

Trigg County

<u>Ambulance Service:</u> If it is an emergency situation-Dial 911	Trigg County Ambulance 32 Hospital St. Cadiz, KY 42211 (270) 522-2540
<u>Assisted Living:</u> Offers private living units for adults who require some assistance, but do not require 24-hour nursing care.	Barkley Plantation 640 Bypass Rd. Cadiz, KY 42211 (270) 522-0018 www.barkleyplantation.com
<u>Crisis Intervention:</u> Provides shelter, food, health and mental health services to communities and families.	American Red Cross-Mid- West Chapter 709 S. Main St. Hopkinsville, KY 42240 (270) 885-5328 www.redcross.org
<u>Department for Community Based Services:</u> Benefits counseling, Medicare, Medicaid, Adult Protective Services, Child Protective Services, Disability Related Services, SNAP (food stamps)	Trigg Co. Family Support Office 277 Commerce St. Cadiz, KY 42211 Toll Free: 1 (855) 306-8959 Protection and Permanency 277 Commerce St. Cadiz, KY 42211 (270) 522-3451
<u>Disability Services:</u>	Kentucky Office of Vocational Rehabilitation Field Office: Madisonville, KY (270) 824-7549 or (888) 640-2713 Assists Kentuckians with disabilities to achieve suitable employment and independence Office of Vocational Rehabilitation, Blind Services Paducah Office: 416 S. Main Street. (270) 575-7315 Hopkinsville Field office: 110 Riverfront Drive. (270) 889-6509 www.kcc.ky.gov Trace Industries 101 Roger Thomas Blvd. Cadiz, KY 42211 (270) 522-8115 www.traceindustries.org An Adult Day Training program providing job skills training and job opportunities to individuals with disabilities.

<p><u>Elder Law:</u> Assists with Elder Law issues, Medicaid Applications, Veteran Benefits, Wills & Trusts, Guardianships, Power of Attorneys, and more. <i>(See website for more)</i></p>	<p>Elder Law Advocates - Mark D. Collins 12 Public Square. P.O. Box 882. Elkton, KY 42220 (270) 483-3001 mcollins@johnslawfirm.com www.elderlawadvocates.net Lighting the Path to Long Term Care Solutions</p>
<p><u>Financial Assistance</u></p>	<p>Cadiz United Methodist Church 482 Lakota Dr. Cadiz, KY 42211 (270) 522-6237</p> <p>Helping Hands 41 Main St. Cadiz, KY 42211 (270) 522-1001 Once per year, no more than \$100</p>
<p><u>Food Programs:</u></p>	<p>Cave Springs Baptist Church 225 Main St. Cerulean, KY 42215 (270) 235-5270 Lela Wilson</p> <p>Cadiz United Methodist Church 482 Lakota Dr. Cadiz, KY 42211 (270) 522-6237 Free meals offered to anyone on Wednesday from 5:30pm-6:30pm at the church <i>(Donations accepted)</i></p> <p>Refuge Church Food Pantry 31 Commerce Street. Cadiz, KY 42211 Jeramiah Kline 270-206-2578</p> <p>Helping Hands 41 Main St. Cadiz, KY 42211 (270) 522-1001 Monthly commodities program</p> <p>Meeting Place 83 Heritage Trace. Cadiz, Ky 42211 (270) 924-5201 Bro. Danny Mitcheson 3rd Thursday of each Month (Worship 5-6PM with food bank open afterwards.)</p> <p><i>Continued on next page</i></p>

<u>Food Programs, cont.:</u>	Trigg Co. Senior Citizen Center (PACS) 127 Joy Ln. Cadiz, KY 42211 (270) 522-8341 www.pacs-ky.org Monday – Friday. Congregate meals, home delivered meals for qualifying senior citizens *No cost for services-donations accepted
<u>Healthcare Clinics:</u>	Cadiz Family Care Clinic 261 Main St. Cadiz, KY 42211 (270) 522-9696 Trigg County Primary Care 254 Main St. Cadiz, KY 42211 (270) 522-0898
<u>Health:</u>	Pathfinder Cadiz Joan Lang, MBA – Cancer Control Specialist (270) 821-4298 joan.lang@louisville.edu www.kycancerprogram.org The Pathfinder is a community service to Kentuckians who are seeking cancer, prevention, screening, treatment, and support resources. An easy-to-use online tool that links you to a variety of cancer resources.
<u>Health Department:</u> Provides clinical services, environmental services, community education, and other valuable services for the community.	Trigg County Health Department 196 Main St. Cadiz, KY 42211 (270) 522-7189
<u>HIV Resources:</u> Provides assistance with medication, health insurance, dental care, nutrition, transportation, case management, mental health and more.	thRED Angela McKee (270) 265-2362 Angela.McKee@ky.gov thRED offers medical and social support services for HIV-positive residents of Kentucky. There Care Coordinator facilitate care by helping patients receive HIV Treatment while eliminating barriers.
<u>Home Care:</u> Provides in-home assistance, such as (but not limited to) bathing, dressing, grooming, toileting, transferring, meal prep, light housekeeping, laundry and transportation <i>Continued on next page</i>	A Place Called Home 2002 S. Virginia St. Hopkinsville, KY 42240 (877) 452-2975 www.apchomecare.com Black Pearl Home Care *Private pay/Long-term care policies, Medicaid Waiver 301 E. Center St. Suite 101. Madisonville, KY 42431 (270) 245-2470

<p><u>Home Care, cont.:</u></p>	<p>Comfort Keepers <i>*Limited basis</i> 730 Fairview Ave. Ste.A3. Bowling Green, KY 42101 (270) 782-3600</p> <p>Home Instead <i>*private pay/VA/long-term care insurance</i> 4537 Ft. Campbell Blvd. Ste 102. Hopkinsville (270) 874-4868 homeinstead.com/855</p> <p>Home Sweet Home Care 902 W. Everly Brothers Blvd. Central City (270) 977-4663 Home Sweet Home Care Senior Care In-Home Services</p> <p>Maxim Healthcare Services <i>*Private pay/Medicaid/VA/ChampVA/ Dept. of Labor</i> 130 Alfredo Dr. Bld. 2, Ste D, Clarksville, TN 37042 (931) 645-4293 www.maximhealthcare.com</p> <p>Senior Helpers <i>*private pay/VA/long-term care insurance</i> 809D Country Club Ln. Hopkinsville, KY 42240 (270) 707-2273</p>
<p><u>Home Health:</u> Provides in-home skilled nursing, physical therapy, occupational therapy, speech therapy and other various skilled services.</p>	<p>Baptist Health Home Care 200 Clinic Dr. Madisonville, KY 42431 (270) 824-3470</p> <p>Caretenders 72 Lone Oak Drive. Cadiz, KY 42211 (270) 522-0488</p> <p>Caldwell County Hospital Home Health 1310 Hwy 62 W. Princeton, KY 42445 (270) 365-2011</p> <p>Centerwell Home Health 540 Noel Ave. Hopkinsville, KY 42240 (270) 885-7887</p> <p>Jennie Stuart Home Health 320 W. 18th Street. Hopkinsville, KY 42240 (270) 887-0118 or (800) 280-0118</p> <p><i>Continued on next page</i></p>

<u>Home Health., cont:</u>	Lifeline Home Health 210 Burley Ave. Ste. 109. Hopkinsville, KY 42240 (270) 885-6353
<u>Hospice:</u> Care for persons with life-limiting illness and also provides support and a wide range of services for their families	Hosparus Health Western Kentucky 200 Clinic Drive. Madisonville, KY 42431 (270) 326-4660 Pennyroyal Hospice 220 Burley Ave. Hopkinsville, KY 42240 (270) 885-6428 www.pennyroyalhospice.com
<u>Hospital:</u> Provides medical and surgical treatment and nursing care for sick or injured people	Trigg County Hospital 254 Main St. Cadiz, KY 42211 (270) 522-3215 www.trigghospital.org
<u>Housing:</u>	Barkley Manor Apartments 134 West End. Cadiz, KY 42211 (270) 522-3969 East Gate Apartments 455 Lafayette St. Cadiz, KY 42211 (270) 522-8388 Housing Authority of Cadiz 117 Lincoln Ave. Cadiz, KY 42211 (270) 522-3916
<u>Medical Equipment/Supplies:</u>	Advanced Home Medical 2212 Ft. Campbell Blvd. Hopkinsville, KY 42240 (270) 886-2544 AmeriGlide of Lexington – <i>primarily private pay</i> 487 E. New Circle Rd. Suite #130. Lexington, KY 40505 Toll Free: (866) 292-2212 King Home Care 44 McCoy Avenue, Madisonville, KY 42431 (270) 889-9100 www.kingdrug.com Pennyrile Home Medical 307 Main St. Cadiz, KY 42211 (270) 522-8002 www.gophm.com

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<p><u>Medical Equipment/Supplies., cont:</u></p>	<p>RampUP! KATS Network Wendell Foster <i>Empowering People with Disabilities</i> Cindy Huston, Director (270) 683-4517 815 Triplett Street. Owensboro, KY 42303 www.katsnet.org/rampup/ Portable ramp that is loaned to KY residents in need at no cost, for up to 180 days. During this time, KATS will provide assistance in locating resources for those in need of a permanent solution. <i>Have to pick up ramp at their location!</i></p> <p>Orr Medical (formally Corner Health Care) 108 E. Washington St. Princeton, KY 42445 (270) 365-3903 www.orrmedical.com (Serves Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Trigg)</p>
<p><u>Medical Services:</u></p>	<p>Advanced Care House Calls -- (Formally known as MD2U) 9510 Ormsby Station Rd. Ste 100. Louisville, KY 40223 New patients call: (270) 872-4280 https://lhcgroupp.com Offers quality in-home primary healthcare to the homebound individuals.</p>
<p><u>Mental Health Services:</u></p>	<p>National Alliance for the Mentally Ill (NAMI) 347 Hollow Drive. Bowling Green, KY 42101 (270) 776-4004 gailgrace07@gmail.com www.nami.org (Serving Caldwell, Christian, Crittenden, Lyon, Muhlenberg, Trigg, Todd)</p> <p>Pennyroyal Center – 24-hour RESPOND Center Adults text “respond” to 839863 or call (877) 473-7766 to receive mental health counseling.</p> <p>Livingston Hospital Senior Care Outpatient Geriatric Behavior Health - Salem 129 West Main St. Salem, KY (270) 988-2675 8:00AM – 4:30PM – Monday – Friday Medicare part B program for those 65 and older which offers group & individual therapy, medication management, and transportation with a 40 mile radius. If you are struggling with anger, anxiety, depression, isolated, sleep programs, stress, and/or unresolved grief or worry, call to get a FREE assessment.</p>

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<u>Mental Health Services., cont:</u>	<p>Suicide & Crisis Lifeline</p> <p>*Call or text 988</p> <p><i>If you or someone you know is in crisis, call or text 988 to be connected with a mental health professional.</i></p>
<p><u>Nursing Home/Rehabilitation Facilities:</u></p> <p>Provides twenty-four-hour skilled nursing care, individualized care plans, specialized medical equipment, and skilled therapies.</p>	<p>Shady Lawn Nursing Facility</p> <p>2582 Cerulean Rd. Cadiz, KY 42211</p> <p>(270) 522-3236 www.shadylawnnursingandrehab.com</p>
<p><u>Personal Care Homes:</u></p> <p>Residential facilities that offer assistance and supervision to individuals that do not require skilled nursing level of care.</p>	<p>Better Senior Living (Trigg County Manor)</p> <p>66 Shelby St. Cadiz, KY 42211</p> <p>(270) 522-3711</p>
<u>Pharmacies:</u>	<p>Cadiz Pharmacy</p> <p>435 Lakota Drive. Cadiz, KY 42211</p> <p>(270) 522-3441</p> <p>Main Street Pharmacy</p> <p>289 Main Street. Cadiz, KY 42211</p> <p>(270) 882-2222</p>
<p><u>Senior Citizen Center:</u></p> <p>Provides congregate meals, transportation, recreation, education, counseling, SHIP, information and assistance and other services for seniors.</p>	<p>Trigg Co. Senior Citizen Center (PACS)</p> <p>127 Joy Lane. Cadiz, KY 42211</p> <p>(270) 522-8341 www.pacs-ky.org</p> <p>*No cost for services-donations accepted</p>
<u>Social Security Office:</u>	<p>U.S. Social Security Administration -Hopkinsville</p> <p>1650 Marie Dr. Hopkinsville, KY 42240</p> <p>(877) 405-7656</p>
<u>Transportation:</u>	<p>Senior Shuttle (Available through local Senior Citizen Centers)</p> <p>(270) 522-8341</p> <p>Free transportation to seniors in their county (aged 60+).</p> <p>Call for more information!</p> <p>Pennyryle Allied Community Services (PACS)</p> <p>127 Joy Lane. Cadiz, KY 42211</p> <p>www.pacs-ky.org</p> <p>Medicaid Transportation: (800) 467-4601</p> <p>Public & Veterans Transportation: (270) 886-7999</p>

<p><u>Utilities:</u></p>	<p>Cadiz United Methodist Church 482 Lakota Dr. Cadiz, KY 42211 (270) 522-6237 (Cindy)</p> <p>Helping Hands 41 Main St. Cadiz, KY 42211 (270) 871-5504 Will provide assistance 1x per year, no more than \$100</p> <p>Laundry Love @ Cadiz Coin Laundry on Main Street (270) 350-2833 (Angie) Last Tuesday of each month from 5PM-7PM Individuals are allowed to do up to 6 loads of clothes and/or bedding at no cost. Can bring own detergent or some will be provided. Snacks provided!</p>
<p><u>Veterans Administration:</u> Provides assistance with resources for veterans and their dependents</p>	<p>Kentucky Dept. of Veterans Affairs 5817 Ft. Campbell Blvd. Hopkinsville, KY 42240 1-800-928-9622</p> <p>Veteran's Benefits Field Representative (Counselor) 5817 Ft. Campbell Blvd. Hopkinsville, KY 42240 Hope King: (270) 484-7887 or Hope.King@ky.gov</p>