Our Kynector can assist with enrollment or renewal of KCHIP, Medicaid or Qualified Health Plans (QHP). During the COVID-19 State of Emergency, individuals without medical insurance coverage may apply for Presumptive Eligibility Medicaid. This coverage is temporary and ends two months after the application month, however an extension may be available for up to 6 months. The coverage includes doctor visits, behavioral health, pharmacy, dental, vision or hospital services.

There is no charge for this service. Enrollment is offered both in person or over the phone. We are also available to come on location and setup a table for businesses or community partners. I have attached some flyers with additional information.

Below is an overview of our programs and services.

- Who is Health First?
  - We are a not for profit, community health center (CHC) and federally qualified health center (FQHC).
- What does this mean?
  - We receive federal funding to provide healthcare for individuals with little or no financial means. Individuals pay what they can afford based on household size and income.
  - We remove barriers to care such as access, financial, transportation or other.
  - o We provide high, quality affordable care to the communities that we serve.
  - We are operated by a volunteer board of directors, in which 51% of those must be users of the health center to ensure our patients have a voice in the operations of the health center. As our motto states, our patients are our first concern!

## How can we help?

- Our health center offers a variety of patient assistance programs to better care for our patients and improve the well being of the community. We have an outreach team that works directly with our patients to meet their needs, healthcare and beyond! We have resources that we can provide in house and work with community partners to meet other needs such as shelter, clothing or medical equipment.
  - Financial assistance-We make healthcare affordable! Patients pay what they can afford based on income and household size. Our sliding fee scale discount ranges from \$10-\$25 for the office visit, along with any x-rays, labs or immunizations needed at the time of visit. There are no additional out of pocket costs or bills for those enrolled. We can also help with high co-pays or high deductible plans.
  - Transportation assistance -We make sure that our patients are able to get to their appointments to stay well or to get better when they are sick. This includes visits to Health First and specialist appointments as referred by the primary care provider. We contract with local taxi companies and transport services such as GRITS & PACS, along with providing bus tokens/passes for those on a public transit route or gas cards for individuals with vehicles but little to no financial means to reach their destination.
  - Prescription assistance -Patients that qualify may obtain their medications at little or no cost. As a community health center we have are able to partner with local pharmacies and purchase drugs from the government at a discounted rate. We pass these savings on to our patients. Our program can assist Medicare

- patients in the doughnut hole. We can also provide assistance with epi pens and insulin that are available in our health centers for immediate access.
- Emergency Food Kits -Food is an essential resource and unfortunately we have many individuals in our community that are food insecure. We can provide food kits with a two day supply which are meant to be emergency relief until our team can connect the patient with a food bank, SNAP benefits or other longterm means.
- Hygiene Kits- Hygiene products are a basic necessity but unfortunately not all individuals have the means to purchase these. Hygiene kits are available to any patients that need them and include soap, shampoo, toothbrush, toothpaste, shaving cream and razor.
- Diabetic Foot Kits Diabetic patients can easily develop foot ulcers from blisters and small wounds, which can a pose a threat of foot amputation. Essential foot care is necessary to reduce the threat of infection. In an effort to assist our diabetic population, our Quality department makes these kits available to patients annually.
- Blood Pressure Monitors -In an effort to assist our hypertensive population, our Quality department may provide a monitor to better track heart health.
- Eye Glasses- If a patient meets the eligibility guidelines (200% or below FPL) they can receive one basic pair of single or lined bifocal eyeglasses annually.
- Dental Vouchers Established slide patients are eligible to receive a dental voucher for preventative and restorative services up to \$500 annually.
- Insurance Enrollment- Our Kynector can assist individuals in renewal or enrollment of KCHIP, Medicaid or Qualified Health Plan (QHP). During the COVID-19 State of Emergency, individuals without medical insurance coverage may apply for Presumptive Eligibility Medicaid. This coverage is temporary and ends two months after the application month. The coverage includes doctor visits, behavioral health, pharmacy, dental, vision or hospital services.
- Telehealth This service allows individuals to receive care that they need without leaving their home or taking time away from work. All they need is an Internet connection and device such as a smart phone, tablet or computer. This service is beneficial for the elderly, home bound, working class or busy families.
- Chronic Care Management (CCM) Program –This program Is designed to improve overall patient outcomes through increasing involvement in care, satisfaction and patient/provider communication.
- Patient Centered Medical Home (PCMH) This is a care delivery model that is patient-centered, comprehensive, team-based, coordinated, accessible, and focused on quality and safety. We partner with hospitals, medical clinics, specialists, testing facilities, pharmacies and other places. Health First has achieved NCQA level 3 designation.
- Quality Leader -We pride ourselves on providing high, quality care. Health First is recognized as a health center quality leader by the Health Resources and Services Administration (HRSA) and as a Hypertension Control Champion through the Million Hearts Campaign.
- We offer a variety or primary care and specialty services.
  - Family Practice
  - Behavioral Health

- o Women's Health
- Pediatrics
- o Prenatal Care
- Dermatology
- Medical Nutrition Therapy
- o Diabetes Self-Management, Education and Support
- Diabetic Eye Screenings
- Medication Therapy Management
- Weight Management
- o Metabolic Medicine
- o Alcohol and Drug Counseling
- o X-Ray
- Laboratory
- Conveniently located in communities throughout western Kentucky! We accept appointments and walk-ins. Services are available in person or through Telehealth.
  - Calhoun
  - Clay
  - Earlington
  - o Henderson
  - Owensboro
  - Morganfield
  - o Princeton
  - Providence
- How to contact us?
  - o Toll free 1-877-667-7017
  - o <u>HealthFirstCHC.net</u>