

# Walking in Wisdom

## Family Discussion Guide // Week 3 // Proverbs 3:5-6

“This Is The Way”

### Introduction: Why This Matters

Life is full of choices—from little things like what’s for dinner to big decisions about school, money, jobs, and relationships. But as we learned this week, wisdom isn’t found in knowing all the answers—it’s found in knowing the right Shepherd.

God doesn’t just give us directions—He gives us Himself. And when we trust Him, we find the path we were made to walk.

Let’s talk as a family about how we trust God, how we stop leaning on ourselves, and what it looks like to walk with Jesus every day.

### 1. Start Here: Place Your Trust

#### Read Proverbs 3:5a

“Trust in the Lord with all your heart...”

#### Ask:

- What does it mean to trust God “with all your heart”?
- Why is it hard to trust God when we don’t know what’s going to happen?
- What’s one area in your life where you need to trust Him more?

#### For Younger Kids:

“What does it mean to trust someone? Can you think of someone you trust? What does it mean to trust Jesus?”

## 2. Let Go: Abandon Self-Reliance

### Read Proverbs 3:5b

“...and do not lean on your own understanding.”

#### Ask:

- Why do we often try to figure things out on our own?
- Can you think of a time you made a decision without asking God? What happened?
- What would it look like to ask God first before making a choice?

#### For Younger Kids:

“Have you ever thought you knew the right thing to do but got it wrong? How can God help us make good choices?”

## 3. Walk With Him: Turn Toward God

### Read Proverbs 3:6a

“In all your ways acknowledge him...”

#### Ask:

- What does it mean to acknowledge God in *all* your ways—not just the big ones?
- What are some daily things (school, sports, money, conversations) where we can invite God in?
- Why do you think trusting God is part of following Him?

#### For Younger Kids:

“God wants to help us in every part of our day. What are some things you do that you can talk to God about?”



## 4. Follow the Shepherd: Heed His Path

### Read Proverbs 3:6b

“...and he will make straight your paths.”

#### **Ask:**

- Does this mean life will always be easy? Why or why not?
- What does it mean for God to “make your path straight” even when it’s hard?
- How does knowing Jesus is with you change how you make decisions?

#### **For Younger Kids:**

“Even if the path is hard, who goes with us? How does that help us feel brave?”

## Action Step: Walk the P.A.T.H.

### ➔ Challenge for the Week:

Pick one way to walk with Jesus more closely this week:

- **Place:** Write down one fear or worry and pray about it as a family.
- **Abandon:** Share one place where you've been trying to do it all on your own.
- **Turn:** Ask God for help before a decision—big or small.
- **Heed:** Talk about a next step God might be leading you toward—and take it together.

## Closing Prayer

"Jesus, we don't just want answers—we want You. Help us to trust You with all our hearts, to stop trying to figure it all out ourselves, and to walk with You every step of the way. Show us what it means to follow You, and give us the courage to obey. You are the Way. We want to follow You. Amen."

## Memory Verse for the Week

### Proverbs 17:17

*"Trust in the Lord with all your heart, and do not lean on your own understanding. In all your ways acknowledge him, and he will make straight your paths."*

Practice it together each night—or say one phrase each morning at breakfast!