

AUGUST 2021

Mon	Tue	Wed	Thu	Fri
BBQ Chicken Macaroni & Cheese Green Bean Casserole Wheat Bun Baked Apples/Raisins	3 Meat Loaf Mashed Potatoes Seasoned Cabbage Peach Crisp Wheat Roll	4 Mexican Lasagna Buttered Broccoli Garlic Breadstick Jell-O Cake	5 Chicken Pot Pie Twice Baked Potato Green Beans Dreamsicle Gelatin Wheat Bread	6 Baked Catfish Navy Beans Cole Slaw Ambrosia Fruit Salad Corn Bread Margarine
9 Franks/Sauerkraut Mashed Potatoes Black-eyed Peas Peach Cobbler Corn Bread Margarine	10 Spaghetti/Meat Sauce Broccoli Salad Garlic Breadstick Apple Crisp	11 Hot Turkey Sandwich Mashed Potatoes Giblet Gravy Buttered Spinach Tropical Fruit	12 Hash Brown Ham Casse- role Lima Beans Wheat Roll Ambrosia Salad	Oven Fried Chicken New Buttered Potatoes Buttered Broccoli Wheat Roll Pears
16 Breaded Pollock Pinto Beans Cole Slaw Corn Bread Vanilla Pudding	17 Chicken Parmesan Baked Potato Margarine Sour Cream Broccoli Casserole Pineapple Delight	18 BBQ Pork/Wheat Bun Au Gratin Potatoes Cucumber Salad Oatmeal Raisin Cookie	Beef Pot Roast Mashed Potatoes Brown Gravy Squash Casserole Wheat Roll Peach Cobbler	20 Beef Stew Brown Rice Cole Slaw Corn Bread Pineapple Delight Margarine
23 Sloppy Joe/Wheat Bun Hash Brown Casserole Baked Pork n Beans Baked Apples/Raisins	24 Baked Italian Chicken Mashed Potatoes White Gravy Peas & Carrots Banana Pudding Whole Grain Biscuit	25 Lasagna Buttered Broccoli Garlic Breadstick Jell-o Fruit Salad Margarine	26 Pulled Pork Pork Gravy Mashed Potatoes Peas & Carrots Corn Bread Pineapple Delight	27 Beef Stroganoff Noodles Cucumber Salad Wheat Roll Banana Pudding
30 Hamburger/Bun Lettuce/Tomato/Onion Baked Pork n Beans Baked Potato Sour Cream Mandarin Oranges	31 Baked Potato Soup Chicken Drumstick Seasoned Peas Corn Bread Pear Crisp			
This menu is available in PACS Senior Centers in Caldwell, Christian, Crittenden, Hopkins, Liv- ingston, Lyon, Muhlenberg, Todd & Trigg Counties.	Pennyrile Allied Co	ommunity Services Making a difference in Kentucky	CTION	All menu items are subject to change based on availability. PACS Milk/Coffee/Tea/Water available each day.