

December 2025

Mon

Tue

Wed

Thu

Fri



1

Grilled Chicken Sandwich
Baked Potato Chips
Carrots
Baked Beans
Pineapple Tidbits
Milk

2

Meatloaf
Mashed Potatoes
Sweet Peas
Whole Grain Roll
Mixed Fruit
Milk

3

Herbed Pork Loin
Buttered Noodles
Green Beans
Whole Grain Roll
Margarine
Cinnamon Applesauce
Milk

4

Roast Turkey
Scalloped Potatoes
Lima Beans
Whole Grain Roll
Margarine
Peaches
Milk

5

Oven Fried Chicken
Spinach
Macaroni & Cheese
Whole Grain Roll
Margarine
Baked Apples
Milk

8

Sloppy Joe
Creamy Cole Slaw
Green Beans
Banana
Milk

9

BBQ Pulled Pork Sandwich
Sweet Potato Puffs
Broccoli and Cheese
Mixed Fruit
Milk

10

Chili with Beans
Saltines
Baked Potato
Margarine/Sour Cream
Clementine
Milk

11

Breaded Pork Chop
Cooked Cabbage
Black Eyed Peas
Whole Grain Roll
Fried Apples
Milk

12

Chicken Rice Casserole
Broccoli
Cottage Cheese & Pineapple
Whole Grain Roll
Margarine
Milk

15

Fish Sandwich
Macaroni & Cheese
Roasted Brussel Sprouts
Peaches
Milk

16

Pork Chop with Mushroom Gravy
Macaroni & Tomatoes
Mashed Potatoes
Whole Grain Roll
Margarine
Applesauce
Milk

17

Pizza Casserole
California Vegetable Blend
Garlic Breadstick
Brownie
Milk

18

Oven Fried Chicken
Baked Sweet Potato
Green Beans
Whole Grain Roll
Margarine
Vanilla Pudding
Milk

19

Cheese Burger Deluxe
Potato Wedges
Baked Beans
Red Grapes
Milk

22

Bean with Ham Soup
Seasoned Greens
Cornbread
Margarine
Apple Slices
Peanut Butter
V8 Vegetable Juice
Milk

23

Turkey & Stuffing Casserole
Green Beans
Mashed Potatoes
Whole Grain Roll
Margarine
Chocolate Pudding
Peaches
Milk

24



25



26



29

Fish Sandwich
Broccoli & Cauliflower
Scalloped Potatoes
Applesauce
Milk

30

Tuscan Bean & Sausage Soup
House Salad
Creamy French Dressing
Cornbread
Margarine
Clementine
Milk

31



This menu is available in all 9 PACS Senior Centers - Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties

Pennyrile Allied Community Services

Making a difference in Kentucky



All menu items are subject to change based on availability.
PACS

