

# Small Group Q&A – Red Letter Edition Pt. 9

He's Alive: Listen to Him – Matthew 28:1–5

## Sermon Reflection

The resurrection of Jesus is the ultimate victory over sin and death. When Mary and Mary first encountered the risen Christ, His words were “Rejoice.” Their response of clinging to His feet shows us the posture we should take: hold on to Jesus, worship Him, and never let go. Darkness turned to light, defeat became victory, and Christ has been given all authority. As His followers, we are called to rejoice in His triumph and go make disciples of all nations.

## Personal Application / Understanding the Message

1. Mary and Mary fell at Jesus’ feet and worshiped Him. What does it look like for you to “hold on” to Jesus in your daily life?  
*(How can worship become more than a Sunday experience for you?)*
2. Jesus’ first word after the resurrection was “Rejoice.” In what areas of your life do you need to choose joy because of His victory over sin and death?  
*(How can remembering the resurrection change your outlook this week?)*
3. What once looked like defeat at the cross became God’s setup for victory. Where in your life do you need to trust that God is working victory through what looks like defeat?  
*(How can your group encourage one another to walk by faith in these areas?)*
4. Jesus declared that all authority had been given to Him. How should His authority shape the way you respond to earthly powers, challenges, or fears?  
*(What practical ways can you live with boldness under Christ’s authority?)*
5. Jesus commanded us to go, make disciples, and teach others to obey His words. What does “Rejoice and Go” look like for you personally this week?  
*(Who can you encourage, teach, or share Jesus with in your daily circles?)*

## Prayer & Community

6. Pray that the Spirit would open eyes today to “see Jesus” clearly, just as the women did at the tomb.  
*(Ask God to remove human reasoning and give spiritual sight to you, your group, and those you are reaching.)*