Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



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September 2025



Day 1	After watching, write one thing that:
	1. You liked:
	2. You learned:
	3. You'd like to know:

Day 2

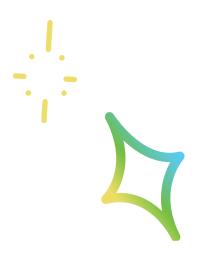
Read Mark 10:46-52

Get together with either your friends and/or family members and play a game of freeze tag.

Choose one person to be it and have them chase everyone else. When someone gets tagged by "It", they can become unfrozen if tagged again by someone else who is not "It". Play until either everyone has been tagged by "It" or a few minutes have passed.

Play a second round, except play with the lights off. After this round, gather everyone together to read Mark 10:46–52.

Talk about what kind of difficulties Bartimaeus would have faced in those times. Share with one another how Jesus' compassion made a difference and think through ways you can make a difference in someone's life by shining a light on their situations.



Day 3

Jesus stopped when He heard Bartimaeus call for help, and He made time to help Bartimaeus even though He had things to do.

It would have been easy to keep going with His plan, but when Jesus heard Bartimaeus's cries, He made time to help. Pray the following prayer asking God to help you make time to help others.

Dear God, thank You for making time to send Jesus to be my Savior, and for Jesus, Who made time to help everyone. I want to follow in His example and make time to help others, even when it costs me. Please open my eyes to see and my ears to hear those who need help, and then move me to follow through and make time to help them. In Jesus' Name, I pray. Amen.

Day 4

Find a notepad or piece of paper and a writing utensil.

Find three people today who can answer this question for you:

When has someone made time for you?

Then follow up that question by asking: How did it make you feel to have someone not only help you, but stop whatever they were doing and make time for you?

Take notes about their answers and hold on to them until tomorrow.



Day 5

Review the notes you took yesterday.

Grab a sheet of paper and answer these questions below:

- What did you learn about how it makes others feel when you make time to help them?
- Who are some people in your life who need help, and why do they need help?
- How can you make time to help them? Beside each idea, write how much time you think it will take to help them.

For the next few days, put your plan into action. When you are done with your helping activity, revisit what you wrote and see if you were right about how long it took you to help. Then think about what a difference you made in someone's life by making time to help them!