

# The Richmond School

# **Asthma Policy**

Reviewed Annually (Summer) by the Full Governing Body – Autumn 2023

Date of Ratification	Signature
Autumn 2023	

Approved by: Full Governing Body Date: September 2023

Last reviewed on: [Date]

Next review due by: September 2024

### **Asthma Policy**

#### The Principles of our school Asthma Policy

- The School recognises that asthma is an important condition affecting many school children and welcomes all pupils with asthma
- Ensures that children with asthma participate fully in all aspects of school life including PE
- Recognises that immediate access to reliever inhalers is vital
- Keeps records of children with asthma and the medication they take
- Ensures the school environment is favourable to children with asthma
- Ensures that other children understand asthma
- Ensures all staff who come into contact with children with asthma know what to do in the event of an asthma attack
- Will work in partnership with all interested parties including all school staff, parents, governors, doctors and nurses, and children to ensure the policy is implemented and maintained successfully

This policy has been written with advice from the Department for Education and Employment, National Asthma Campaign, the local education authority, the school health service, parents, the governing body and pupils

- 1. This school recognises that asthma is an important condition affecting many school children and positively welcomes all pupils with asthma.
- 2. This school encourages children with asthma to achieve their potential in all aspects of school life by having a clear policy that is understood by school staff, their employers (the local education authority) and pupils. Supply teachers and new staff are ALSO MADE AWARE OF THE POLICY. All staff are provided with asthma training on an annual basis. EDUCATION FOR HEALTH ONLINE TRAINING

#### Medication

Immediate access to a reliever inhaler is vital. Asthma medication is carried in first aid bags located in the classroom. They are stored with the child's asthma care plan. Records are kept each time an inhaler is used.

All inhalers must be labelled with the child's name by the parent. School staff are not required to administer medication to children except in an emergency however many of our staff our happy to do this. All school staff will let children take their own medication when needed.

# **Record Keeping**

At the beginning of each school year, or when a child joins the school, parents are asked to inform the school if their child is asthmatic. All parents of children with asthma are required to complete a School Asthma Plan (Asthma UK) and return it to the school. From this information the school keeps its asthma register. If any changes are made to a child's medication it is the responsibility of the parents or carer to inform the school. The Richmond School does now hold an emergency inhaler and spacer as per 'Guidance on the use of Emergency Salbutamol inhalers in schools' March 2015. This medication can only be administered to children on the Asthma Register whose parents have consented. Staff have been trained to administer the emergency inhaler.

Parents of children with Asthma are sent a letter asking pemission for the emergency inhaler to be used in the event that their own inhaler is not available.

Parents will be informed by letter if their child has used the emergency inhaler.

Asthma inhalers for each child are regularly checked for expiry dates by a named member of staff (L. Newson - SENDCO/T Dabbs – First aider).

Each child's inhaler is kept in their own classroom in a named wallet containing their individual medication and asthma card, in their class designated first aid area. All staff members are responsible for acquainting

themselves with the triggers of a possible attack (allergies, colds, cough, cold weather) for each individual child in their care. All this information is found in their medication wallet along with their medication.

#### PE

Taking part in sports is an essential part of school life. Teachers are aware of which children have asthma from the Integris register. Children with asthma are encouraged to participate fully in PE. Teachers will remind children whose asthma is triggered by exercise to take their reliever inhaler before the lesson. Each child's inhalers will be labelled and kept in a box at the site of the lesson. If a child needs to use their inhaler during the lesson, they will be encouraged to do so. Records are kept every time a child uses their inhaler. Two members of staff countersign the medical administration form.

#### **School Trips and Outside Activities**

When a child is away from the school classroom on a school trip, club, outside sport or PE, their inhaler should accompany them and be made available to them at all times.

#### The School Environment

The school does all that it can to ensure the school environment is favourable to children with asthma. The school has a nonsmoking policy and a hypoallergenic therapy dog. On occasion, the Key Stage One classes do take part in the egg/chick scheme. Teachers will be aware of any child who has a fur or feather allergy and will act appropriately. As far as possible the school does not use chemicals in science and art lessons that are potential triggers for children with asthma. Children are encouraged to leave the room and go and sit in the break out area if particular fumes trigger their asthma.

## **Making the School Asthma Friendly**

When a Child is falling behind in lessons If a child is missing a lot of time from school because of asthma or is tired in class because of disturbed sleep and falling behind in class, the class teacher will initially talk to the parents. If appropriate the teacher will then talk to the school nursing team and special educational needs coordinator about the situation. The school recognises that it is possible for children with asthma to have special education needs because of asthma.

#### **Asthma Attacks**

All staff who come into contact with children with asthma know what to do in the event of an asthma attack. The school follows the following procedure.

- 1. Ensure that the reliever inhaler is taken immediately.
- 2. Stay calm and reassure the child.
- 3. Help the child to breathe by ensuring tight clothing is loosened.
- 4. Do not leave the child at any time.

After the attack Minor attacks should not interrupt a child's involvement in school. When they feel better they can return to school activities. The child's parents must be informed about the attack.

# **Emergency procedure**

If the pupil does not feel better or you are worried at any time before reaching 10 puffs from the inhaler, call 999 for an ambulance. If the ambulance has not arrived after 10 minutes, give an additional 10 puffs as detailed above. In the event of an ambulance being called, the pupil's parents or carers should always be contacted. In the event of a pupil being taken to hospital by ambulance, they should always be accompanied by a member of staff until a parent or carer is present.