

For Discussion:

1. Is being married harder or easier than you anticipated when you were engaged? If harder, why is it harder?
2. What are the challenges that hinder sexual intimacy in your marriage? (Be brave and answer the question without throwing your spouse under the bus.)
3. How old were you when you were married? Did you struggle with being single? Why or why not?
4. What is a circumstance in your life that you would like to change?
5. On a scale of 1-10, 10 being highly content, how content are you?
6. Read Ephesians 5:21-33.
 - Why is mutual submission important (verse 21)?
 - Is it ever okay for a wife to not submit to her husband?
 - Which is harder—for husbands to love their wives like Christ loves us (the church) or wives to submit to their husbands? Explain.
 - Are there conditions put on husbands loving their wives or wives respecting their husbands?

For Response and Application:

1. Within the next week set aside time to go on a date or carve out alone time at home to evaluate your marriage and sex life. What are the strengths and what are you thankful for? What are growth areas to work on?
2. Ask your spouse for his or her thoughts about attending re|engage.