

# BREAKTHROUGH

**21-DAY JOURNEY OF FASTING + PRAYER**

**FEBRUARY 9 AT 7PM – MARCH 1 AT 7PM**

## PRAYER GUIDE

### HOW TO USE THIS PRAYER GUIDE:

Inside, you will find Nehemiah's prayer flow, a basic outline for your time with the Lord each day, a practical prayer flow that YOU can practice, and the corporate breakthrough prayers that we are praying through as a church family here at New Beginnings.

This resource is intended to assist you on your journey, but please remember that the Holy Spirit must be your true guide. This is simply a tool to help you follow Him and provide a framework for your prayers.



In Nehemiah 1:4-11, we see how Nehemiah prays to God while he fasts. He fasts as he prepares to seek permission from the king to return to Jerusalem and rebuild the city wall.

## NEHEMIAH'S PRAYER FLOW:

- **Exaltation (verse 5):** He begins his prayer by remembering who he is praying to. He exalts and worships God by recognizing both God's position and character.
- **Confession (verses 6-7):** He confesses both his sin and the sin of the nation. He recognizes that his sin has hindered their fellowship with God.
- **Submission (verses 8-9):** Having dealt with his sin, he recognizes that their only hope of breakthrough is found in submission to God's word and will.
- **Intercession (verse 10):** He intercedes on behalf of the nation, reminding God that these people belong to Him. Nehemiah asks God to restore His people.
- **Petition (verse 11):** Finally, he brings his own request and asks God for favor with the king so that he might go rebuild the wall in Jerusalem.

## BASIC OUTLINE FOR YOUR TIME WITH THE LORD EACH DAY:

Remember that this time with the Lord is not about working through the resource but encountering the presence of the Holy Spirit.

- **Simple Prayer:** Start your time by getting quiet before the Lord, asking Him to speak and to fill you as you seek Him.  
"Be still, and know that I am God..." Psalm 46:10
- **Word and Devotional:** Get your Bible and a journal and read the daily scripture and devotion. Take time to meditate on the scripture and journal what God is teaching you.
- **Extended Prayer:** Move into a time of praying through the "Practical Prayer Flow for You" that we provided. Take your time and allow the Holy Spirit to lead. Stay in each section of the flow until the Holy Spirit leads to the next section.
- **Thanksgiving and Praise:** Spend some time thanking Jesus for His presence and allowing you to seek Him.



## PRACTICAL PRAYER FLOW FOR YOU:

Below is a way to apply Nehemiah's prayer in your daily prayer. Use this as a general pattern to guide you in prayer throughout the day.

▪ **Exaltation:** Begin your time with worship. This is a time to remember who you are approaching in prayer and give the praise He deserves.

*Suggestion: This could be listening to a playlist, reading or listening to the psalms, or you could write a list of blessings and thank the Lord for each one.*

Psalms of praise...Psalm 9, 34, 100, 107, 121, 138, 145, 146

▪ **Confession:** Spend time asking the Holy Spirit to search your heart and reveal any sin that is unconfessed and unrepented. As He brings things to your mind, immediately confess it by name and then do whatever He says with that sin you confessed.

*Example: reconcile a relationship, confess to a friend or spouse, put guardrails around certain things that cause you to stumble*

▪ **Submission:** Relinquish everything in your life to God's control. Carefully examine your life and ask for His will to take over every area... from family to finances, vocation to recreation. Recognize that His will must be above your own in all things.

▪ **Intercession:** Spend time praying through the six corporate breakthrough prayers. Slowly walk through each one, listening to how the Holy Spirit wants you to pray, then pray as He prompts you. Use the scripture verses listed with each request to give you framework for your prayer. You can pray the listed scriptures with each petition. You can also spend time praying for others in your life.

▪ **Petition:** Spend the rest of your time praying for your personal breakthrough petition. Pray slowly with pauses to listen to the Spirit's prompting. Be willing to obey Him if He prompts you to do something during this time. Pray through other needs in your life as well.

## MY PERSONAL BREAKTHROUGH PRAYER:

---

---

---

---

---

---

---



# CORPORATE BREAKTHROUGH PRAYERS:

The scriptures listed with each request are meant to guide you as you pray and to give biblical foundation for your prayer.

Ask God to reveal and remove any sinful action, attitude or stronghold individually or collectively that would grieve the Holy Spirit,

→  
so that

we can experience a fresh outpouring of His manifest presence that would ignite revival in the church and spiritual awakening in the world.

Psalm 139:23-24; Isaiah 59:1-2; James 4:8-10

Ask the Lord to empower every believer to become a Spirit-filled disciple who faithfully and courageously shares the Gospel,

→  
so that

we can experience a harvest of salvations and baptisms in 2025 unlike anything we have ever seen at NB.

Acts 1:8; Acts 4:23-31; 2 Corinthians 5:18-21

Ask the Holy Spirit to impart and reveal the spiritual gifts He has given every believer at NB. Ask for wisdom to use them in an edifying way,

→  
so that

we might glorify God and build one another up in love.

1 Corinthians 12:4-11; Romans 12:3-8

Ask God to transform us into a church that reflects His radical generosity, moving us to give sacrificially of our finances and serve faithfully with our time,

→  
so that

we can make and mobilize more disciples than ever before to advance the mission of God.

2 Corinthians 8:1-5 & 8-9; 2 Corinthians 9:6-7

Ask the Lord for His supernatural provision and unexplainable open doors,

→  
so that

we might expand our current campuses and birth future campuses in Kilgore and Hallsville.

Revelation 3:7-8; Philippians 4:19)

Ask the Holy Spirit to break every demonic stronghold in our church and enable us to stand firm in the armor of God against the attacks of the enemy,

→  
so that

we might be a place where people experience deliverance and spiritual freedom.

2 Corinthians 10:3-6; Ephesians 6:10-13; Colossians 2:13-15