



Happy 4th of July

One Worship Service 11 am

Changing Lives by Sharing Christ, Making Disciples, Serving and Giving Hope

7-3-22 Sermon Notes "God's Recipe for Wholeness"

Dr. Virginia Satir, in her book, *Family Happiness is Homemade*, says that "hugging is vital for our emotional well-being. Everybody feels a hunger for [hugs] throughout their lives, and unless that hunger is satisfied (by touching), there is a vital void in the emotional make-up that will cause deep unhappiness." Dr. Satir goes on to say, "We all know that babies thrive on frequent holding – adults are the same. When we are not patted on the hand, embraced around the shoulders or hugged, we withdraw into ourselves." It makes me flashback to a couple of years ago. Wasn't that something that we all missed during the times of pandemic and quarantine? Didn't you find yourself thinking, "I really need a hug?" We all did to some extent. Why am I bringing this up? Well, the main character in our Old Testament reading for this someone was a man who NEVER got a hug. Let's see his story.

5 Naaman, commander of the army of the king of Aram, was a great man and in high favor with his master because by him the Lord had given victory to Aram. The man, though a mighty warrior, suffered from a skin disease. **2** Now the Arameans on one of their raids had taken a young girl captive from the land of Israel, and she served Naaman's wife. **3** She said to her mistress, "If only my lord were with the prophet who is in Samaria! He would cure him of his skin disease." **4** So Naaman went in and told his lord just what the girl from the land of Israel had said. **5** And the king of Aram said, "Go, then, and I will send along a letter to the king of Israel." He went, taking with him ten talents of silver, six thousand shekels of gold, and ten sets of garments. **6** He brought the letter to the king of Israel, which read, "When this letter reaches you, know that I have sent to you my servant Naaman, that you may cure him of his skin disease." **7** When the king of Israel read the letter, he tore his clothes and said, "Am I God, to give death or life, that this man sends word to me to cure a man of his skin disease? Just look and see how he is trying to pick a quarrel with me." **8** But when Elisha the man of God heard that the king of Israel had torn his clothes, he sent a message to the king, "Why have you torn your clothes? Let him come to me, that he may learn that there is a prophet in Israel." **9** So Naaman came with his horses and chariots and halted at the entrance of Elisha's house. **10** Elisha sent a messenger to him, saying, "Go, wash in the Jordan seven times, and your flesh shall be restored, and you shall be clean." **11** But Naaman became angry and went away, saying, "I thought that for me he would surely come out and stand and call on the name of the Lord his God and would wave his hand over the spot and cure the skin disease! **12** Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Could I not wash in them and be clean?" He turned and went away in a rage. **13** But his servants approached and said to him, "Father, if the prophet had commanded you to do something difficult, would you not have done it? How much more, when all he said to you was, 'Wash, and be clean'?" **14** So he went down and immersed himself seven times in the Jordan, according to the word of the man of God; his flesh was restored like the flesh of a young boy, and he was clean. (2 Kings 5: 1-14 NRSV)

For all Naaman's success and power, he lacked physical, emotional, and spiritual wholeness. Fortunately for Naaman (and for us) God has a recipe for wholeness. The question is...will we follow it like Naaman did? See you Sunday,

Pastor Sam

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Worship Opportunities

Thursday Worship: 5:30 pm, Sanctuary
 Mosaic, Thursdays, 6:00 pm, Back Forty

Sunday Mornings:

Celebration, 9 am* Traditions, 11 am*

*In Person (Sanctuary) and Online
www.fumcgadsden.org/media or
 on Facebook Live: @FUMCgadsden

Tech Team Schedule

(Please arrive 45 minutes
 prior to the start of the service)

July 3

One Worship Service: 11 AM

Eric Wright, Sheila Freeman

July 10

Celebration: Will Brookshire, Sheila Freeman, Brad Barnes

Traditional: Mark Casey, Parker Casey, Mike Self, Sheila Freeman



Unshakeable Hope

by Max Lucado

Small Group Study on Sunday Mornings!

Will meet in Room 208 @ 10 am

All Ages are Welcome!

With Pastor Andy

(Snacks are available!)

Not Meeting Sunday July 3rd

Bible Study with Pastor Sam

Summer on Wednesday Mornings

11 am In Person Bible Study

Gathering Room, 201

The Book of Acts

Facebook Live @ 6 pm

**Wonderful Wednesday is taking a break for Summer!
See you in August!
Check Out Youth and Children's Ministry this Summer!**

Thursdays, Men at the Well, 7:00 am via Zoom

You are invited to join the weekly ZOOM bible study with the Men at the Well small group.

10 week study based on Richard Stearns' book, "Lead Like It Matters to God"

June 9—Generosity & Forgiveness, Group Discussion

June 16—Self Awareness & Balance, Bob Blount

June 23—Honor & Encouragement, Todd Rains

June 30—Perseverance & Listening, Group Discussion

July 7—Taking God to Work, Collins Tackaberry

Contact Todd Rains, Mark Condra or Mark Casey or any of the Men at the Well for more information and the Zoom link.

RECONNECT with the Sunday School Class of Your Choice!

- Living Water Sunday School Class, "Reading the Old Testament Through Jewish Eyes" by Rabbi Evan Moffic, **Room 112, In person and online. Contact a member of the class for the link to join online!** Will not meet July 3rd.
- Martin Fellowship Class, **Room 116, International Bible Studies**
- Multi-Age Sunday School, Unshakeable Hope, with Andy Yarnell and Eric Wright, **Gathering Room, 201** Will not meet July 3rd
- Pathfinders Class is currently meeting with the Multi-Age Sunday School Class, **Gathering Room, 201**



Sign Up to Receive Emails from the Church

Sign up to receive emails from the church including the Weekly News, Devotionals, Sermon Notes, and Ministry and Mission Notes.

Go to: <http://www.fumcgadsden.org/sign-up-to-receive-emails>

Need Help: Contact Sheila Freeman @ 256-490-5018

ELC News

Our summer session is going by quickly. We have just 4 more weeks to go. On Tuesday, July 26th, The Dog House will be with us for our only summer lunchbox revolt. Cost will be \$4.00 and notes are coming home soon. Our last day of the summer session is Wednesday, July 27th. The 2022-2023 Fall Open House will be hosted on Thursday, August 18th from 10:00 am to 11:30 am.

—Helene



Youth Ministry News

July 11-14, Youth Service Week
"Upcoming" A Hike to the
Walls of Jericho. Watch for the date.

—Pastor Andy

Children's Ministry

GFUMC CHILDREN'S CHURCH

Wonderful Wednesday's

Wednesday's at 6:00
in the Kid's Worship Room
Room 108



Sunday Children's Church

Sunday's during each service
9:00 and 11:00
Room 108

CELEBRATE • ER



GFUMC CHILDREN'S MINISTRY SUMMER CALENDAR 2022

SUMMER ACTIVITIES

WEDNESDAY, JUNE 22 @ 6:00

S'MORES NIGHT



WEDNESDAY, JULY 13 @ 6:00

GRILLIN' AND CHILLIN'

WEDNESDAY, JULY 27 @ 6:00

CHRISTMAS IN JULY



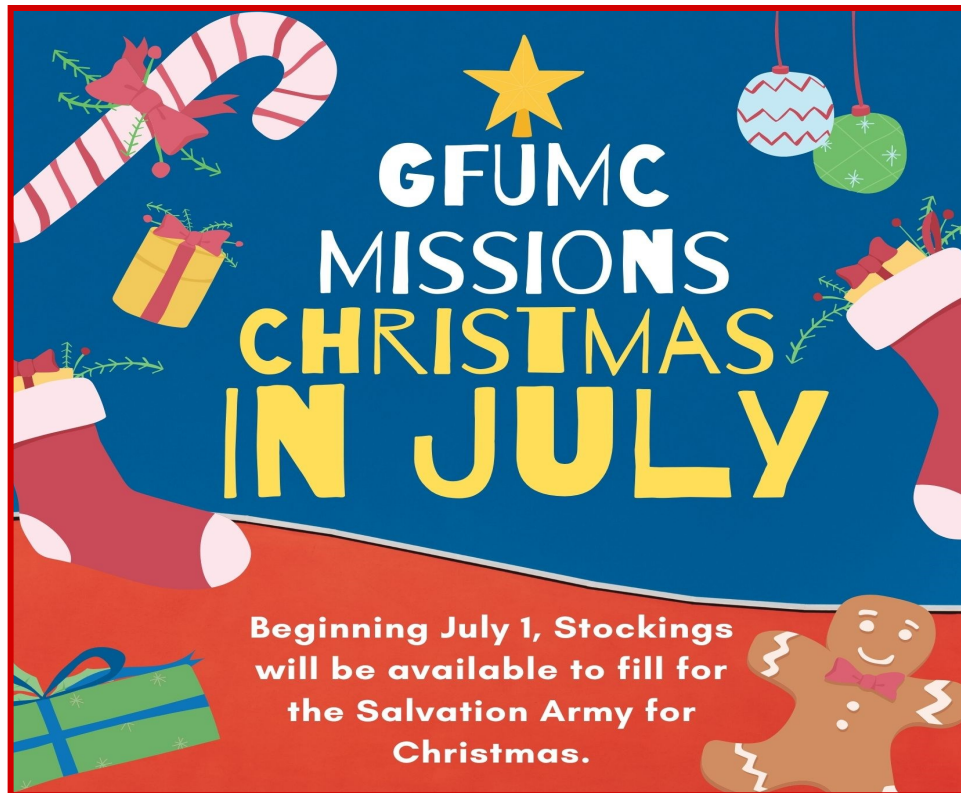
*WEDNESDAY, AUGUST 17 @ 6:00

WEDNESDAY NIGHT ACTIVITIES RETURN

ICE CREAM SOCIAL ON THE PORTICO



June Mission Focus



Pick up a list of suggested items and a stocking in the Chestnut Street Lobby. Fill and return your stocking by Sunday, July 31. Stockings will be taken to the Salvation Army and given children this Christmas!

CLOTHES CLOSET

A big "Thank You" to all that cleaned out closets and brought clothes to the church to meet our needs in the clothes closet! Your



generosity and time are greatly appreciated.

Never Forget your Clothes Closet! There is always a need for in-season clothing when you clean out your

UMW NEWS

Watch the news for our next Summer "Dutch Treat" outing.

UMW will be hosting the Summer Party for Exceptional People on Wednesday, July 20th from 3:00 pm-4:00 pm in the gathering room.

The next UMW Luncheon is September 12th.

—Barbara Bennett



GFUMC



"By this all will know that you are my disciples, if you have love for one another." John 13:35

Clothes Closet

Workdays

1st & 3rd Tuesdays

Open to Public

1st & 3rd Wednesdays

9:00 am to 11:00 am

516 Broad Street Gadsden

Thank you!

For all the recent donations that everyone brought in for the clothes closet. We are looking like we are well stocked at this time, but always remember we need in-season clothing.

Clients served in
May 2022

Ladle of Love 335
Clothes Closet 264

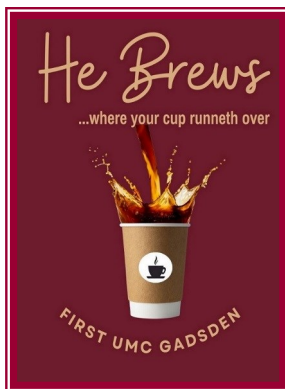
Thank you to all our volunteers for their time and service to these missions!

Ladle of Love

Fridays, 11:00am-12:00pm,
at the Portico entrance.

Find out more about mission
and service opportunities @
www.fumcgadsden.org/serve

Church Phone 256-543-8200
fumc@fumcgadsden.org



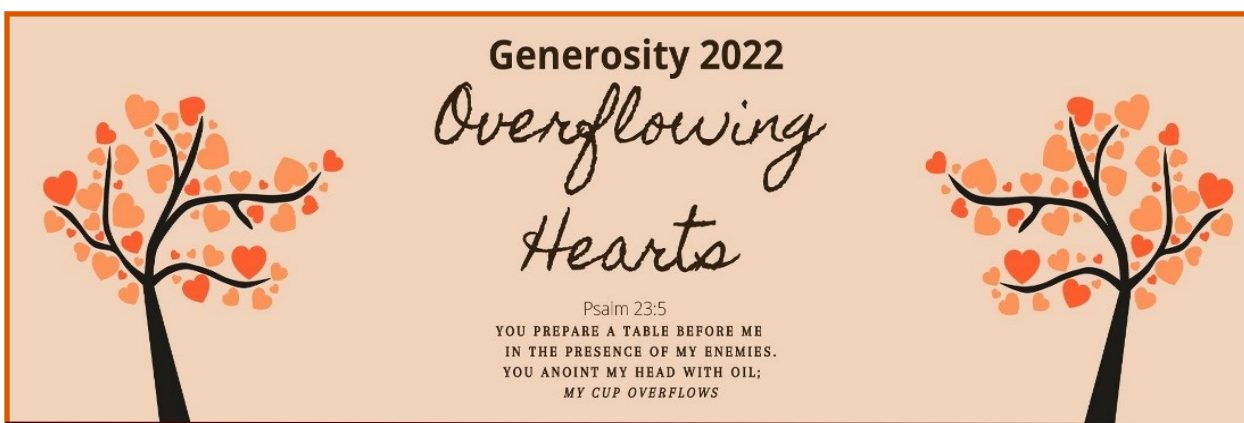
Inviting Ministries welcomes you to our Coffee Café!
 We have your Sunday Cup of Coffee waiting for you between
 10 am 11 am on Sunday mornings. **Join us this Sunday!**
Come visit with friends, old and new, in Christian Fellowship!
After Celebration and before Traditions and on your way in or
*out of Sunday school! **There is nothing like being here!***
Everyone come on back!

G FUMC
Brunch
Club

MONTHLY LUNCH/BRUNCH
 AT 12:30 FOLLOWING
 TRADITIONAL SERVICE.

Sunday, July 10– Harp and Clover

**All Young Adults and
 Families Welcome!**



Generosity: Ways to Give

www.fumcgadsden.org/give

Text to Give:
256-344-8464

Mail your tithe or gift:
 115 S. 5th Street
 Gadsden, AL 35901



**Thank you for your
 gifts! The Special
 Offering for Ukraine
 totaled \$4,000.00**

**100% of this special offering will be
 given to for love and support of those
 in crisis from the war in Ukraine.**

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Calendar for July 3-9, 2022

July 3, Sunday

10:00 am, Sunday School (Martin Sunday School will be the only adult class meeting); HeBrews Coffee Ministry
11:00 am, One United Service

July 4, Monday

Office Closed for Holiday

July 5, Tuesday

9:00 am-1:00 pm, ELC Summer Schedule
9:00-11:00 am, Clothes Closet workday
5:00 pm, Yoga, Gym

July 6, Wednesday

9:00 am-1:00 pm, ELC Summer Schedule
9:00-11:00 am, Clothes Closet open
11:00 am, Wednesday Bible Study, Room 201
No Children or Youth Activities
No Choir Practice (will resume in August)
6:00 pm, Wednesday Bible Study, Facebook Live

July 7, Thursday

9:00 am-10:00 am, Exercise Group, Gym
5:30 pm, Thursday Worship, Sanctuary

July 8, Friday

11:00 am-12:00 pm, Ladle of Love, Portico



Honorariums and Memorials

General Budget Fund

In memory of Sue Roberts, given by Ruth Chandler.

Music Fund

In memory of Betty Echols, given by Marian Ford.

In memory of Sue Roberts, given by Marian Ford.

Sara Rabun Johnson Scholarship Fund

A donation was received from Gage & Jeffrey Stoudenmire.

Immediate Prayer Concerns

Amy Sanner (Debbie Edwards' mother)
Dottie Rogers

Continued Prayer Concerns

Pat Martin Regina Holloway Dee McCoy
Winnie Mae Beasley Lisa Dobbins Jeannie Cosper
Alice Hayes (mother of Sam Hayes)

Birthdays

July 3 Todd Rains, Jody Sizemore

July 4 Mitch Dupont, Joyce Culp,
Dr. Kim Whitt, Jackson Camp,
Natalie Blevins, Sadie Anne Smith

July 5 Rhonda Robinson,
Clay Smith, Emanuel Vallejo

July 6 Dr. Ted Jones, Tate Sizemore

July 7 Jennifer Blount, Lillie Skipper

July 8 Beau Bone, Dohna Hovevar,
Alex Freeman

July 9 Ann Sims



Week of June 26, 2022

In Person Total *131 On line 283
Worship Total 414 Celebration *54/136
Traditions*77/147 Thursday Worship *0
Adult Sunday School *38 Children *1
Bible Study Groups 6
Children *28 Youth *0 Nursery *5
Total attendance *203

General Offering Budget \$13,175.00
General Offering Received \$5,868.00
YTD General Offering Budget \$342,550.00
YTD General Offering Rec'd \$349,532.00

Offering for Ukraine: \$4,000.00
2022 Alleluia Offering \$38,165.00

Text to Give: 256.344.8464

Important Deadlines

Information for the weekly announcement sheet is due each Wednesday by noon.

Events for the church calendar are needed one month prior to the event.

Subscribe to the Weekly Church News

You can submit your email to the church office to receive the weekly announcements on Friday.