

# AUGUST 2025

*Mon*

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|                                                                                                                                                 |                                                                                                                                     |                                                                                                                                              |                                                                                                                     | 1<br>Dijon Chicken Mushroom Casserole<br>Green Beans<br>Whole Grain Roll<br>Clementine<br>Milk                     |
| 4<br>BBQ Chicken Breast<br>Collard Greens<br>Whipped Sweet Potatoes<br>Whole Grain Roll<br>Margarine<br>Pineapple Chunks<br>Milk                | 5<br>Cheese Burger Deluxe<br>Baked Beans<br>Green Beans<br>Apple Slices<br>Milk                                                     | 6<br>Oven Fried Chicken Breast<br>Mashed Potatoes with Gravy<br>Sweet Peas<br>Whole Grain Roll<br>Banana<br>Milk                             | 7<br>Spaghetti with Meat Sauce<br>Garden Seasoned Broccoli<br>Galic Breadstick<br>Lemon Bar<br>Milk                 | 8<br>Pork with Kraut<br>Macaroni & Tomatoes<br>Lima Beans<br>Whole Grain Roll<br>Ambrosia Salad<br>Milk            |
| 11<br>Fish Sandwich<br>Sweet Potato Fries<br>Creamy Cole Slaw<br>Clementine<br>Milk                                                             | 12<br>Meatloaf<br>Garlic Mashed Potatoes<br>Sweet Peas<br>Whole Grain Roll<br>Margarine<br>Peaches<br>Milk                          | 13<br>Grilled Chicken Salad<br>Italian Dressing<br>Corn Chowder<br>Whole Grain Roll<br>Chocolate Chip Cookie<br>Milk                         | 14<br>Breaded Pork Chop<br>Collard Greens<br>Mashed Potatoes with Gravy<br>Whole Grain Roll<br>Fried Apples<br>Milk | 15<br>Baked Chicken<br>Broccoli and Cheese<br>Scalloped Potatoes<br>Whole Grain Roll<br>Margarine<br>Apple<br>Milk |
| 18<br>Oven Fried Chicken Breast<br>Collard Greens<br>Au Gratin Potatoes<br>Whole Grain Roll<br>Banana<br>Milk                                   | 19<br>Baked Spaghetti<br>House Salad<br>Creamy French Dressing<br>Broccoli & Cauliflower<br>Garlic Breadstick<br>Red Grapes<br>Milk | 20<br>Roast Turkey<br>Baked Potatoes<br>Margarine/Sour Cream<br>Herb Glazed Carrots<br>Whole Grain Roll<br>Diced Pears<br>Milk               | 21<br>Salmon Patty<br>Succotash<br>Buttered Noodles<br>Whole Grain Roll<br>Apple Slices<br>Graham Crackers<br>Milk  | 22<br>Cheese Burger Deluxe<br>Cole Slaw<br>Baked Potato Chips<br>Applesauce<br>Milk                                |
| 25<br>Turkey Sandwich<br>Tomato Soup<br>Broccoli Raisin Salad<br>Colby Jack Cheese Stick<br>Citrus Fruit Salad<br>Milk                          | 26<br>Herbed Pork Loin<br>Lima Beans<br>Sweet Potatoes<br>Whole Grain Roll<br>Margarine<br>Mandarin Oranges<br>Milk                 | 27<br>Salisbury Steak<br>Mashed Potatoes with Gravy<br>Roasted Brussel Sprouts<br>Whole Grain Roll<br>Margarine<br>Orange Cream Bars<br>Milk | 28<br>Grilled Chicken Sandwich<br>Crumb Topped Brussel Sprouts<br>Whipped Sweet Potatoes<br>Lemon Bars<br>Milk      | 29<br>Meatloaf<br>Mashed Potatoes<br>Sweet Peas<br>Whole Grain Roll<br>Margarine<br>Clementine<br>Milk             |
| This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd & Trigg Counties. |                                                                                                                                     |                                                                                                                                              |                                                                                                                     | All menu items are subject to change based on availability.<br>PACS<br>Milk/Coffee/Tea/Water available each day.   |