

# Life Inventory Worksheet

Date: \_\_\_\_\_

*Instructions: Find a quiet space, and spend some time prayerfully reflecting on the following questions. Then, complete the worksheet below. Revisit this every few months to see how you are doing and to note if any of your answers have changed.*

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1. **God:** In what ways am I truly seeking God first in my daily life, not just in moments of need?
  2. **People:** Am I loving, forgiving, and serving others as Christ calls me to, even when it's inconvenient?
  3. **Calling:** Am I faithfully using the gifts, talents, and opportunities God has given me to glorify Him and bless others?
  4. **Joy:** Where do I find joy in my life, and how am I finding deep joy in God and His purposes?
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## 1. God

- One way I am seeking God right now: \_\_\_\_\_
- One area I want to grow in spiritually: \_\_\_\_\_
- One step I will take this week to draw closer to God: \_\_\_\_\_

## 2. People

- One relationship I am investing in right now: \_\_\_\_\_
- One way I can love, serve, or forgive someone this week: \_\_\_\_\_  
\_\_\_\_\_
- One relationship I need to reevaluate or set healthy boundaries with: \_\_\_\_\_

## 3. Calling

- My current gifts, talents, or opportunities I am using: \_\_\_\_\_
- One area I want to grow or step out in my calling: \_\_\_\_\_
- One concrete action I will take this week to advance my purpose: \_\_\_\_\_  
\_\_\_\_\_

## 4. Joy

- One thing that brings me deep, lasting joy: \_\_\_\_\_
- One habit or activity I can add to experience more joy this week: \_\_\_\_\_  
\_\_\_\_\_
- One thing I need to release that drains my joy: \_\_\_\_\_

## Prayer:

*"Lord, thank You for showing me these areas of my life. Help me take these steps in faith, and let my life reflect Your love, purpose, and joy."*