



## FORGOTTEN ANGELS 2022

Guess what time it is?? It's time for some enjoyment and FUN!! **The Forgotten Angels Project** is kicking off its 16th year. We serve residents that live in "Personal Care Homes". They are usually younger and sometimes suffer with mental illness rather than physical limitations. We focus on this group of residents because they seem to be most forgotten by friends, family and society.

You may be asking **"How does this work?"** We ask residents what is **one wish, (\$25.00 and under)** that they want. We place the anonymous Forgotten Angel on the tree and people from the community come to the PADD office and obtain a Forgotten Angel (or several) off the tree. You can also call or email us and we can send angels to you.

The Stocking Stuffer list is on the back of this letter. **Most of our residents love snacks. Stocking Stuffers** are generally all sorts of snacks, stationary, socks, gloves and personal hygiene items. Many people load a large Christmas bag full of these extra goodies along with the personal wish requested and return it to the PADD office where all the gifts are bagged by PADD staff and volunteers. Some people choose to bring in donations from the list or make monetary donations. We ask that all gifts be returned, **unwrapped**, to the PADD office, **no later than**

**Wednesday, December 14th, 2022.**

As the holiday season approaches, we hope that you will help us provide a touch of joy to those in need. It is truly amazing to see how our community gets involved in giving so much to these Forgotten Angels.

To adopt an angel or if you have any questions please contact:

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Pennyrile District Ombudsman  
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# FORGOTTEN ANGELS CHRISTMAS 2022



## STOCKING STUFFERS

### SNACKS

Instant coffee / potato chips / pretzels / cheese nips / goldfish / popcorn / nuts / trail mix / peanut butter or cheese crackers / slim jims / beef jerky / raisins / dried fruit / sodas any kind / mini sodas / 2 liters / granola bars / snack cakes / cookies / cracker jacks / chocolate covered cherries / pop tarts / candy canes / mini 5 pack donuts / moon pies / hard candy / chocolate candy / mostly any snack you can think of

### BOARD GAMES / ACTIVITIES IDEAS

Dominoes / Checkers / Uno cards / Playing cards / Skip-Bo / Phase 10 / books / movies

### STATIONARY IDEAS

Pocket calendars / Spiral notebook paper / adult coloring books / color pens / color markers / pens & pencils / puzzle books / word search books

### OTHER IDEAS

Socks / gloves / scarves / throws / body wash / body sprays / lotions / hairbrush / combs / toothbrush / toothpaste / deodorant

**PLEASE, NO RAZORS, MOUTHWASH OR GLASS**

