

Holy Week 2024:

Sunday 24 th March	PASSION / PALM SUNDAY	10:00am
Monday 25 th March	MONDAY OF HOLY WEEK	10:00am
Tuesday 26 th March	CHRISM MASS CATHEDRAL	11:00am
	Last opportunity for Confession:	7:00pm
Wednesday 27 th March	SPY WEDNESDAY	10:00am
Thursday 28 th March	MAUNDY THURSDAY	7:30pm
Friday 29 th March	GOOD FRIDAY:	
	Stations of the Cross	11:00am
	Solemn Veneration of the Cross	3:00pm
Saturday 30 th March:	HOLY SATURDAY	
	Święconka	10:00am
	EASTER VIGIL	8:30pm
Sunday 31 st March	EASTER SUNDAY	10:00am

Sacred Heart Parish, Bordon

From Bishop Philip's Pastoral Letter:

Today is the Fifth Sunday of Lent, when the Church's liturgical year undergoes a step-change. We now enter the period of Late-Lent. Indeed, next Sunday is Palm Sunday when we hear the Passion Narrative and when we begin Passiontide or Holy Week, commemorating the Lord's entry into Jerusalem. These last days of Lent are a time to focus on Christ's suffering and death for us and for our salvation, a time to **meditate** on the Gospel accounts of the Lord's crucifixion, a time to visit and re-visit the Stations of the Cross. A wonderful way of engaging with this, if you have not done so already this Lent, is to celebrate the Sacrament of Confession. Often in life, we can get tightly bound up by our sins and selfishness, closed to the healing power of God's love. This is the season when Jesus wants to set us free. So let us ask Him for the grace to make a good confession, that we may be liberated from whatever it is that holds us back from more truly loving God and loving our neighbour.

Continued.....



Parish Mission Statement:

"We are here to make Jesus in the Blessed Sacrament better known, loved, honoured, worshiped and adored. All of our efforts in this parish will be geared towards helping every individual to discover the Lord waiting for them to approach Him in the tabernacle".

PARISH SUPPORT



Making your weekly offering via **Standing Order** is the best way to give, if possible. It means we know how much will come into the parish each week / month and it also means that if you happen to be away, the parish will still receive your support. The Bank details you need to set up a Standing Order are:

Account Name:

CDP BORDON AND GRAYSHOTT

Sort Code: 30-93-04

Account Number: 01755138

GIFT AID

Anyone who pays income tax on pensions, wages etc can complete a **Gift Aid form** and increase whatever they offer to the parish by 25% at no extra cost to them (**the taxman donates it to the parish from what you have already paid him!**)



Another way to support the parish (at no extra cost to you!) is to do your online shopping through 'Easyfundraising'. By doing this the companies you shop with will donate from your bill to the parish.



Parish Easter Raffle

Win this delicious chocolate hamper!

Tickets 50p each or a book of 5 tickets for £2.50

The draw will take place after the 10am Mass on Easter Sunday.... Good luck!



Friday Soups....

12:30pm – 2:30pm EVERY FRIDAY

Do drop in between 12:30pm and 2:30pm for some delicious soups! Bring a friend if you can – it's a great way to welcome visitors to the parish, especially if they are not Catholics.

Adults becoming Catholic this Easter

Please keep in your prayers all those adults preparing to receive the Sacraments this Easter. We pray especially for Luker, Brian, Temdai, Sandy, Ian, Robert, Camila, Beatrix, Nikodem and Elliott who will receive the sacraments here, in this parish this Easter.

International food Easter Sunday

After Mass on Easter Sunday, we will celebrate the end of our fast together sharing foods from around the world! If you can help, please add your name to the sign-up sheet which will be in the porch of the church in the next few weeks.



Excerpts from the Bishop's Pastoral Letter

Some people think they never sin, or never do anything wrong.

Yet – leaving aside serious sins - they are not averse to a bit of gossip, bearing a grudge, criticising others or constantly thinking of 'Number One.'

Others ask:

Why confess to a priest, when in my head I can ask God for forgiveness directly?

Yet, as we see with the Lord and the Apostles on Easter Sunday, sacramental confession and absolution is the way God wanted it. True, we can and we should pray to God for forgiveness, as we do at the start of Mass, but it's only in Confession that we can be certain that God has forgiven us and can receive a penance. The Sacrament is a concrete, tangible way to experience God's mercy, for when the priest absolves us, it is Christ Himself Who heals us.

How often should we go? As soon as we can, if we are aware of serious sin. Otherwise, I would recommend once a month or every two months. It's like a regular check-up. It makes us accountable. It strengthens us against temptation. It brings advice from the priest about our spiritual life.

What if we sin again in the same way? Some patterns of sin can be addictive. They take a long time to eradicate - and maybe we should be thankful we are not committing new sins.

So how do we make a good confession?

(1) After overcoming any inertia, fear or resistance, preparation is key: prayer to the Holy Spirit and a careful examination of conscience. You can find on the internet many examinations of conscience.

(2) You need to be sorry for your sins, to ask God's forgiveness and to pray for the grace to avoid them in the future. Here is an Act of Contrition: "O my God, because You are so good, I am very sorry that I have sinned against You, but by the help of Your grace I will not sin again."

(3) Go in to the confessional and the priest will guide you through what you need to do and say.

(4) begin by telling the priest how long it has been since your last confession, and if it has been a long time, don't worry!

(5) be as honest as you can. There's no need to go into fine detail, a list will do.

(6) the priest may offer some advice, he may not, but he will give you a penance that you should complete in the church immediately after your confession.

(7) The Lord will absolve you of your sins through the ministry the priest. Your sins will be forgiven and you will receive God's pardon and peace. You will be renewed and restored to God's friendship.

A pure heart create
for me O God.....



WELCOME HUB

The parish centre is slowly (but surely!) transforming into a 'welcome hub' a place where local people can come and feel supported and that they belong.

This week the 'morning rush coffee shop' will open from 8am until 10am providing barista style coffees to those on the go!

In time we hope to designate mornings for particular groups to meet, for example, Wednesday Mornings could be a time when a men's group meet to share a bacon roll or Thursdays might be for mothers and toddlers.

We already have a Friday soup café from 12:30pm – 2:30pm which is being incredibly well supported by parishioners, and now we'd like to begin to invite local people (who are not parishioners, but maybe lonely) to come along too.








The afternoons will be developed in April to not only a soup Friday but a curry Wednesday (open from 12:30 until 2:30pm).

We already have a 'Mind' dementia café which takes place fortnightly in the centre, and we're looking forward to Butterflies bereavement counselling services starting here after Easter too.

Swan medical group are looking to begin a drop-in clinic for those who cannot travel for medical appointments and one afternoon a week Citizens advice hope to run support sessions for local people too.

So, we have a lot to do, but it will be an incredible service to those in the local community if the Parish Centre could become a place of welcome, support and peace. Please keep this in your prayers!

Sacramental Preparation in the Parish

						
Baptism preparation: The next Preparation course begins in the New Year.	Confession: Available 30mins before every Mass and: 5pm Sat 6pm Tues 11am Fri	First Confession and Holy Communion: Saturday 23rd March at 10am	Confirmation class: Sunday 17th March after Mass	Marriage Preparation: It takes approx. 1 year to prepare for Marriage. Catholics must be Confirmed before Marriage.	Holy Orders: If you have ever considered a Vocation to the Priesthood / Deaconate, please speak to Fr John.	Last Rites: If there is ever the danger of death, please contact Fr John immediately.



Confession Times:
30mins before every Mass &
 5pm on Saturdays
 6pm on Tuesday
 11.00am on Fridays
 Or by appointment



Adoration of the Most Blessed Sacrament:
 Tuesday 6pm
 Friday 11.00am
 Saturday 5pm
 Benediction: 5:45pm on Saturdays



Devotions:
 Holy Rosary: Wed after Mass
 Fri 11:30am
 First Friday: Every first Friday



Family Catechesis:
 Learn about our faith as a family.... Every two weeks at 10am on Saturday mornings



OUR CATHOLIC FAITH
 KNOW IT
 LIVE IT
 SHARE IT

EVERY TUESDAY

Adult Formation

sacredheartbordon.co.uk

Our Session this week will be focused on the Sacrament of Confession: Where did it come from? Why should we go? How do we do it? If you have any questions then come along and find out more!

HOW TO GO TO CONFESSION

- 1 Examine your conscience by reflecting on your sins.
- 2 Begin your confession by saying,
"In the name of the Father, and of the Son and of the Holy Spirit. Bless me Father for I have sinned. It has been *[length of time]* since my last confession. These are my sins..."
- 3 The priest will suggest something for you to do or pray after Confession (called **penance**), as a response to God's mercy.
- 4 The priest will then ask you to pray the **Act of Contrition** out loud, demonstrating your sorrow for your sins.
- 5 The priest will extend his hands in your direction and pray the **Prayer of Absolution**. You respond: "Amen."
- 6 The priest will likely say: "God has freed you from your sins. Go in peace." You can respond: "Thanks be to God."

SOME TIPS:

- When confessing your sins, be specific, but avoid unnecessary details and background information.
- If you're not sure if something is a sin, just ask the priest.
- Don't forget to do your penance. If it's saying certain prayers, it's best to do it right away in the church before you forget.

ACT OF CONTRITION







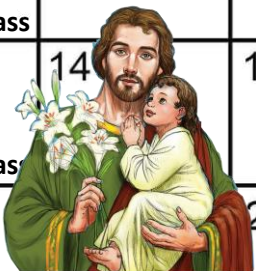



My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with your help, to do penance to sin no more, and to avoid whatever leads me to sin. Our Saviour Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen.

Parish Bank Details:

Account Name:
Sort Code:
Account Number:

CDP BORDON AND GRAYSHOTT
30-93-04
01755138

MARCH 2024

SUN	MON	TUE	WED	THU	FRI	SAT
25 31	26	27	28	29 	1 	2
3 Confirmation Session	4  Bible Study	5 Formation	6 0730am Mass	7	8 	9 First Holy Communion session
10 	11  Bible Study	12 Formation	13 0730am Mass	14 	15 	16
17 Confirmation Session	18  St Patrick's Day Bible Study	19 St Josphe Formation	20 0730am Mass	21	22 	23 First Holy Communion session
24 PALM SUNDAY 10am	25	26 CHRISM MASS CATHEDRAL 11am	27	28 Maundy Thursday 7:30pm	29 Good Friday 3pm	30 Easter Vigil 8:30pm



Lenten Resolutions to help us grow in our faith:

Mondays: Scripture Studies
Tuesdays: Adult Formation
Wednesdays: Early Morning Mass 0730am
Fridays: Parish 'Lenten Fast' Soup

Adoration:

Tues 6pm, Fri 11am, Sat 5pm

Confession:

Tues 6pm, Fri 11am Sat 5pm or 30mins before each Mass.

Stations of the Cross:

Tues 6:15pm and Fri 11:15am

Passiontide: (HOLY WEEK)

23 rd March	Passion / Palm Sunday (VIGIL)	6:00pm
24 th March	Passion / Palm Sunday	10:00am
26 th March	Chrism Mass (CATHEDRAL)	11:00am

TRIDUUM: One liturgy across three days. What we begin on Thursday doesn't end until Saturday Night.....

28 th March	Maundy Thursday	7:30pm
29 th March	GOOD FRIDAY STATIONS	11:00am
	SOLEMN LITURGY	3:00pm
30 th March	EASTER VIGIL	8:30pm
31 st March	EASTER SUNDAY	10:00am

Saturday 16th March

5th Sunday of Lent

Joyful Mysteries

Dedicated to the Blessed Virgin Mary

Adoration: 5:00pm – 5:45pm

Confessions: 5:00pm – 5:45pm

Holy Mass: 6:00pm People of the Parish

Sunday 17th March

5th Sunday in Lent

Glorious Mysteries

Dedicated to the Resurrection

Holy Mass: 10:00am People of the Parish

Monday 18th March

St Patrick's Day – Transferred

Joyful Mysteries

Dedicated to the Holy Souls

Holy Mass: 10:00am Frank Galvin Int

Lenten Bible study: 10:45am

Tuesday 19th March

St Josphe's Day

Sorrowful Mysteries

Dedicated to the Holy Angels

Adoration: 6:00pm – 6:45pm

Stations of the Cross: 6:15pm – 6:45pm

Confessions: 6:00pm – 6:45pm

Holy Mass: 7:00pm Our Catechumens

Adult Formation Session 7:45-8:30pm

Wednesday 20th March

5th Week of Lent

Glorious Mysteries

Dedicated to Saint Joseph

Holy Mass: 07:30am Margaret Costello RIP

Friday 22nd March

5th week of Lent

Sorrowful Mysteries

Dedicated to the Holy Cross

Adoration: 11:00am – 11:45am

Stations of the Cross: 11:15am – 11:45am

Confessions: 11:15am – 11:45am

Holy Mass: 12 noon In thanksgiving

Saturday 23rd March

PASSION / PALM SUNDAY

Joyful Mysteries

Dedicated to the Blessed Virgin Mary

Adoration: 5:00pm – 5:45pm

Confessions: 5:00pm – 5:45pm

Holy Mass: 6:00pm People of the Parish