

First Look | October 26

Today's Bible Story: Abigail • 1 Samuel 25:1-35

I can be brave and help others.

Key Question: Who can help you be brave?

Bottom Line: God can help me be brave.

Memory Verse: "Be strong and courageous. Do not be afraid ... for the LORD your God goes with you" (Deuteronomy 31:6 NIV).

1. Cotton ball Sheep

What You Need:

- ☐ "Sheep" Activity Page
- ☐ Crayons
- ☐ Glue sticks
- ☐ Cotton balls

What You Do:

Before the Activity: Copy "Sheep" Activity Page on cardstock; one per child. Write each child's name on their paper.

During the Activity: "Alright! Let's talk about today's true story from the Bible and how brave Abigail was! Abigail and her husband Nabal had a lot of sheep and one day, Nabal's shepherds brought all those sheep to where David and his men were. David and his men protected the sheep and shepherds so nothing bad could happen to them. Later, while Nabal was cutting the wool off all his floofy sheep, they had a party! David sent some men to Nabal to ask for food since they took care of his shepherds and sheep, but Nabal said no! This made David very upset. When Abigail heard what happened, she knew she needed to do something quickly, or a lot of people would get hurt. So she took a lot of food and drinks to David and his men as a gift. They took the food and thanked God for Abigail and her help. Hooray for super brave Abigail!

Do you know what the floofy stuff on a sheep is called? (*Pause.*) Yes, it's called wool. But these sheep on your papers don't have any wool. We need to add it. I'm going to give you some cotton balls. Use your glue sticks to glue these cotton balls all over the sheep (*Pause.*) Yay! Now, all our sheep have wool."

After the Activity: "Abigail helped a lot of people because she was brave! You and I can be brave and help others too, because [**Bottom Line**] **God can help me be brave. Who can help you be brave? [**Bottom Line**] God can help me be brave."**

2. Pray

Dear God, Thank You for making us to help others, like You help others. That is SUPER cool! Please help us be brave. Sometimes it's hard to be brave and help others, but we know You are always with us and can help us be brave! We love You, God! In Jesus' name. Amen."