

February 2021

Mon

Tue

Wed

Thu

Fri

Pennyrile Allied Community Services
Making a difference in Kentucky



All menu items are
subject to change based
on availability.
PACS



1

Hamburger/Bun
Lettuce/Tomato/Onion
Baked Pork n Beans
Baked Potato
Sour Cream
Mandarin Oranges

2

Baked Potato Soup
Chicken Drumstick
Seasoned Peas
Corn Bread
Pear Crisp

3

Southwest Pork Roast
Baked Sweet Potato
Peas & Pearl Onions
Corn Bread
Apple Crisp
Margarine

4

Chicken & Dumplings
Buttered Broccoli
Buttered Carrots
Corn Bread
Baked Apples/Raisins

5

Chili, Hot Dog, Bun
Marconi & Cheese
Applesauce
Ambrosia Fruit Salad
Crackers

8

Meat Balls
Brown Gravy
Masked Potatoes
Black-eyed Peas
Whole Grain Biscuit
Pears

9

Tomato Chicken Parmesan
Noodles
Cucumber Salad
Whole Wheat Roll
Peach Cobbler

10

Ham & Bean Soup
Hot Spiced Beets
Buttered Spinach
Pear Crisp
Corn Bread

11

Baked Spaghetti
Broccoli Salad
Mandarin Oranges
Garlic Breadstick

12

Hot Turkey Sandwich
Mashed Potatoes
Giblet Gravy
Buttered Spinach
Tropical Fruit

15

BBQ Chicken
Macaroni & Cheese
Green Bean Casserole
Wheat Bun
Baked Apples/Raisins

16

Meat Loaf
Mashed Potatoes
Seasoned Cabbage
Peach Crisp
Wheat Roll

17

Mexican Lasagna
Buttered Broccoli
Garlic Breadstick
Jell-O Cake

18

Chicken Pot Pie
Twice Baked Potato
Green Beans
Dreamsicle Gelatin
Wheat Bread

19

Baked Catfish
Navy Beans
Cole Slaw
Ambrosia Salad
Corn Bread
Margarine

22

Franks/Sauerkraut
Mashed Potatoes
Black-eyed Peas
Peach Cobbler
Corn Bread
Margarine

23

Spaghetti/Meat Sauce
Broccoli Salad
Garlic Breadstick
Apple Crisp

24

Hot Turkey Sandwich
Mashed Potatoes
Giblet Gravy
Buttered Spinach
Tropical Fruit

25

Hash Brown Ham Casse-
role
Lima Beans
Wheat Roll
Ambrosia Salad

26

Oven Fried Chicken
New Buttered Potatoes
Buttered Broccoli
Wheat Roll
Pears