LIFE GROUP GUIDE - 10/19



Protégé: "For the Joy"

Key Takeaways:

- 1. God created everything for His glory, and His creation is good when received with thanksgiving.
- 2. We shouldn't separate ourselves entirely from "secular" things, as we can miss opportunities to be a light in the world.
- 3. Train for godliness, not just emptiness focus on filling ourselves with God's spirit, not just avoiding sin.
- 4. Joy in Christ should be evident in our lives, making our faith attractive to others.

Discussion Questions:

- 1. How have you traditionally viewed the separation between "Christian" and "secular" things in your life? Has this sermon challenged that view?
- 2. Pastor mentioned the story of Daryl's coffee shop. How might we engage with our community in similar ways, bringing Christ into "secular" spaces?
- 3. What are some ways we might be falling into the trap of "pointless self-denial" rather than finding joy in Christ?
- 4. How can we strike a balance between adhering to Christian disciplines and engaging with the world around us?
- 5. The sermon mentioned that some people define their faith by what they don't do. How can we shift our focus to what we actively do as followers of Christ?
- 6. What are some areas in your life where you could find more joy in Christ, potentially making your faith more attractive to others?

Practical Applications:

- 1. This week, think of an activity or space you might have previously avoided as "secular." Reflect on how you can bring Christ's light into that situation.
- 2. Practice gratitude for God's creation. Each day, thank God for something you enjoy that He has made.
- 3. Evaluate your spiritual disciplines. Are they helping you grow closer to God and find joy in Him, or have they become rote obligations?
- 4. Look for opportunities to share the joy of your faith with others, focusing on the positive aspects of following Christ rather than just rules or restrictions.

<u>Closing Prayer</u>: Closing Prayer: End with a prayer asking God to help group members find joy in Him and be effective witnesses in all areas of life.

QUICK-HIT Questions (for less formal discussion) Pick and Choose from any questions that might fit your discussion

- 1. How might our tendency to separate 'Christian' and 'secular' activities limit our ability to be a light in the world? What opportunities might we be missing to share God's love in unexpected places?
- 2. In what ways can we find a balance between disciplining ourselves spiritually and avoiding the trap of 'pointless self-denial' that Paul warns against?
- 3. How does the concept of being 'above reproach' as discussed in the sermon challenge us to live differently in our daily lives?
- 4. What are some practical ways we can 'train for godliness' rather than just focusing on avoiding sin?
- 5. How might our understanding of God's creation as 'good' impact the way we interact with the world around us?
- 6. In what ways can we cultivate joy in our Christian walk while still maintaining spiritual discipline?
- 7. How does the parable of the impure spirit returning to an empty house (Luke 11) relate to our spiritual growth and the importance of being filled with God's presence?
- 8. What are some potential dangers of only surrounding ourselves with 'Christian' things, and how can we engage with the broader world while staying true to our faith?
- 9. How can we discern between helpful spiritual disciplines and the 'godless myths and old wives' tales' that Paul warns Timothy about?
- 10.In what ways can we set an example 'in speech, in conduct, in love, in faith and in purity' as Paul instructs Timothy, especially in non-church settings?