

## Biblical Studies

### ***Bible Study on the Kingdom of God***

Start the year with a survey of the Bible in a six-week study. The study will provide an overview of the whole biblical history, starting with the covenant given to Abraham in Genesis and continuing to the fulfillment of the kingdom in Revelation. Join Pastor Elbert in reading through Scripture and engage in discussions.

*Mondays, Jan 22 to Mar 11, 10:00-11:30am  
in the Howald Parlor*

### ***Non-Canonical Scriptures***

Join Pastor Elbert and Dr. Bill in examining the non-canonical scriptures: The Dead Sea Scrolls and the Gnostic Gospels (Thomas and Judas). The classes will cover both history and content of these intriguing and controversial texts.

*Tuesdays, Feb 13 to Mar 5, 6:30-8:00pm  
in the Covenant Room of the Mission House*

### ***Sunday Service Discussion***

Drop in for facilitated open discussions with Ron Honeycutt and crew regarding Sunday's worship, liturgy, and sermon. Personal and collective agreements, disagreements, and questions regarding the service are welcome.

*Ongoing Sunday mornings, 10:45-11:45am  
in the Howald Parlor*

## History & Religion

### ***Tour of Four Middle Eastern Cities***

Dr. Bill will be presenting tours of four middle eastern cities: Jerusalem, Damascus, Baghdad and Istanbul. In addition to visiting numerous religious and cultural sites, each class will contain relevant historical information.

*Tuesdays, Jan 16 to Feb 6, 6:30-8:00pm  
in the Covenant Room of the Mission House*

### ***Search for the Historical Jesus***

Pastor Elbert leads a three-part series on looking at the work of archeology and the historical criticism of biblical text in understanding the personhood of Jesus in the first century.

*Tuesdays, Mar 12 to Mar 26, 6:30-8:00pm  
in the Covenant Room of the Mission House*

## All-Church Study

### ***The Walk***

Join in an all-church study during the season of Lent. Using Adam Hamilton's curriculum, "The Walk," small groups will discuss the five essential practices of the Christian life. Sunday sermons will also coordinate with this study. Order the study book from the office.

*Various dates & times, including Wednesdays,  
Feb 21 to Mar 20, 3:00-4:00pm online via Zoom*

## Music & the Arts

### ***Opera Du Jour***

Join us as we stream operas from the library of the New York Metropolitan Opera! We will watch them (subtitles provided) after a brief discussion of the plot, singers, and interesting tidbits about the productions and history of the opera and composer. Bring your own snacks, sit back, and enjoy!

*Saturdays, Jan 20, Feb 17, and Mar 16  
10:00am – noon in the Conference Room*

## Body & Soul

### ***Bone Builders***

Designed to enrich the lives of seniors, Bone Builders improve gait and dynamic balance skills, increase balance confidence, decrease fall risk and improve satisfaction for life.

*Classes on Tuesdays & Fridays at  
9:00am and 10:30am in Brooks Hall*

### ***Tai Chi***

Using a simplified form of Tai Chi, learn proper body alignment for balance and breathing control. Must register, class size is limited.

*In-person classes Mondays at 11:00am  
in Brooks Hall  
Online virtual class on Wednesdays at 10:00am*

Learning Opportunities			
<b>Sundays</b>	Sunday Discussion Group (ongoing starting Jan 21)		All-Church Study "The Walk" (2/18 - 3/21)
<b>Tuesday Evenings</b>	Middle Eastern Cities (1/16 - 2/6)	Non-Canonical Scriptures (2/13 - 3/5)	Historical Jesus (3/12 – 3/26)
<b>Ongoing Weekly Series</b>	Pastor's Bible Study ( <i>Mondays @ 10am</i> ); Tai Chi ( <i>Mondays @ 11:00am</i> ); Group for Grief Sharing ( <i>1<sup>st</sup> &amp; 3<sup>rd</sup> Tuesdays @ 10:30am</i> ); Bone Builders ( <i>Tuesdays &amp; Fridays @ 9am &amp; 10:30am</i> ) "Heart of Christianity" Slow-Read ( <i>Wednesdays @ 10am</i> ); Tai Chi ( <i>Wednesdays @ 10am</i> ) The Gift of Years ( <i>1<sup>st</sup> Thursdays @ 10am</i> ); Spiritual Growth Group ( <i>2<sup>nd</sup> &amp; 4<sup>th</sup> Thursdays @ 10am</i> )		

## **Body & Soul** (continued)

### ***Slow-Read Book Study***

A reading of Marcus Borg's *Heart of Christianity* as a group with discussions interwoven with the readings.

*Wednesdays, 10:00-11:30am  
in the HowaldParlor*

### ***Group for Grief Sharing***

Sooner or later we all experience grief from the loss of a loved one. For some, that event comes too soon. Sue LeBreton and Dr. Lynn Decker-Mahin lead a group where grief can be shared in a safe and confidential environment.

*First & Third Tuesdays, 10:30-11:30  
in the Howald Parlor.  
(The group will be on break during the month of  
January, but will resume in February.)*

### ***The Gift of Years***

Held on the first Thursday of each month, the group spends time talking and sharing about the personal journey as an aging adult. Topics include Meaning, Regret, Newness, Accomplishment, Dreams, Limitations, Solitude, Memories, Faith, Legacy, and so on.

*First Thursdays, 10:00-11:30am  
in the Howald Parlor*

### ***Spiritual Growth Group***

The group meets twice a month for meditation exercises. The group spends a few minutes greeting each other followed by the topic of meditation. Time is spent on centering and then individuals are given personal time for journaling and personal meditation. Please contact Gene Bream for more information.

*Second & Fourth Thursdays, 10:00-11:30am  
in the Howard Parlor*

## **Maker Ministry**

A multi-generational group meeting to create for the Creator and our community needs. Examples of projects include creating pride pens, Christmas stocking for troops, bookmarks for hymnals, baking goodies, Christmas flash mobs, and hats for the homeless. For more information, please contact Janet Kinch.

## **United Women in Faith**

The Camarillo UWFaith invites you to experience friendship, service, personal growth and supportive fellowship. Members nurture one another in community and support U.S. and international projects improving the lives of women, children and youth with their prayers, volunteer and advocacy efforts, and financial gifts. For more information, please contact Helen Faul.

## **United Methodist Men**

A ministry of men engaged in spiritual growth and engaged in supporting the work of the church and community. Monthly breakfast gathering includes a program speaker presentation and fellowship around good food. Activities planned throughout the year are open to the whole church. For more information, please contact Don Howald.

**CAMARILLO**  
**United Methodist Church**  
*Open Hearts ~ Open Minds ~ Open Doors*



**Adult Ministries**  
**Winter 2024**

(805) 482-4312  
[CamarilloUMC.org/classes-and-groups](http://CamarilloUMC.org/classes-and-groups)  
[classes@CamarilloUMC.org](mailto:classes@CamarilloUMC.org)