# MINUTES PENNYRILE AAAIL ADVISORY COUNCIL September 28, 2016

The Pennyrile AAAIL Advisory Council meeting was held September 28, 2016 at the Pennyrile Area Development District, Hopkinsville, KY.

A quorum was established with the following Council members present:

## **COUNCIL MEMBERS**

Ms. Patricia George	<b>Caldwell County</b>
Ms. Jan Vied	<b>Caldwell County</b>
Ms. Betsy Meredith	<b>Caldwell County</b>
Ms. Sherri Turner	<b>Christian County</b>
Mr. Richard Quarles	<b>Christian County</b>
Ms. Sarah Ford	<b>Crittenden County</b>
Ms. Margaret Gilland	<b>Crittenden County</b>
Ms. Thelma McNeil	<b>Hopkins County</b>
Ms. Wanda Wilson	<b>Hopkins County</b>
Mr. C.R. Long	<b>Livingston County</b>
Ms. Betty Thorpe	<b>Lyon County</b>
Mr. John Grace	<b>Muhlenberg County</b>
Ms. Barbara Jordan	<b>Todd County</b>
Ms. Sue Rose	<b>Todd County</b>
Mr. William Lawrence	Trigg County
Ms. Charlotte Brown	<b>Trigg County</b>

#### **SERVICE PROVIDER REPRESENTATIVES:**

**GUEST:** Barb Doss – Guardian Medical Monitoring

# **STAFF:**

Mitzi Bumphus – PACS – Caldwell Co.

Angela Jarvis – PACS – Hopkins Co.

Jennifer Kirk – PACS – Livingston Co.

Iris Lawrence – PACS – Trigg Co.

Krystal DeMond – PACS – Muhlenberg Co.

Penny Hyams - PACS – Todd Co.

Toni Crayne – PACS – Lyon Co.

Rossia Schneider – PACS - Christian Co.

Jenny Sosh – PACS - Crittenden Co.

Charlotte Lyons - PACS

#### **CALL TO ORDER:**

Meeting was called to order by Margaret Gilland followed by the Pledge of Allegiance.

#### **MINUTES:**

A motion was made and seconded to approve the March 16, 2016 and May 18, 2016 minutes as printed. The motion carried.

### **OLD BUSINESS:**

Margaret Gilland opened by providing a brief update on the 2016 Pennyrile Senior games that was held September 12-14 at the Hopkinsville-Christian County Recreation

Department in Hopkinsville. Margaret reported that attendance was down this year, but that a good time was had by all.

Payton Kidd provided an update on the CDO program. Effective September 15<sup>th</sup>, the CDO program is now called the Participant Directed Services (PDS). It is a home community waiver version 2. Payton mentioned that it is a participant driven program and that the purpose to prolong or prevent nursing facility placement. Payton stated that PDS is an alternative to the traditional service delivery model under the Medicaid Waiver. Payton stated that PDS is about freedom of choice and person centered planning. Payton discussed the different types of services available through the PDS program and mentioned that some services are now combined. Payton stated that home delivered meals are a new component of the waiver and he reported that DAIL is currently working on additional clarification of the service. Payton provided information on other changes associated with the program. Payton discussed the Medicaid Waiver Management Application system that was implemented on April 17<sup>th</sup>, 2015. He stated that it is a secure website where all information is entered electronically. Payton reported that effective September 15, 2015 that the Department of Medicaid Services hired RN Assessors who will begin conducting the assessments and reassessments for the program. Payton discussed Conflict Free Case Management and stated that after September 15, 2016 that providers who provided case management to an individual are no longer allowed to provide waiver services to that individual unless the provider is the only willing and qualified provider in that area. Payton reported that he received eleven referrals in less than two days from one home health agency. Payton discussed the employee requirements for the program and reported that immediate family members are no longer able to be paid employees. Payton discussed the appeals process for allowing family members to be paid employees. He stated the program is becoming stricter and that prior to September 15, 2016 that only two background checks were required. Payton reported that now the program requires that all employees have four different background checks, a TB skin test and certification in CPR and First Aid. Payton provided a cost comparison for assisted living or nursing home placement verses keeping clients in their home with PDS/HCB. Payton provide contact information for the program.

Debra Cansler reported on the Kentucky Family Caregiver Support Program for FY'16. Debra mentioned that 53 grandparents and 98 grandchildren were served through the program. Debra provided a breakdown by county of the number of grandchildren being served through the program. She stated that \$39,668 in supplemental funds had been allocated to grandparents in the program for FY'16. Debra mentioned that funds are available and provided contact information for the program.

Bruce reported on the first quarter of FY'17 for the National Family Caregiver Support Program. Bruce mentioned that the program primarily assists people with caring for disabled individuals 60 years old and over. He reported that respite care, supplemental services, support groups and caregiver trainings are services provided through the program. Bruce stated that access assistance served 32 clients and provided 73 units. Respite served 24 clients and provided 1,055 units. Supplemental served 11 clients and provided 13 units.

Bruce provided information on services provided to Grandparents through the National Family Caregiver Support program for the first quarter of FY'17. He mentioned that access assistance

served 6 clients and provided 21 units of service. Supplemental services provided 7 units and served 12 clients. Bruce discussed the support groups offered through the program. Currently, the support groups have 13 unduplicated clients. Bruce reviewed the current support groups and provided information on the time, dates and location of the meetings and educational trainings offered through the National Family Caregiver program.

Bruce provided an update on the 2016 Alzheimer's Walk that was held Saturday, September 26<sup>th</sup> in Hopkinsville. He reported that over \$95,000 was raised. Bruce mentioned that the local chapter is one of the most productive chapters in the state.

Bruce reported on FY'16 for the LTC Ombudsman Program. Bruce mentioned that the primary role of the Ombudsman is to advocate for residents in nursing facilities, investigate and resolve complaints made by residents or families and empower residents with information about their rights. Bruce stated that the Ombudsman office serves the nine county Pennyrile region with 32 facilities and 2,566 beds. Bruce reported that the LTC Ombudsman office provided 1,343 consults to individuals and 105 to facilities. Bruce stated that 357 facility visits were completed. He mentioned that the LTC Ombudsman office participated in 106 facility surveys. Bruce reported that the LTC Ombudsman office received 330 complaints. Bruce discussed the top three complaints; care, choice and environment. October is Resident Rights Month and Bruce mentioned that the LTC Ombudsman office is in need of volunteers, friendly visitors and certified ombudsman volunteers. Contact information for anyone interested in becoming a volunteer for the Ombudsman program was provided.

Amanda Stokes reported on FY'16 for Title III, Homecare, Adult Day Care, Title V and SHIP. Amanda stated that Title III services served 685 clients and provided 118,955 home delivered meals. Title III congregate meals served 830 clients and served 68,461 congregate meals. Title III homemaking services provided 17,511 hours of homemaking services and served 319 clients. Amanda provided information on the Trigg County Adult Day Care Center that was phased out in the last quarter of FY'16. She stated that 3,159 hours of service were provided through the program and that 8 clients were served. Amanda provided a brief update on the current waiting list for the Pennyrile region. She mentioned that the top three services requested are for home delivered meals, homemaking and personal care services. Home delivered meals has 275 requests, homemaking 233 and personal care has 42. Amanda stated that she expected the waiting list numbers to increase and stated that individuals are being contacted once a quarter to see if their needs have changed.

Amanda provided an update for FY'16 for the Aging & Disability Resource Center. Amanda reported that the ADRC received 2,140 calls and completed 1,200 ADRC level 1 screenings. Amanda stated that most of the calls received were self-referrals. Amanda provided the ADRC 800 number for individuals to contact if interested in any services offered through the Pennyrile AAAIL program.

Amanda reported on the MIPPA program. She stated that the Extra Help program offers assistance to low and limited income Medicare individuals in paying for monthly premiums, annual deductibles and prescription copay under the program. Amanda mentioned that 32 applications were completed in FY'16 with 20 LIS applications and 9 MSP applications. Amanda stated that the MIPPA program provided an outreach with brochures to 1,982 individuals.

Amanda reported that the Pennyrile AAAIL signed a contract on August 1, 2016 with the Kentucky Department for Education to be the sponsor agency for the Child and Adult Care Food Program through the USDA for the Pennyrile region. Amanda mentioned that there are 27 daycare home providers in the Pennyrile region and that the program will expand to Davies, Union and Henderson counties. The Pennyrile AAAIL staff are required to visit the daycare homes three times a year. Amanda reported that that the daycare homes are required to serve certain menu components and portion sizes to meet nutritional requirements, which allows the daycare homes to receive reimbursement for the meals. Amanda stated that all daycare homes are licensed, registered or certified through the state.

#### **NEWS BUSINESS:**

Jill mentioned that the Pennyrile AAAIL Executive Committee met earlier to discuss the FY'17 budget. She stated that last year that the Governor passed a 9.5 % budget cut and that the AAAIL received specific instructions on where to take the cuts. Jill reported that the cuts were made to the ADRC, Kentucky Caregiver and other state programs. Overall, compared to FY'16 to FY'17, there was an \$83,000 decrease. Jill reported that a freeze was implemented last year after the Governor's budget cuts and no new services or clients were added, which assisted in existing clients not being discharged from services. Jill mentioned that the waiting list continues to grow due to the budget cuts and that no new services or clients are currently being added. Jill mentioned that she expected contract modification drafts in December, but stated that she did not foresee the budget changing significantly for the remainder of the fiscal year. Jill mentioned that many ADD's across the state completely suspended the Kentucky Caregiver program, but that the Pennyrile AAAIL will continue to serve grandparent. However, she stated that less grandparents will be served.

Jill discussed the Child and Adult Care Food Program. She reported that the program provides money through USDA to in-home child care providers, adult day care centers, schools and head start programs. Jill mentioned that the Pennyrile AAAIL has a history of working with the USDA with the elderly nutrition program. Jill reported that the Pennyrile AAAIL will be the sponsor agency for West Kentucky and that there is some expansion expected in the program.

Jill referred Council members to the bylaw hand-out and stated that the Executive Committee will meet to review the bylaws and that a copy will be mailed out prior to the December meeting. Jill stated that any changes or revisions made to the bylaws will need approval by the AAAIL Council at the December meeting.

Jill reported that DAIL will conduct monitoring on October 6 for a few programs and will return to monitor the rest of the program throughout October. Additional information will be provided at the December meeting.

Jill discussed the PDS program. She stated that it is undergoing a lot of changes and that additional information and updates will be provided as the new changes are implemented.

Jill reported the Veterans program is continuing to expand and stated that the Pennyrile AAAIL continues to be the only AAAIL in Kentucky that has completed a readiness review and has an agreement with the Veterans Administration. The services have been expanded for veterans into the Green River ADD and Purchase ADDD. The Pennyrile AAAIL negotiated a subcontract

with the agencies to provide case management and assessment component. Jill reported that the Pennyrile AAAIL will be recognized at the national level for the program in San Antonio, Texas next month and that Jason Vincent, PADD Director will accept the award on behalf of the Pennyrile AAAIL.

Jill briefly discussed the 2016 Pennyrile Senior games. She mentioned that it was the 30<sup>th</sup> year for the games and that it was the longest standing senior games in Kentucky. Jill thanked all the senior center directors for providing transportation for participants.

Jill provided a quiz to all AAAIL Council members. Jill reported that it is a requirement from DAIL and asked all Council members to finish the quiz. She stated that it is part of DAIL's monitoring process.

Barb Doss with Guardian Medical Monitoring provided a presentation on the medical monitoring equipment available.

With no further business, a motion to adjourn was made, seconded and approved. Meeting adjourned.