



DECIDED

Time with Jesus

The D-Cycle is a curriculum containing content designed to establish the scriptural foundations of the faith in the life of a believer.

VISION FOR TIME WITH JESUS

Call it "Time with Jesus," "Morning Quiet Time," "Bible Study," or "Devotionals" — spending an intentional, set apart time with our Creator is essential to our relationship with Him. It is impossible to be formed into the image of Jesus without spending time with Him.

HEAD

Summary of Points

1. When we grow in our own personal relationships with Jesus through spending time with Him, we move from simply talking about Him in discipleship to knowing him for ourselves.
2. Loving God with our whole heart, mind, soul, and strength can be lived out in several ways. One way to cultivate this kind of friendship with God is through having a regular discipline of reading the Bible, praying, and worshiping.

WHY Scriptures

Love the Lord
Matthew 22:34-40

HOW Scriptures

Scripture

Psalms 1

Worship + Thanksgiving

Psalms 69:30

Prayer

Matthew 6:7-15

Discussion Methods

Below are two suggested methods for discussing Scripture.

Traditional DBS New Testament Letters	Inductive Bible Study Gospels, Acts, Old Testament Accounts
1. What does this say about God?	1. Observation – What happened?
2. What does this say about me/people?	2. Interpretation – What does it mean?
3. What is my obedient response?	3. Application – How can I obey?

HEART

Questions

1. What does it look like for you to love the Lord with all your heart, all your mind, all your soul, and all your strength?

Lifegroup content ends here

HANDS

Discipleship Actions

1. Find a set apart place for time with Jesus every day. Places that you may consider include your dorm, home, outdoors, or library.
 2. Make consistent space in your schedule for Time with Jesus and add it to your calendar.
 3. Spend Time with Jesus every day. You will not see the results in 1 day. Or even a week. Don't judge the way you feel after spending time with God in the beginning. It will bear fruit in your life if you choose to do it over a lifetime.
-

RESOURCES

[BibleProject on How to Read the Bible](#)

[Spotify Worship Playlist](#)