

December 2020

Mon

Tue

Wed

Thu

Fri



1
Chicken & Dumplings
Buttered Broccoli
Seasoned Corn
Cornbread
Jello Fruit Salad

2
Meat Loaf
Mashed Potatoes
Green Beans
Wheat Roll
Banana Pudding

3
Green Pepper Casserole
New Buttered Potatoes
Tropical Fruit
Wheat Roll

4
Chicken Alfredo
Buttered Spinach
Garlic Breadstick
Mandarin Oranges
Margarine

7
Vegetable Soup
Hamburger/WW Bun
Lettuce, Tomato, On-
ion
Crackers
Oatmeal Raisin Cookie

8
BBQ Chicken/Wheat Bun
Baked Potato
Green Bean Casserole
Baked Apples/Raisins
Margarine
Sour Cream

9
Baked Potato Soup
Chicken Drumstick
Seasoned Peas
Cornbread
Pear Crisp

10
Beef Lasagna
Buttered Broccoli
Garlic Breadstick
Jello Fruit Salad

11
Baked Catfish
Navy Beans
Cole Slaw
Ambrosia Fruit Salad
Cornbread

14
Meatballs/Gravy
Mashed Potatoes
Seasoned Peas
Wheat Roll
Tropical Fruit

15
Chicken/Brown Rice Cas-
serole
Buttered Spinach
Wheat Roll
Banana Pudding
Margarine

16
Baked Spaghetti
Broccoli Salad
Mandarin Oranges
Garlic Breadstick

17
Pork Roast
Baked Sweet Potato
Black-eyed Peas
Carrot Raisin Salad
Cornbread

18
Hot Turkey Sandwich
Mashed Potatoes
Giblet Gravy
Buttered Spinach
Wheat Bread
Tropical Fruit

21
Taco Soup
Baked Potato
Sour Cream
Margarine
Cornbread
Apple Crisp

22
Roast Turkey
Corn Bread Dressing
Giblet Gravy
Mashed Potatoes
Green Bean Casserole
Cranberry Gelatin Salad

23
Chicken Pot Pie
Baked Potato
Sour Cream
Margarine
Green Beans
Mandarin Oranges
Wheat Bread



29
Frankfurter & Kraut
Mashed Potatoes
Black-eyed Peas
Vanilla Pudding
Corn Bread

30
Sloppy Joe/Bun
Hash Brown Casserole
Baked Pork and Beans
Baked Apples/Raisins



All menu items are
subject to change based
on availability.
PACS

Pennyrile Allied Community Services

Making a difference in Kentucky



This menu is available
in all 9 PACS Senior
Centers - Caldwell,
Christian, Crittenden,
Hopkins, Livingston,
Lyon, Muhlenberg,
Todd & Trigg Counties