1:30 - 6:30: Arrival / Check-in

- Registration at Woodside dining hall
- No scheduled events just explore and relax

6:30-7:15: Dinner

- At Woodside dining hall

7:30-9:00: Session 1

9:00-9:30: TABLEgroup

9:30 - Until: Free Time

- Games, campfire, basketball, cabins, corn hole, hangout, etc.

Saturday

7:00-8:00: Morning Personal Devotional

- In your journal or www.theexchange.cc/manup

8:00-8:45: Breakfast

- At Woodside dining hall

9:00-10:00: Session 2

10:00 - 10:30: TABLEgroup

10:30-12:00: Free Time

12:00-1:00: Lunch

• At Woodside dining hall

1:00-2:15: Free Time

2:30-3:30 Session 3

3:30 Check Out

- Go back to cabins to pack up before helping tear down and clean up.