

MYCALLING

PARTICIPANT WORKBOOK

CONNECTING
YOUR STORY
WITH GOD'S.

MY CALLING

INTRODUCTION

THIS BOOKLET BELONGS TO _____

Welcome to My Calling! This workbook is designed to help you uncover and step into the **unique purpose** God has for your life. Over the next six sessions, you will journey through **discovering your calling, understanding how God has shaped you, and learning how to invest in others.**

Each of us was created with a **purpose**—not just to exist, but to make a difference. The Bible tells us in Ephesians 2:10 that *“We are God’s workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them.”* Your life has meaning, and this process will help you **identify and name the calling God has placed on you.**

WHAT TO EXPECT

In this workbook, you will:

- **Explore Your Story** | How your past experiences shape your purpose
- **Discover Your Passions** | The burdens and desires that drive you
- **Identify Your Abilities** | The strengths God has given you to serve others
- **Name Your Calling** | Bringing it all together into a clear, personal statement
- **Multiply Your Calling** | Learning how to disciple others and expand your impact

HOW TO USE THIS WORKBOOK

Each session includes:

- **Big Idea** | The key lesson of the session
- **Scripture References** | Foundational truths from God's Word
- **Main Points** | Essential takeaways to apply in your life
- **Key Questions & Exercises** | Thought-provoking activities to help you process, reflect, and act

This is more than just a study—it's a guide to **life transformation**. By the end of this journey, you will clearly understand how **your story, passions, and abilities** align with God's plan for your life and how you can step forward in faith.

This workbook is designed to help you reflect, take action, and step boldly into your calling. Let's confidently move forward, knowing that God has prepared us for great things!

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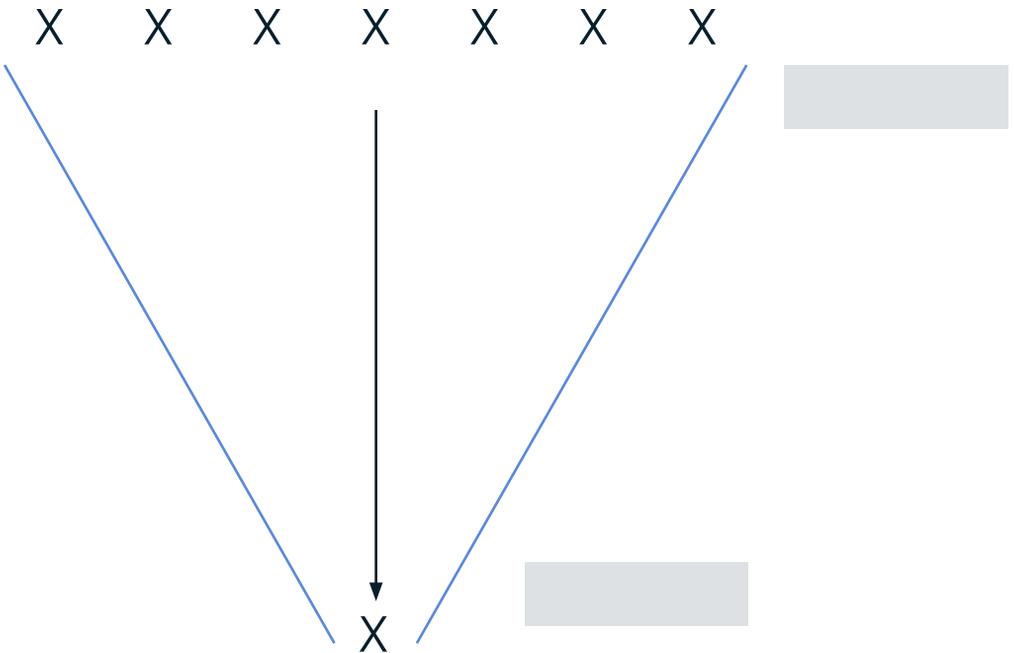
40. SESSION 6: MULTIPLY YOUR
CALLING

MY CALLING

SESSION 1: MY CALLING

THE FUNNEL STORY

ONE THING THAT CHANGES EVERYTHING



"There are lots of things you could do. But there is only one thing you must do. Most opportunities are distractions in disguise."

-Howard Hendricks

SESSION 1: MY CALLING

BIG THOUGHT

Freedom is not _____ you want to do.

Freedom is _____ who God has dreamed you to be.

READ:

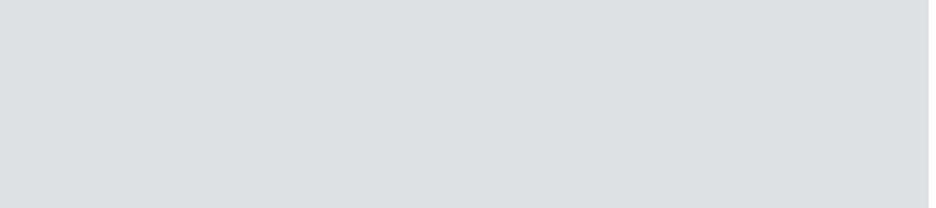
- Ephesians 2:1-10
- Jeremiah 29:11



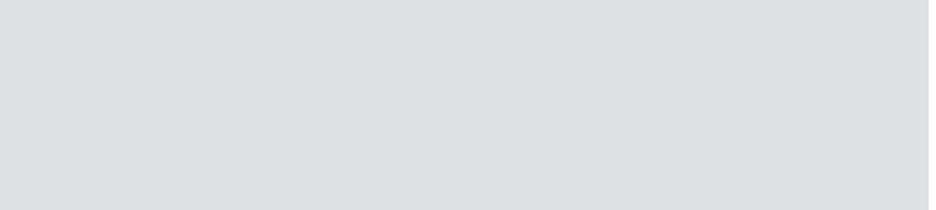
SESSION 1: MY CALLING

DISCUSSION QUESTIONS

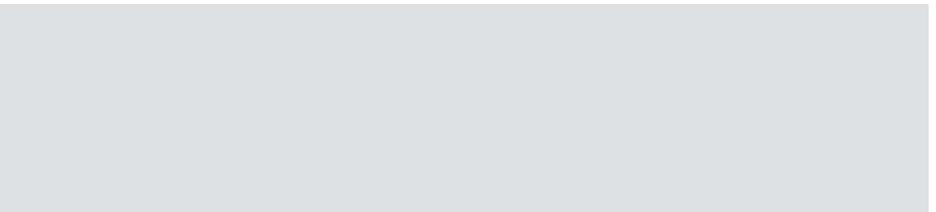
1. What is one question about your calling that you hope to answer?



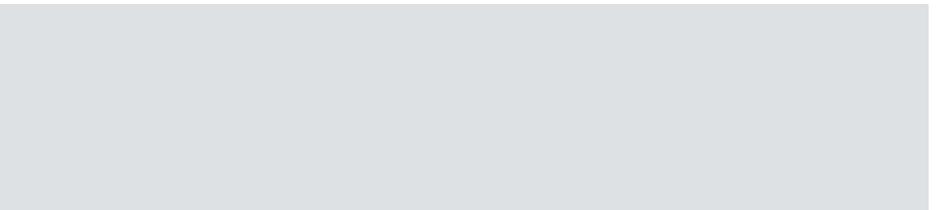
2. What resonated with you most about the concept of 'The Hendricks Funnel'? How does it challenge your current perspective on success versus significance?



3. In what ways has your understanding of Ephesians 2:1-10 deepened through this session? How does knowing you are God's 'masterpiece' impact how you view your calling?



4. When you think about your own life, do you see areas where you may be succeeding in things that don't matter most? What steps can you take to refocus on what truly aligns with your God-given calling?



SESSION 1: MY CALLING

TWO WORD EXAMPLES

_____ (your name) exists to honor God and help others by
_____ing _____.

JULIE: INSPIRING COURAGE

GINA MARIE: MAXIMIZING POTENTIAL

VICK: ARCHITECTING GREENHOUSES

TJ: MAPPING VOCATIONS

SUSAN: DESIGNING ENJOYMENT

MARY: RESTORING VALUE

SOPHIE: WELCOMING AUTHENTICITY

JESSE: CRAFTING CONFIDENCE

AUSTIN: EXCAVATING JOY

MALYSSA: NURTURING FUTURES

WILLIAM: MAKING CONNECTIONS

TRENTON: AWAKENING SLEEPERS

Notes

EXERCISE: IDENTIFYING YOUR CALLING

1. Complete the sentence **five times** using different two-word combinations:

2. I honor God and help others by _____ing _____.

SESSION 1: MY CALLING

TWO WORD WORKSHEET

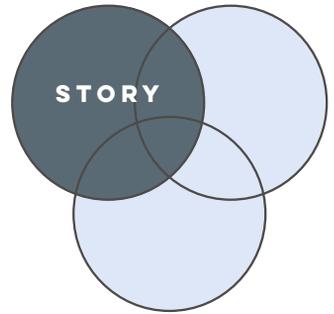
1. _____
2. _____
3. _____
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9. _____
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11. _____
12. _____
13. _____
14. _____
15. _____
16. _____
17. _____
18. _____
19. _____
20. _____

MY STORY

SESSION 2: MY STORY

What have my
experiences
prepared me
for?

CONNECT IT!



BIG THOUGHT

Everyone has _____ their story.

Some people have _____ their story.

Very few people can _____ their story in a way that helps them connect their story with God's story.

READ:

-1 Samuel 17:1-37

-Romans 8:28

SESSION 2: MY STORY

DISCUSSION QUESTIONS

1. David saw his past experiences as preparation for his calling. Can you identify a challenge or hardship in your life that God may have been using to shape you for your future?

2. Why do you think David was able to interpret his story through God's faithfulness while his brothers saw only obstacles? How can we develop that same perspective?

3. Have you ever considered how your past experiences might be God's way of equipping you for your future?

SESSION 2: MY STORY

HINGE MOMENTS EXAMPLE: EMMA

LIST TOP TEN **HIGH POINTS**

1. FIRST DATE WITH KELLY
2. TU SCHOLARSHIP COMPETITION
3. 9TH GRADE RETREAT
4. GOING TO DTBC
5. LEARNING ABOUT M. FRENCH
6. WRITING YQ BOOK
7. VOICE OF GOD AT HH
8. MOVE TO H'BURG
9. STARTING AT FHS
10. GOING TO REDEEMER

LIST TOP TEN **HARD TIMES**

1. DAVE'S DECISION
2. FIRST CHILD CONCEPTION
3. MOVE TO SYRACUSE
4. HITTING BOTTOM
5. RACISM CLASS
6. CMT'S PRESENTATION
7. SUZANNE'S BIRTHDAY PARTY
8. MOM'S ILLNESS
9. NORTH SHORE FALLING THROUGH
10. CONFLICT WITH MCPHEES

SESSION 2: MY STORY

HINGE MOMENTS

LIST TOP TEN HIGH POINTS

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

LIST TOP TEN HARD TIMES

1. _____

2. _____

3. _____

4. _____

5. _____

6. _____

7. _____

8. _____

9. _____

10. _____

SESSION 2: MY STORY

SIX-SKETCH STORYBOARD EXAMPLE: EMMA

Draw a simple picture of your top six hinge moments of your life in the order they happened in the six boxes below:

1. PEACEFUL PAPA DAYS



4. FAMILY DAYS AT THE LAKE



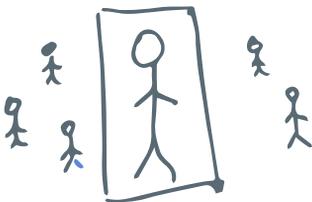
2. IMPRINTS IN THE SAND



5. STEPPING UP TO THE STARTING LINE



3. ONLY LONELY DAYS



6. TRY, TRY AGAIN



SIX-SKETCH STORYBOARD

Title: if at first you don't succeed...

SESSION 2: MY STORY

SIX-SKETCH STORYBOARD

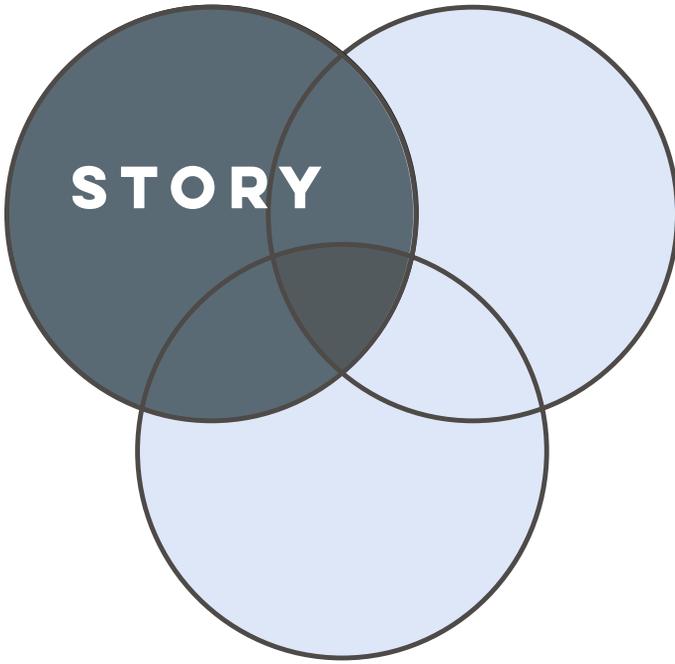
Draw a simple picture of your top six hinge moments of your life in the order they happened in the six boxes below:

1.	4.
2.	5.
3.	6.

SIX-SKETCH STORYBOARD

Title: _____

SESSION 2: MY STORY



STORY

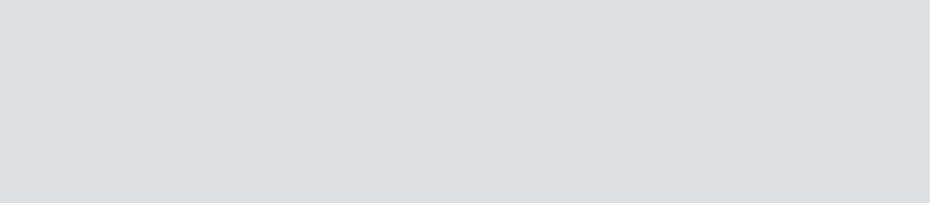
WHAT HAVE MY EXPERIENCES PREPARED ME FOR?

What are the four biggest insights from your story?

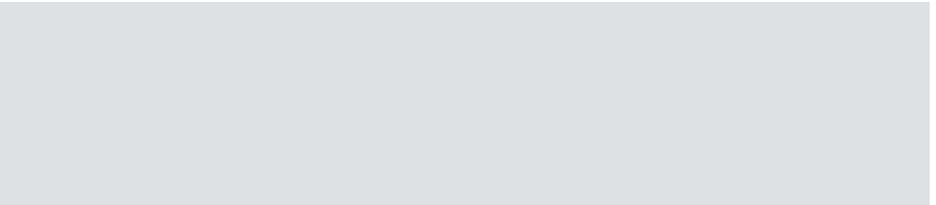
SESSION 2: MY STORY

DISCUSSION QUESTIONS

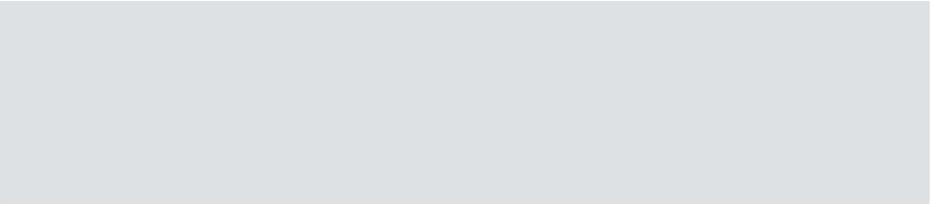
1. What defining moments from your past have had the greatest impact on shaping who you are today?



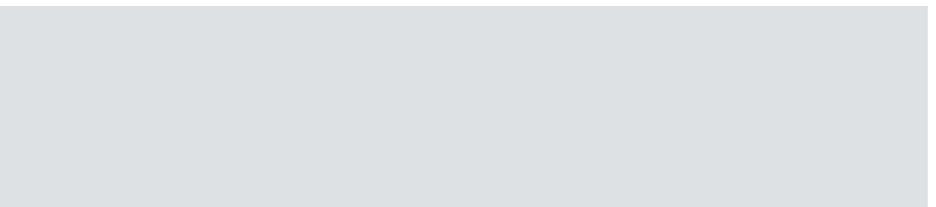
2. How does David's story in 1 Samuel 17 challenge the way you see your own experiences?



3. When you reflect on the high and hard moments, do you see any patterns that reveal how God has been working in your life?



4. How can recognizing God's hand in your story help bring clarity to your calling?

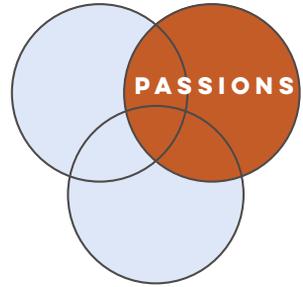


MY PASSIONS

SESSION 3: MY PASSIONS

What
fuels me the
most?

CULTIVATE IT!



BIG THOUGHT

Your _____ reveal what fuel you the most and what you're willing to endure pain for.

READ:

-1 Samuel 17:41-49 (David & Goliath)

SESSION 3: MY PASSIONS

OFFENDER OPPOSITES

OFFENDER	ONE-WORD SUMMARY	OPPOSITE (ANTONYM)
People driving too slow	Obstruction	Progress

SESSION 3: MY PASSIONS

PASSION FUNNEL

INTERESTED IN (5-6):

What do you enjoy? What are your hobbies?
Where do you spend your free time?

EXCITED ABOUT (4-5):

What gives you energy? What do you look forward to doing?

DRIVEN BY (3-4):

What must you do? I have to act. Where do you feel most
alive? What gets you out of bed in the morning?

BURDENED FOR (1-2):

What keeps you up at night? What pain/brokenness in the world

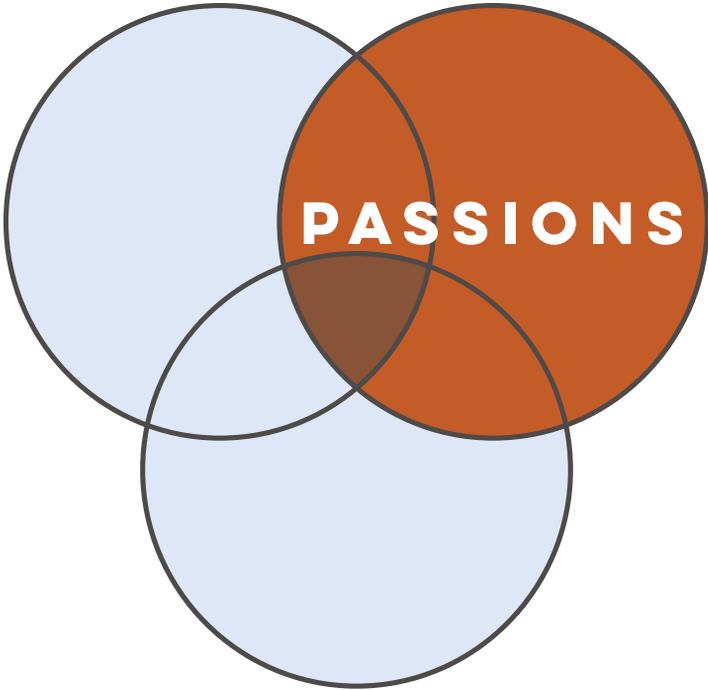
PASSION

A conviction that becomes contagious because it will withstand the test of pain. If you had to distill this exercise down to four words, what words from above best describes your passion?



Four gray rectangular boxes arranged in two rows of two, intended for writing the four words that best describe the passion.

SESSION 3: MY PASSIONS



PASSIONS

WHAT FUELS ME THE MOST?

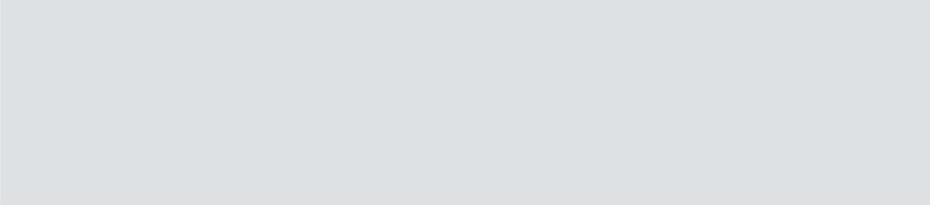
List four things you have a deep passion for.

Four horizontal gray bars for writing answers.

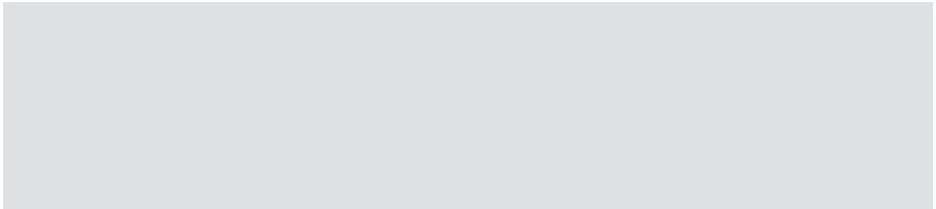
SESSION 3: MY PASSIONS

DISCUSSION QUESTIONS

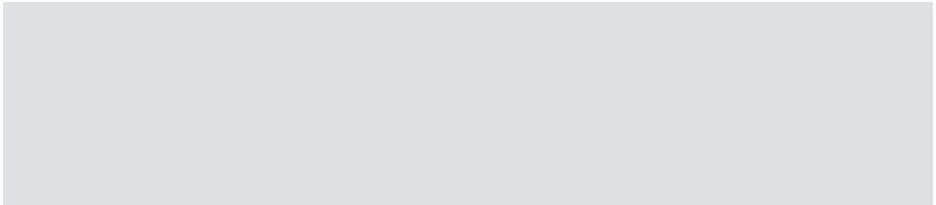
1. Take a fresh look at your Six-Sketch Storyboard from Session 2. Where in your story did your passion come from—what events, circumstances, or relationships?



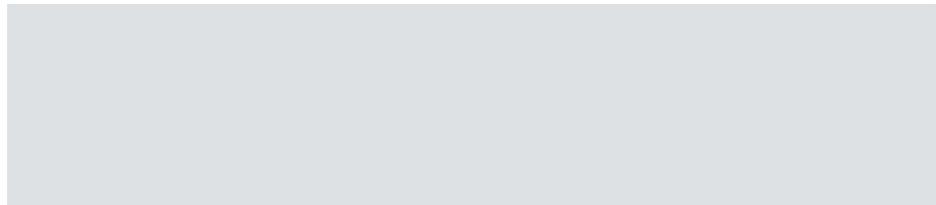
2. What pain points in your story do you think are related to your passion? Why?



3. How have you lived out your passion in the past?



4. What has pursuing your passion cost you in your life? Was it worth it? Why or why not?



SESSION 3: MY PASSIONS

ACTION STEPS

- Pray and reflect on your passions.
- Refine your Two Words.
- Be intentional about engaging in things that align with your passions.
- Stay open to how God might be shaping your passions over time.

SESSION 3: MY PASSIONS

PRE-WORK FOR SESSION 4

The next session is all about identifying your unique abilities. Before you start this session, you will need to complete two free assessments. These assessments are meant to help identify and name the skills and abilities that you have. These two assessments together will take about an hour to complete.



High5 Strengths Assessment

Often, our attention is drawn to the negative instead of the positives. When it comes to our abilities, it can be easy to fixate on the things we lack instead of what we have. For us to step into our God-given calling, we must identify and focus on our strengths.

This assessment is a good step towards understanding what motivates, energizes, and gives you purpose. As you walk through the assessment, don't over-think, over analyze, or over-spiritualize your responses. Go with your gut. It will take you about 20-30 minutes.

APEST Assessment

APEST is a ministry assessment emerging from Ephesians 4:11-16.

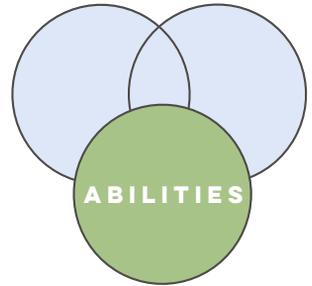
Within this passage we find the fivefold ministry of APEST: apostle, prophet, evangelist, shepherd and teacher.

We see from these verses that God has given five types of people as grace gifts to the church. These five types of people work together to build up the church powerful into unity and maturity. The five-fold types are absolutely essential for transformational discipleship, healthy churches, and growing movements. This assessment will help you identify which of these five types most motivates you.

Once you have completed these two assessments, read through your results and underline the statements that best describe you.

MY ABILITIES

SESSION 4: MY ABILITIES



BIG THOUGHT

Your abilities are _____ and skills that allow you to carry out your calling effectively.

They help you connect your life to God's _____.

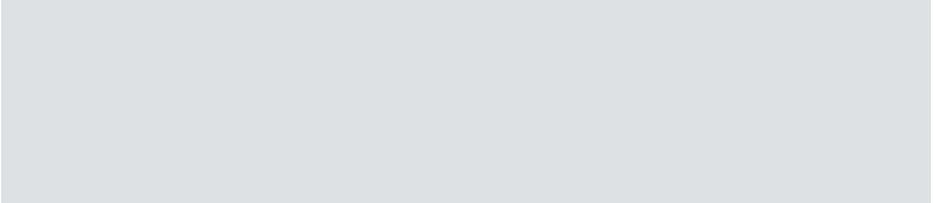
READ:

- 1 Samuel 17:32-40 (David Refusing Saul's Armor)
- Ephesians 4:11-16

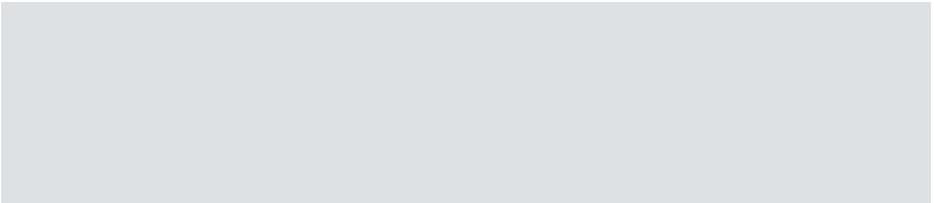
SESSION 4: MY ABILITIES

DISCUSSION QUESTIONS

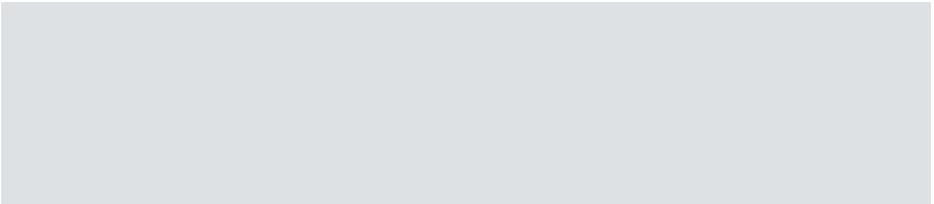
1. What are some abilities that you naturally excel at?



2. Have you ever tried to step into something that didn't fit your strengths, like David trying on Saul's armor? What did you learn from that experience?



3. How can identifying and refining your abilities help you step more fully into your calling?



SESSION 4: MY ABILITIES

APEST

APOSTLE

Key Question: Are the people of God being led into their destiny?

The word "apostle" means *sent one*--a pioneer who pushes forward into new territory. Apostles are visionaries who establish and expand the work of God. In the church, they often start new ministries or plant churches.

Outside the church, we see apostolic ability in entrepreneurs, innovators, and movement leaders who bring transformation and launch initiatives that make a lasting impact.

PROPHET

Key Question: Are the people of God hearing from God and responding to Him?

Prophets are truth-tellers who help people stay aligned with God's heart. They are passionate about holiness and justice, calling the church to faithfulness. Prophets see what others often overlook and bring clarity in times of confusion.

Outside the church, prophetic ability is evident in activists, artists, and cultural reformers who challenge the status quo and provoke change.

EVANGELIST

Key Question: Are the people of God seeing new people step into the kingdom?

Evangelists are bridge-builders who have an innate ability to draw people toward faith in Jesus. They are passionate about spreading the gospel and inviting others into God's family. Evangelists have a contagious enthusiasm that inspires those around them.

Outside the church, evangelistic ability is seen in salespeople, recruiters, and influencers who naturally connect with people and share compelling messages.

SHEPHERD (PASTOR)

Key Question: Are the people of God caring for each other well?

Shepherds are nurturers who care deeply about the well-being of others. They focus on building relationships, guiding, and protecting people in their spiritual growth. Shepherds are essential in fostering a sense of belonging and emotional well-being.

Outside the church, shepherding ability is seen in counselors, social workers, mentors, and coaches who help others flourish through guidance and support.

TEACHER

Key Question: Are the people of God learning and applying the truth of God in ways that are leading to life change?

Teachers are wisdom carriers who have a deep love for knowledge and truth. They help others understand complex ideas and apply them to real life. Teachers break down information in ways that are easy to grasp, ensuring that learning leads to transformation.

Outside the church, teaching ability is seen in professors, trainers, consultants, and authors who excel at equipping and empowering others through education.

SESSION 4: MY ABILITIES

HIGH5 & APEST ASSESSMENT

Read Ephesians 4:11-16

HIGH5 STRENGTHS

1. _____
2. _____
3. _____
4. _____
5. _____

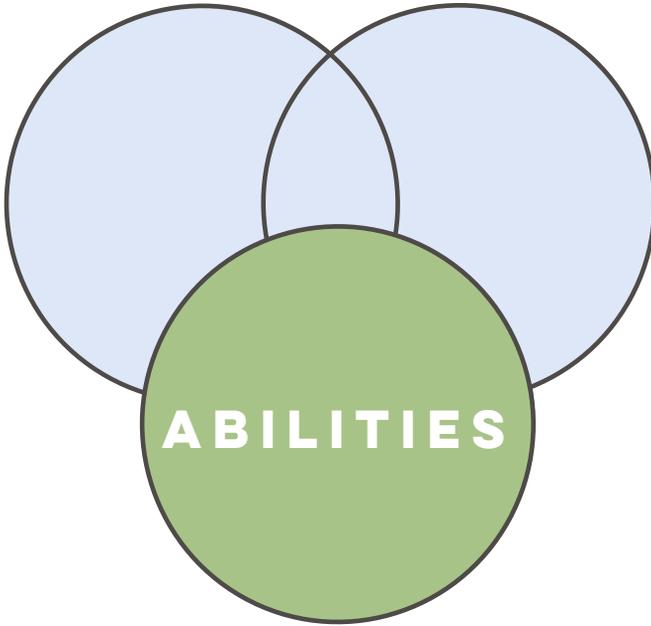
TOP TWO APEST GIFTINGS

1. _____
2. _____

MY ABILITIES

1. How have you seen these abilities used to serve others?
2. How can these strengths be part of your calling?

SESSION 4: MY ABILITIES



ABILITIES

WHAT DO I DO BEST?

Think about what abilities you could best leverage for Gospel impact and list four verbs that best describe it.

Four horizontal gray bars provided for writing the answer.

NAME IT!

SESSION 5: NAME IT!



BIG THOUGHT

Calling gives our story, passion, and abilities _____.

READ:

- 1 Samuel 17:32-40
- 1 Samuel 17:48-18:5 (David Steps into His Calling)
- Proverbs 16:9

EXERCISE: NAME YOUR CALLING

1. Write your Two-Word Calling:

“I exist to honor God by _____ ing _____.”

2. Share it with a partner.

SESSION 5: NAME IT!

THE CALLING SANDWICH EXAMPLE: DAVID

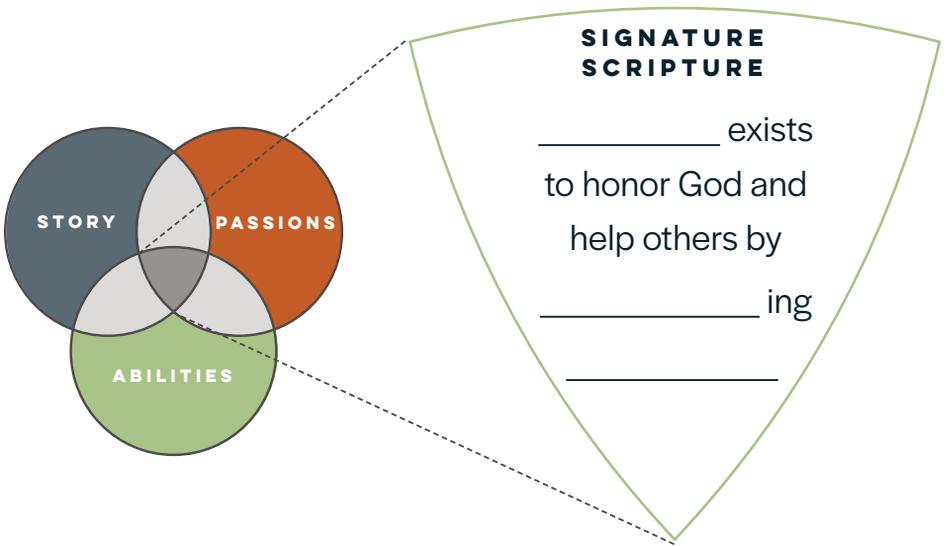
GENERAL CALLING
" _____ ING _____ "
SPECIFIC STORY, ABILITIES, PASSIONS

TWO WORD WORKSHEET

- | | |
|-----------|-----------|
| 1. _____ | 11. _____ |
| 2. _____ | 12. _____ |
| 3. _____ | 13. _____ |
| 4. _____ | 14. _____ |
| 5. _____ | 15. _____ |
| 6. _____ | 16. _____ |
| 7. _____ | 17. _____ |
| 8. _____ | 18. _____ |
| 9. _____ | 19. _____ |
| 10. _____ | 20. _____ |

SESSION 5: NAME IT!

TWO WORD EXAMPLES



JULIE: INSPIRING COURAGE
GINA MARIE: MAXIMIZING POTENTIAL
VICK: ARCHITECTING GREENHOUSES
TJ: MAPPING VOCATIONS
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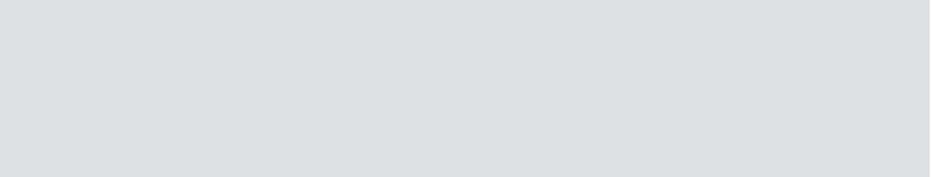
SOPHIE: WELCOMING AUTHENTICITY
JESSE: CRAFTING CONFIDENCE
AUSTIN: EXCAVATING JOY
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WILLIAM: MAKING CONNECTIONS
TRENTON: AWAKENING SLEEPERS

Taken from the book "The On-Purpose Person: Making Your Life Make Sense" by Kevin W. McCarthy

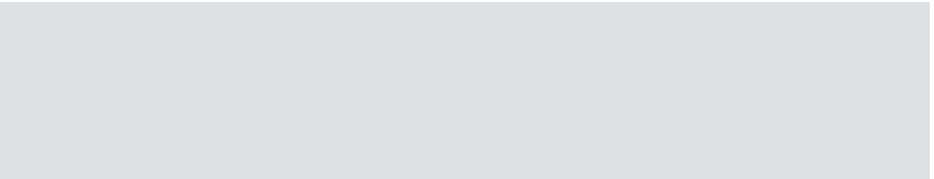
SESSION 5: NAME IT!

DISCUSSION QUESTIONS

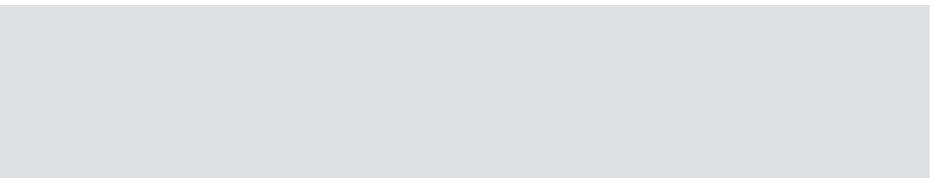
1. How confident are you in your Two Words? Why?



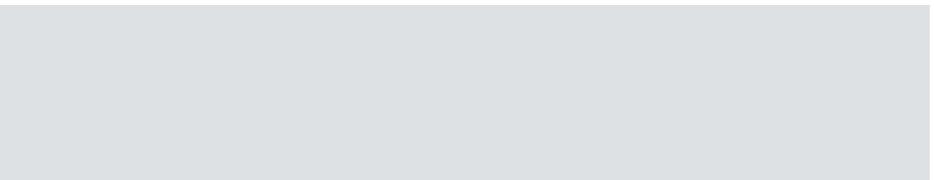
2. How do your Two Words bring together your general calling and your specific story, abilities, and passion?



3. How have you seen these Two Words play out in your life?



4. How do these Two Words give you purpose in whatever position you find yourself in at present?



SESSION 5: NAME IT!

CELEBRATION

MY NAME

MY SIX SKETCH STORYBOOK TITLE

MY TWO WORDS

ing

MULTIPLYING

YOUR CALLING

SESSION 6: MULTIPLYING YOUR CALLING

BIG THOUGHT

Following Jesus never ends with us; we are always called to pass it on.

Who are the people God is calling you to reach where you live, work, and play?

Your kingdom circle is found in the people you meet, the passions you have, or the problems you see.

READ:

- Matthew 28:18-20 (The Great Commission)

SESSION 6: MULTIPLYING YOUR CALLING

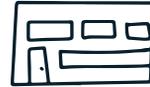
NAMING YOUR CIRCLE OF INFLUENCE

Take a moment to reflect on the people God has placed in your life. These are the individuals you regularly interact with and may have an opportunity to invest in spiritually.

For each category below, use the lines beneath the pictures to write down three names of people you feel God may be calling you to reach.



Neighborhood



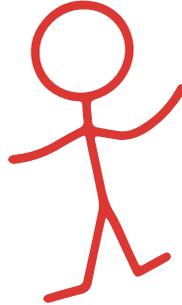
School/Work



Hobbies



Kids' Activities



Church



Other

SESSION 6: MULTIPLYING YOUR CALLING

IDENTIFYING YOUR PEOPLE'S PRIORITIES

To help you understand the people in your circle, complete the exercise below. Write down key insights about each group:

Where you live (neighborhood or community):

1. Interests/Passions: _____
2. Challenges/Needs: _____
3. Spiritual Questions/Barriers: _____

Where you work (office, school, or professional network):

1. Interests/Passions: _____
2. Challenges/Needs: _____
3. Spiritual Questions/Barriers: _____

Where you play (hobbies, sports, social gatherings, or regular activities):

1. Interests/Passions: _____
2. Challenges/Needs: _____
3. Spiritual Questions/Barriers: _____

By taking time to identify their priorities, you can begin to serve them in meaningful ways and guide them toward God's promises.

SESSION 6: MULTIPLYING YOUR CALLING

WRITING YOUR SIX-WORD INVITATION

1. Reflect on your Two Word calling
2. Think about how you would personally invite someone to walk alongside you.
3. Create a six-word invitation that captures your heart for others.

Examples:

- "Let's grow deeper in faith together."
- "Discovering purpose and calling in Christ."
- "Helping you trust God with everything."
- "Walk with me as I follow Jesus."

My six-word invitation:

SESSION 6: MULTIPLYING YOUR CALLING

CREATING A DISCIPLESHIP PLAN

1. **Established Plans** are opportunities that already exist within your church. Rather than creating something new, you join a structured role that allows you to reach people within your Kingdom Circle. For example, if you feel called to invest in students, your church may already have a student ministry where you can disciple a group. Or if you want to reach a particular group of people, leading a small group or Bible study may provide a natural way to engage them.

Most churches offer opportunities in areas like Guest Services, Children's Ministry, Small Groups, or Outreach Programs. If you're unsure what's available, reach out to a church leader to explore how you can step into a role that aligns with your calling.

2. **Guided Plans** are disciple-making opportunities that you create within your social circles. These are best suited for those who already have relationships with the people they want to disciple and simply need a structured plan to guide the process. People often step into these roles when they feel called to reach individuals in their circles of influence who may or may not be involved in the church. The most common example is to lead a Restore Group for believers who want to grow in their faith. A second option for this may be to do a more evangelistic-type group. Your resources include study guides or discipleship materials to help you get started. Take advantage of these tools to build a plan that helps your Kingdom Circle grow in their faith.

3. **Customized Plans** are for those who feel called to create something entirely new—stepping into a unique vision that God has placed on their heart. Maybe you are passionate about mentoring young adults, supporting families in crisis, or using your career as a platform for ministry. This could look like launching a ministry for recovering addicts, starting a business that integrates faith, or hosting a retreat for spiritual renewal. The possibilities are endless, but the key is to take bold steps of faith. If God is stirring something within you, seek wisdom, pray for guidance, and connect with others who can help bring the vision to life.

SESSION 6: MULTIPLYING YOUR CALLING

WRITING YOUR KINGDOM PLAN

Now that you have identified your Kingdom Circle and considered how you can reach them, it's time to clearly state your Kingdom Plan moving forward. This will help you take intentional steps and stay committed to the disciple-making journey. Take a moment to reflect on and write out your plan using the prompts below:

My Kingdom Circle: Who has God placed on your heart to disciple?

My Plan to Engage Them: What steps will you take to build relationships and introduce them to God's promises?

My Next Step: What is the very next action you will take this week to start living out this plan?

My Partner(s) in This Journey: Who will encourage and support you in making disciples?

SESSION 6: MULTIPLYING YOUR CALLING

Congratulations on completing My Calling! We are so excited for you as you continue this journey and walk in your calling!

Please scan the QR code and share your final results with us:



SESSION 6: MULTIPLYING YOUR CALLING

LEADERSHIP CIRCLE EXAMPLE: JASON

JASON'S LEADERSHIP PLAN	
The people I will invest in are...	List the people you will invest in
The unique value I will bring is...	List your six-word leadership call
I will connect with them through...	List what you will connect with your people through -making a friend
I am praying and leading them to...	List what you are praying and leading your people to do -found a church home
To accomplish this, I am planning to join/start/create...	List your plan type established - guest services coordinator
In the next thirty days, I will... meet with our connections minister on how I can move from serving as a door greeter to helping lead	

SESSION 6: MULTIPLYING YOUR CALLING

Fill out your Leadership Plan below with the blanks filled in throughout this guide.

MY LEADERSHIP PLAN	
The people I will invest in are...	List the people you will invest in
The unique value I will bring is...	List your six-word leadership call
I will connect with them through...	List what you will connect with your people through
I am praying and leading them to...	List what you are praying and leading your people to do
To accomplish this, I am planning to join/start/create...	List your plan type
In the next thirty days, I will...	

FOR WE ARE HIS
WORKMANSHIP,
CREATED IN
CHRIST JESUS
FOR GOOD
WORKS, WHICH
GOD PREPARED
BEFOREHAND,
THAT WE SHOULD
WALK IN THEM.

- EPHESIANS 2:10



NEW BEGINNINGS