



2026 TIMETABLE

NB: Times may change by 15 minutes in 2026 dependent on numbers and studio requirements



MONDAY

Juniors - Premier
5:30pm - 8:30pm

Masters - Onyx
7:45pm - 9:45pm

TUESDAY

Inters
5:30pm - 8:30pm

Seniors - Premier
6:45pm - 10:15pm

WEDNESDAY

Tinies
4:15pm - 5:45pm

Subbies -
Development
5:00pm - 7:15pm

Seniors -
Development
6:00pm - 9:00pm

THURSDAY

Subbies - Premier
4:30pm - 7:15pm

Juniors -
Development
5:15pm - 7:45pm

Masters -
Sapphires
7:30pm - 10:00pm

SATURDAY

Tinies
9:15am - 10:45am

Subbies -
Development
11:00am - 1:15pm



For more information on our Development & Premier streams
please visit our website - www.bentleighcalisthenics.com



2026 TIMETABLE STUDIO ALLOCATION

NB: Times may change by 15 minutes in 2026 dependent on numbers and studio requirements



	Monday			Tuesday			Wednesday			Thursday			Saturday															
	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio	Studio													
9:00:00 am																												
9:30:00 am																												
10:00:00 am														Tinies Dev 9:15 - 10:45am	Tinies Dev 9:15 - 10:45am													
10:30:00 am																												
11:00:00 am																												
11:30:00 am																												
12:00:00 pm																												
12:30:00 pm													Subbies Dev 11 - 1:15pm	Subbies Dev 11 - 1:15pm														
1:00:00 pm																												
1:30:00 pm																												
2:00:00 pm																												
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5:00:00 pm							Tinies Dev 4:15 - 5:45pm	Tinies Dev 4:15 - 5:45pm																				
5:30:00 pm	Juniors Prem 5:30 - 8:30pm		Juniors Prem 5:30 - 8:30pm	Inters 5:30 - 8:30pm	Inters 5:30 - 8:30pm		Seniors Dev 6:00 - 9:00pm																					
6:00:00 pm																												
6:30:00 pm																												
7:00:00 pm		Juniors Prem 5:30 - 7:30pm																										
7:30:00 pm																												
8:00:00 pm	Juniors Prem 5:30 - 8:30pm		Juniors Prem 5:30 - 8:30pm	Inters 5:30 - 8:30pm																								
8:30:00 pm		Masters Onyx 7:45 - 9:45pm																										
9:00:00 pm																												
9:30:00 pm																												
10:00:00 pm																												
10:30:00 pm																												
NOTES	Juniors have 2 studios from 7:30pm - 8:30pm			Inters have 1 studio from 7:45pm - 8:30pm Seniors have 1 studio from 6:45pm - 7:45pm			Tinies have 1 studio from 5:15 - 5:45pm Subbies have 1 studio from 5:00 - 5:20pm																					
Studios to be shared around - a system to be developed on a rotating week basis in 2026																												

