

**MINUTES**  
**PENNYRILE AREA LONG-TERM OMBUDSMAN**  
**ADVISORY COUNCIL/QUARTERLY TRAINING**  
**March 6, 2018**

The Pennyrile Area Long-Term Ombudsman Advisory Council meeting/quarterly training was held March 6, 2018 at Pennyrile Area Development District, Hopkinsville, KY.

The following Council members were present and a quorum was established per the bylaws.

**COUNCIL MEMBERS**

**Nell Ritzheimer**  
**Margaret Gilland**  
**Kathy Pharris**

**Christian County**  
**Crittenden County**  
**Trigg County**

**VISITORS:**

**CALL TO ORDER:**

Cindy Tabor determined that there was a quorum and the Ombudsman meeting was called into session.

**MINUTES:**

A motion was made and seconded to approve the December 7, 2017 minutes as printed. The motion carried.

**OLD BUSINESS:**

There was no old business.

**NEW BUSINESS:**

Cindy Tabor gave a report on the second quarter of FY'18 for the LTC Ombudsman Program. Cindy mentioned that the Pennyrile Ombudsman serves the nine county Pennyrile region with 31 facilities and 2,566 beds. Cindy stated that the primary role of the Ombudsman is to advocate, empower, encourage and help residents help themselves. Cindy stated that 86 facility visits were completed. She reported that the LTC Ombudsman office provided 186 consults to individuals and facilities. Cindy mentioned that the LTC Ombudsman office participated in 26 facility surveys and closed 57 complaints. Cindy stated that the LTC Ombudsman office is in need of volunteers, friendly visitors and certified ombudsman volunteers. She provided information on a training that was held on January 24, 2018 at the PADD Office. Cindy reported that seven individuals attended the friendly visitor training and that the new volunteers will visit residents in nursing homes in Christian County. Cindy stated that she will duplicate the training in May for Hopkins County where there is an overwhelming need for friendly visitors.

Cindy discussed gift ideas for Mother's Day and Father's Day for residents in nursing facilities.

Cindy provided information on the 2017 Forgotten Angel Project. She reported that project provided Christmas to 230 residents in personal care homes.

Cindy provided information on the Christian County Health Fair that will be held Friday, April 27<sup>th</sup> at the Christian County Senior Center from 9-11 am.

Cindy provided Consumer Voice hand-outs to the Council on Efforts to Improve Emergency Preparedness in Nursing Homes, Strengthen the Long-Term Care Ombudsman program and Oppose Weakening and Delay of Federal Nursing Home Rules. She stated that Consumer Voice is a leader advocacy for residents in facilities.

Cindy discussed upcoming events and mentioned that May is Older American's Month and June 15 is World Elder Abuse Awareness Day. Activities will be planned for the month of May and for WEAAD. Cindy asked the Council for ideas on how to recognize both.

With no further business, a motion to adjourn was made, seconded and approved. Meeting adjourned.