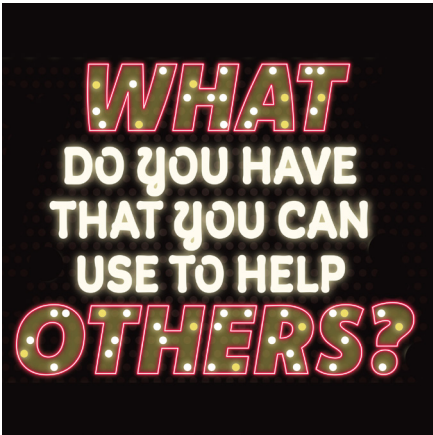


Spend some time thinking about the question below and journal your thoughts or share them with a parent.



Journaling lines for the question: WHAT DO YOU HAVE THAT YOU CAN USE TO HELP OTHERS?



Day 1

Journaling line for Day 1 header

After watching, write one thing that:

- 1. You liked:
- 2. You learned:
- 3. You'd like to know:



Day 2

Read John 6:1-13

Grab a sheet of paper and your favorite drawing utensils.

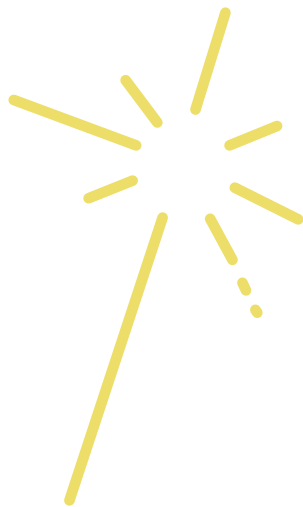
Then read John 6:1-13 and every time you get to a number, illustrate that object. (So, draw five loaves of bread, two fish, etc.)

When you get to 5,000, you obviously don't have to draw 5,000 people. But draw as many little circles as you can until your hand gets tired.

Lastly, draw a stack of 12 baskets.

When you see this story by the numbers, it's kind of crazy, isn't it? From five loaves of bread and two fish to enough food to feed a massive crowd of people and have 12 baskets leftover!

It's amazing to see what Jesus was able to do when a little boy offered what he had!



Day 3

Read the prayer out loud with your eyes open as you walk around your house, starting with your bedroom.

Look around and see what you have that you might be able to use to help others.

Dear God, I want to help others, and I know I need to use what I have to do that. Please show me what I have that I can use to help others. From the stuff that I have to the talents you've given me, to the resources you've given my family, and the extra things we don't even need, please open my eyes to how I can use it. In Jesus' Name, we pray. **Amen.**

Day 4

What do you have that you can use to help others?

There are many examples in the Bible of Jesus followers sharing all that they had with one another to help each other, as well as those around them. If you can recruit family and friends to use what they have too to help others, you will have even more to share!

Start with your family: the next time everyone is home, call a family meeting (or talk around the dinner table at your next meal). As a family, talk about what you have that you can use to help others. Make a plan to gather those items and talk about who could benefit from those things/experiences.

Next, reach out to your friends and see what they might have to help others. Explain to them the basics of the plan you made with your family and decide for sure who you want to donate the items to and/or how you want to offer your time and talents to help others.

Take some notes from both conversations and hold on to them until tomorrow.

Day 5

Use what you have to help others.

Have you ever seen your grownup make something for dinner out of what seems like nothing? Maybe they didn't get a chance to go to the store, so they are pulling items out of the fridge and pantry to figure out what they can make from the ingredients they have on hand.

Compassion can be a lot like that: figuring out what you have and seeing how you can use it to help others. Use your notes from the conversation with your family and friends to fill out the following recipe card. Then get started making the "dish!"

A Recipe for Compassion

Ingredients:

What to Do:

