

Department for Aging & Independent Living Presents

Coffee + Conversations with Caregivers

Open to all caregivers!

**Wednesday,
November 19, 2025**

8 AM - 12 PM

**Christian County Extension Office
2850 Pembroke Rd, Hopkinsville, KY 42240**

Reservation required by November 10, 2025.
Contact Miranda White or Tammy Meredith by
phone at 1-800-928-7233 .

LUNCH WILL BE PROVIDED | DOOR PRIZE DRAWINGS

Conversation Style Sessions:

- **Brewing Up Truth:** Legal Issues as it Relates to Caregiving
- **Refilling Your Cup:** Avoiding Caregiver Burnout
- **A Cup for Every Season:** End of Life Planning
- **Quick Sips of Wisdom:** Practical Tips for Caregivers

