

**MINUTES  
PENNYRILE AAAIL ADVISORY COUNCIL  
March 16, 2016**

The Pennyrile AAAIL Advisory Council meeting was held March 16, 2016 at the Pennyrile Area Development District, Hopkinsville, KY.

A quorum was established with the following Council members present:

**COUNCIL MEMBERS**

**Ms. Patricia George  
Ms. Jan Vied  
Ms. Sherri Turner  
Mr. Richard Quarles  
Ms. Sarah Ford  
Ms. Margaret Gilland  
Ms. Thelma McNeil  
Mr. C.R. Long  
Ms. Betty Thorpe  
Mr. John Kinney  
Mr. John Grace  
Ms. Barbara Jordan  
Ms. Diana Walton  
Ms. Sue Rose  
Mr. William Lawrence  
Ms. Charlotte Brown**

**Caldwell County  
Caldwell County  
Christian County  
Christian County  
Crittenden County  
Crittenden County  
Hopkins County  
Livingston County  
Lyon County  
Muhlenberg County  
Muhlenberg County  
Todd County  
Todd County  
Todd County  
Trigg County  
Trigg County**

**SERVICE PROVIDER REPRESENTATIVES:**

Rachel Cook – PACS

**STAFF:**

Mitzi Bumphus – PACS – Caldwell Co.  
Angela Jarvis – PACS – Hopkins Co.  
Jennifer Kirk – PACS – Livingston Co.  
Iris Lawrence – PACS – Trigg Co.  
Krystal DeMond – PACS – Muhlenberg Co.  
Lindy Holloway – PACS

Penny Hyams - PACS – Todd Co.  
Toni Crayne – PACS – Lyon Co.  
Rossia Schneider – PACS - Christian Co.  
Jenny Sosh – PACS - Crittenden Co.  
Kim Mitchell – PACS – Muhlenberg Co.  
Charlotte Lyons - PACS

**GUESTS:**

Nancy Harper – KY Office for the Blind  
Nancy Carter – Christian Care Communities

**CALL TO ORDER:**

Meeting was called to order by Margaret Gilland followed by the Pledge of Allegiance.

**MINUTES:**

A motion was made and seconded to approve the revised December 9, 2015 minutes as printed. The motion carried.

### **OLD BUSINESS:**

Margaret Gilland opened by recognizing new Council members, Sherri Turner from Christian County, John Grace from Muhlenberg County and Angela Jarvis, Senior Center Director at Hopkins County. Margaret recognized guests, Nancy Harper, KY Office for the Blind and Nancy Carter with Christian Care Communities.

Payton Kidd provided a review of the CDO program. Payton stated that the program is an alternative to the traditional service delivery model under the Medicaid Waiver. He mentioned that the program is designed to allow clients more choice, flexibility and options regarding their in-home waiver services. Payton discussed the different types of services available through the CDO program; homemaking, personal care, respite, attendant care and goods and services. Payton reviewed the list of approved items for goods and services. Payton reported that there are currently 75 active clients enrolled in the program and 3 pending. Payton provided a breakdown of active and pending clients by county. Currently, the CDO program is serving clients in all nine counties of the Pennyriile region. Payton introduced Harley Nittler, CDO Support Broker.

Payton provided an update on the Kentucky Veterans Directed Care Program. He mentioned that program is new and that the Veterans Health Administration and the Administration for Community Living formed a partnership to develop the VDHCBs programs that will enhance home-based support services for veterans. Payton stated that the VDHCBs program offers veterans a flexible budget to purchase services that help them live independently at home rather than in an institution. Payton reviewed the program requirements and stated that the VDHCBs program will not duplicate any services that are already provided by the VAMC. He mentioned that the VDHCBs program includes a functional assessment, home-based services, options counseling, support services and financial management. Payton reported that there are currently three active veterans in the program and one pending referral.

Debra Cansler reported on the Kentucky Family Caregiver Support Program for the second quarter of FY'16. Debra mentioned that 38 grandparents and 69 grandchildren were served through the program. Debra provided a breakdown by county of the number of grandchildren being served through the program. She stated that \$20,347 in supplemental funds had been allocated to grandparents in the program for the second quarter of FY'16. Debra provided information on the annual grandparents training scheduled for May 11<sup>th</sup> at 10 am at the PADD Office. Debra provided contact information to register for the training.

Bruce reported on the second quarter of FY'16 for the National Family Caregiver Support Program. Bruce mentioned that the program primarily assists people with caring for disabled individuals 60 years old and over. He reported that respite care, supplemental services, support groups and caregiver trainings are services provided through the program. Bruce stated that access assistance served 53 clients and provided 233 units. Respite served 29 clients and provided 1,911 units. Supplemental served 19 clients and provided 35 units.

Bruce provided information on services provided to Grandparents through the National Family Caregiver Support program for the second quarter of FY'16. He mentioned that access assistance served 10 clients and provided 30 units of service. Supplemental services provided 10 units and served 17 clients.

Bruce discussed the support groups offered through the program. Currently, the support groups have 32 unduplicated clients. Bruce reviewed the current support groups and provided information on the time, dates and location of the meetings and educational trainings offered through the Family Caregiver program.

Cindy provided an update for the second quarter of FY'16 for the Ombudsman Program. Cindy mentioned that the primary role of the Ombudsman is to insure quality care for residents in nursing facilities, investigate and resolve complaints made by residents or families and to provide community education on resident rights. Cindy stated that the Ombudsman office serves the nine county Pennyrile region with 32 facilities and 2,566 beds. Cindy reported that the average age of a resident in a nursing facility is 84 years old and that 50% have no close relatives, 60% have no visitors and that few can walk. She mentioned that many suffer from loss, anxiety, depression and other emotional problems. Cindy reported that there were 112 new complaints and she discussed the three top complaints, care, rights and environment. Cindy stated that 83 facility visits were completed. She mentioned that 536 consults were provided to individuals and 26 to facilities. Cindy stated that the LTCO Ombudsman office also participated in 29 facility surveys. Cindy reported that the LTCO Ombudsman office is in need of volunteers, friendly visitors and certified ombudsman volunteers. Cindy provided contact information for anyone interested in becoming a volunteer for the Ombudsman program.

Cindy discussed the Pennyrile Elder Abuse Councils. She mentioned that the Council is divided into three chapters that service the nine counties in the Pennyrile Region. Cindy stated that the chapters are involved in bringing awareness and educating communities about elder abuse. Cindy provided information on the dates, times and locations of the elder abuse meetings.

Amanda Stokes reported on the second quarter of FY'16 for Title III, Homecare, Adult Day Care, Title V and SHIP. Amanda stated that Title III services served 484 clients and provided 54,181 home delivered meals. Title III congregate meals served 683 clients and served 33,648 congregate meals. Title III homemaking services provided 9,018 hours of homemaking services and served 279 clients. Amanda provided information on the Trigg County Adult Day Care Center. She stated that 1,816 hours of service were provided through the program and that 9 clients were served. Amanda provided information on the current waiting list for the Pennyrile region. She mentioned that the top three services requested are for home delivered meals, homemaking and personal care services. Home delivered meals has 158 requests, homemaking 192 and personal care has 36.

Amanda provided an update for the second quarter of FY'16 for the Aging & Disability Resource Center. Amanda reported that the ADRC received 513 calls and completed 239 ADRC level 1 screenings. Amanda stated that most of the calls received were self-referrals. Amanda provided the ADRC 800 number for individuals to contact if interested in any services offered through the Pennyrile AAAIL program.

Amanda reported on the MIPPA program. She stated that the Extra Help program offers assistance to low and limited income Medicare individuals in paying for monthly premiums, annual deductibles and prescription copay under the program. Amanda mentioned that 15 applications were completed in the second quarter of FY'16 with 13 LIS applications and 2 MSP applications.

**NEWS BUSINESS:**

Jill discussed the RFP process and timeline for FY'17, 18, 19. Jill mentioned that the Pennyriple AAAIL's procurement cycle is every three years. Jill reported that the RFP Committee met March 3, 2016 to review and score packets received for legal services and in-home services for Homecare and Title III. Jill stated that the Pennyriple AAAIL received one bid from Pennyriple Allied Community Services for in-home services for Homecare and Title III services. She mentioned that Kentucky Legal Aid submitted a bid for legal services. Jill stated that each packet was reviewed and assigned a score based on information submitted in the packet. The RFP Committee made a motion to make a recommendation to the Pennyriple Area Agency on Aging and Independent Living Advisory Council on Wednesday, March 16, 2016 to recommend the award to Kentucky Legal Aid Title III legal services district wide and award Pennyriple Allied Community Services for in-home services for Title III and Homecare for Caldwell, Crittenden, Hopkins, Livingston, Lyon, Muhlenberg, Todd and Trigg counties. Margaret Gilland asked for a motion to take the recommendations to the PADD Board of Directors meeting on April 11, 2016 for final approval. A motion was made and seconded. The motion passed.

Jill provided an update on FY'16 contracts. She reported that there will be at least a 4.5% budget cut before the end of the fiscal year. Jill stated modifications will be made once the numbers are received. Jill mentioned that additional budget cuts are expected for FY'17. She stated that the waiting list numbers may increase due to the budget cuts. Jill stated that additional information will be provided once it is received.

Jill reported that the Governor's Executive Order that went into effect October 1, 2015 had been rescinded by Governor Matt Bevens. She stated that it is no longer a requirement for contracts with services providers to pay employees \$10.10/hour.

Jill stated that a senior center participant from Todd County wrote a poem about the senior center. Jill read the poem to the Council and stated that the poem was also shared with DAIL and legislators.

Jill provided an update on the Senior Services Rally that was held in Frankfort, February 24, 2016 at the Capitol Rotunda. She mentioned that Bruce Carver, Cindy Tabor, senior center director, Jenny Sosh and several Council members from the LTCO and Pennyriple AAAIL Advisory Councils attended the rally. Jill stated that Governor Matt Bevens attended the rally. The group met with Senator Whitney Westerfield, Representative Myron Dossett and Representative Lynn Bechler after the rally to discuss issues affecting seniors. Cindy Tabor and Margaret Gilland spoke briefly regarding the Rally.

Jill mentioned that State monitors will be monitoring Homecare and Title III programs on March 31<sup>st</sup> and that the State dietitian will monitor the Hopkins County Senior Center.

Jill provided information on the annual Pennyriple AAAIL Staff, Council and Volunteer training scheduled for May 18<sup>th</sup> at Lake Barkley Convention Center. She stated that Mitchell Tolle will be one of the guest speakers scheduled for the training. Jill reported that the Senior Center Awards will also be announced at the training.

Jill provided an update on the Area Plan for FY'17. She reported that the Area Plan is due in April. Jill stated that revisions and updates will be made to the Area Plan.

Linsey Ramage, Dietitian with the Christian County Health Department provided a presentation on nutrition for National Nutritional Month.

With no further business, a motion to adjourn was made, seconded and approved.  
Meeting adjourned.