Mark 5:21-43; Matthew 9:18-26; Luke 8:40-56

Dig In to the Bible

- Read: Mark 5:21-43; Matthew 9:18-26; Luke 8:40-56
- In This Passage: Jairus, a man with a dying daughter, asks Jesus for help. As • Jesus travels to Jairus' house, another woman, who has been sick for 12 years, touches his robe to receive healing. Her faith heals her. During the journey, Jairus' daughter dies. But Jesus is able to bring her back to life because Jesus has power over sickness and death!
- Bible Point: Jesus has power over sickness and death.
- Summary Verse: "Dear children, let's not merely say that we love each other; let • us show the truth by our actions" (1 John 3:18).

Dig Deeper

- You'll Be Teaching: Jesus has power over sickness and death. Many kids have lost a loved one or know someone who is seriously ill. Times like that can make kids wonder, Where's God? Can't he help? This lesson will help kids see that Jesus has the power over all sickness and death, and we can have faith that his plan is best.
- Think About: Do you know someone who is seriously ill? When have you lost a • loved one? How have those situations helped you see Jesus' power-or made you question it?

Dig In to Prayer

• Pray for kids who have a close friend or family member with a terminal illness. Ask Jesus to show his power in that situation.

Quick Tip

Sometimes you may wonder if you're getting through to the kids in your class. Take heart: You really are! Watch how kids respond during class, and be aware that kids process information differently. Some may think quietly on their own, others may process information best by talking it over with someone else, and still others may draw pictures or hum a song. Your important job is to provide the setting for learning. Then relax and let the Holy Spirit do the rest!

Leader Guide

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This Lesson at a Glance



Kids act out the Bible story with chenille wire figures.

Supplies

- Bible
- chenille wires (pipe cleaners) (3 per child)

PRAYER

Kids pray with a friend about specific needs.

JESUS CONNECTION

Kids try to stand on one foot.

SCRIPTURE SKILLS

Kids toss paper wads for hard victories and easy victories.

Supplies

- Bibles
- "Hands-On Bible: Books of the Bible Poster Set" (purchase here)
- paper



BIBLE MEMORY

Kids make tissue paper flowers to give to people who are sick.

Supplies

- tissue paper (several pieces in different colors per child)
- chenille wires (pipe cleaners) (several per child)
- scissors (for prep only)
- hole punch (for prep only)
- "1 John 3:18" handout (1 for every 6 kids) (download here)

Easy Prep

• Cut apart and punch a hole in the top corner of each Bible Memory Verse tag from the "1 John 3:18" handout.

ACTIVITY PAGES WITH A POINT

Older kids play a miniature version of shuffleboard; younger kids color a picture of the Bible story.

Supplies

- "Jesus Heals a Bleeding Woman & Restores a Girl to Life" Activity Page (1 per reader) (download <u>here</u>)
- "Jesus Heals a Bleeding Woman & Restores a Girl to Life" Coloring Page (1 per non-reader) (download <u>here</u>)
- pennies (1 per older child)
- pompoms (1 per older child)

crayons

three-hole punch and binders (optional)

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Kids try to touch a Healer to get unstuck.

*Marked supplies can be reused from Core Bible Discovery

Let's keep kids safe! You can help by using supplies as instructed for only ages 3+, purchasing child-safe items, and being aware of allergy concerns.



BIBLE MESSAGE

Jesus Heals a Bleeding Woman and Restores a Girl to Life (Mark 5:21-43; Matthew 9:18-26; Luke 8:40-5

[10 min]

Supplies

- Bible
- chenille wires (pipe cleaners) (3 per child)

Discuss

Say: Today we'll learn about not one but two people who were sick.

Ask: • **Tell about a time you were really sick.** Give your own example first. Have kids turn to a partner to share.

Say: We've all been sick at times. Sometimes we get sick with a cold or cough, and it's not very fun, but we know we'll get better eventually. Other times people get sick with worse things—things that may not go away. That's what happened to the people in our Bible story. But they saw that Jesus has power over sickness and death. Let's find out more.

Make Wire People

Open your Bible to Mark 5, and show kids the words.

Say: I'll need your help telling this story. You'll need to make three **people—Jesus, a woman, and a little girl.** Distribute three chenille wires to each child. Allow time for kids to turn the wires into people. That could be as simple as folding them in half or as complicated as twisting them so they have arms, legs, and a head. Let each child decide what to do.

Say: First, a desperate dad found Jesus and begged him to come heal his daughter, who was dying. Set your little girl person down like she's lying in bed. Allow time.

Say: **So Jesus headed to go heal her.** Have kids make the Jesus figure "walk" toward the girl figure.

Say: But on the way, there was a woman who had been bleeding for 12 years! Listen to this.

Read Mark 5:26-29.

Have kids make the woman figure touch the bottom of the Jesus figure, then jump and dance around to demonstrate being healed.

Say: Jesus has power over sickness and death. Jesus felt power leave his body. He knew someone had touched him and been healed! So he turned around to find the woman who had touched him. Let kids act this out with their figures.

Read Mark 5:32-34. Have kids act this out with their figures.

Say: **Meanwhile, as Jesus was talking with the woman, the desperate dad got word that this daughter had died.** Have kids cover the little girl figure with one hand.

Everyone thought it was too late for Jesus to help. But remember, <u>Jesus</u> has power over sickness and death. It's never too late for Jesus! So he kept on going toward the little girl. Have kids make the Jesus figure continue walking toward the girl figure.

Read Mark 5:41-42. Have kids link the Jesus and little girl figures together to represent holding hands, and then use the Jesus figure to pull the girl up. Then kids Design and base content Copyright © Group Publishing, a division of David C Cook. Licensed for use with 1-20 students. Permission to reproduce granted for local church use only.

can separate them and make the girl walk around.

Say: Jesus has power over sickness and death. He healed the bleeding woman and brought the little girl back to life! Have kids make all three of their figures jump up and down.





PRAYER Prayer for Needs

Pair Up and Pray

Say: It's true! Jesus has power over sickness and death. Let's pray and talk with Jesus about people who are sick and need his power and comfort.

Especially when we're sick or someone we love is sick, it's good to tell a friend about what's going on. That friend may not be able to make it better, but together you *can* pray and trust God.

Let's pray with a friend right now! Take turns telling each other about a sickness or need you have or someone you know has. Maybe you got hurt and have a scrape. Or perhaps someone you love is sick or hurt. First, tell your friend about that need.

Then your friend will pray for you. Together you'll close your eyes, and your friend will talk with Jesus about your need. When it's your turn to pray, you might say something like "Dear Jesus, please help my friend feel better." Don't worry about saying the right words—just talk to Jesus like you'd talk with anyone else.

Ready? Decide who will share a need and who will pray, then let's pray. Allow about one minute. Then tell kids it's time to switch. The child who prayed will now share a request, and the other child will pray.

Say: When people are sick, we can talk with Jesus because <u>Jesus has</u> <u>power over sickness and death</u>. Even if Jesus doesn't heal people right away, Jesus always gives his power and comfort when people need it the most.





JESUS CONNECTION Standing Strong

<u>Tip</u>

• For personal reflection, check out 1 Corinthians 15—a powerful passage about Jesus conquering death. Additionally, Revelation 1:18 and 21:4 give great hope about Jesus' ultimate power over death.

Stand on One Foot

Say: In today's Bible story, Jesus healed a woman and even brought a girl back to life! Only Jesus could do that because <u>Jesus has power over</u> sickness and death. We can explore that a bit more with a challenge.

- Have kids stand up.
- Explain that you're going to challenge them to stand on one foot—either one—for one whole minute. The lifted foot doesn't need to be far off the ground, but it can't touch the floor.
- Let kids lift one foot and begin the challenge.
- After one minute, let kids stand on two feet.

Ask: • How many of you were able to stand on one foot for the whole minute?

• Give a thumbs-up if you felt like this was easy or a thumbs-down if you felt like this challenge was hard. Pause for votes. Tell why you voted that way. Take responses from the whole group.

Say: In our world, death and sickness seem strong and solid—like you standing there on two feet. They're a fact of life. Scientists have created things to help fight against sickness and death. Raise one foot again. Pause. But, just as many of you can still stand, sickness and death still stand in our world. We may weaken sickness and death, but we can't get rid of them forever.

Stand on One Foot Against a Wall

Say: Jesus has power over sickness and death. Let's try this again with a twist!

- Have kids move to a wall and stand with their right side pressed against the wall. Kids' right shoulder and the outside edge of their right foot should be touching the wall.
- Ask kids to each lift the *left* foot and try standing on just the *right* foot. It's impossible!
- Give kids a few seconds to try, then gather everyone again.

Ask: • What happened? Why do you think it was impossible to stand this time?

• How did it feel to try to stand this time?

Say: Sickness and death can't stand against Jesus. Ultimately, they're powerless! When Jesus died on the cross, he defeated death once and for all. People's bodies here on earth can still get sick, but Jesus has made a way for us to have new, heavenly bodies that will never get sick or die! Lead kids in standing against the wall one more time and trying to lift their left feet and saying (as quickly as possible), "Jesus has power over sickness and death!"





SCRIPTURE SKILLS Victory!

[10 min]

Supplies

- Bibles
- "Hands-On Bible: Books of the Bible Poster Set" (purchase here)
- paper

<u>Tips</u>

- It may take a while for kids to find the Bible verse. That's okay! This activity is primarily about building Bible navigation skills.
- If you have a lot of non-readers, have some picture Bibles on hand for them to flip through as older kids look up verses. They won't look for anything specific, but they can look at the pictures to practice paging through Bibles.

Explore 1 Corinthians 15:55

Say: Jesus healed a sick woman and even brought a girl back to life who had died. Jesus has power over sickness and death. Let's see what the Bible has to say about that.

Make sure kids all have Bibles. Younger kids can sit with older kids so they can observe the skills of using their Bibles even before being able to read.

Say: Our Bible verse is in the book of 1 Corinthians, chapter 15, verse 55. Let's find the book of 1 Corinthians. That's in the New Testament—which is the later part of the Bible. Open your Bible kind of near the back. Allow time.

- Point to the book of 1 Corinthians on the poster so kids can see the name and what books come before and after it.
- Mention that the chapter numbers are the big numbers, and help kids find the big 15 in 1 Corinthians.
- Mention that the verse numbers are the small numbers, and help kids find the small 55 in 1 Corinthians 15.
- When everyone has found the verse, ask someone to read 1 Corinthians 15:55 aloud.

Ask: • Tell about a time you knew you were going to win a game.

Say: Sometimes when we know we're going to win, we brag a little bit. That's kind of what this verse is! We're bragging because we know <u>Jesus has</u> <u>power over sickness and death</u>. Death doesn't have the final victory anymore. With Jesus' power, we'll beat death.

Find Victory

Say: Let's play a game that helps us understand this verse.

- Form pairs.
- Give each child a sheet of paper.
- Have kids crumple the paper into wads.
- Ask the older partner in each pair to cup their hands and hold them tight against their bellies.

- On your cue, encourage younger partners to try to throw paper wads into the cupped hands from 3 feet away. Older partners may not move their hands to try to catch the paper.
- Allow time for partners to trade roles and for each partner to try several times.

After a minute or two, have kids set down their paper wads and sit in a circle. Ask: • How did you feel in this game?

• When has it felt like sickness or death is winning?

Say: It was really hard for us to have victory in this game. Maybe you got the paper wad in the cupped hands *some* of the times but missed most of the time. Sometimes we see God or medicine save lives—like when Jesus healed the woman and brought the little girl back to life! But other times it seems like sickness and death are winning. We can't avoid them! Let's try this game another way.

- Have older partners hold their arms out in a circle, like a big hug.
- Encourage younger partners to try to get the paper wads in the hooped arms from the same distance.
- Have kids swap roles and continue throwing the paper wads into the hooped arms as time allows.

Ask: • What was different about this game?

• What does it mean to know that Jesus has victory over death?

Say: Sometimes it seems like death is winning. But when you feel that way, just remember that Jesus has power over sickness and death. We don't have to fear death anymore. Even though everyone's lives on earth will eventually end, Jesus made a way for us to live forever in heaven! So if it feels like death or sickness is winning, it's okay to brag a little bit about the power of Jesus!



BIBLE MEMORY Show the Truth by Our Actions

Supplies

- tissue paper (several pieces in different colors per child)
- chenille wires (pipe cleaners) (several per child)
- scissors (for prep only)
- hole punch (for prep only)
- "1 John 3:18" handout (1 for every 6 kids) (download here)

Easy Prep

• Cut apart and punch a hole in the top corner of each Bible Memory Verse tag from the "1 John 3:18" handout.

Make Tissue Paper Flowers

Say: In today's Bible story, people found out that <u>Jesus has power over</u> <u>sickness and death</u>. As God's children, we have an opportunity to show his love to people. Let's learn a Bible verse that tells us what we can do to show love.

First John 3:18 says, "Dear children, let's not merely say that we love each other; let us show the truth by our actions."

When someone is sick or sad, we can show love with our actions and not just our words. One loving action is giving someone a thoughtful gift. Let's do that now by making tissue paper flowers to give to people who are sick or whose loved ones have recently died.

[10 min]





- Distribute chenille wires and tissue paper.
- Young children can twist wires or cut out tissue paper shapes and push them onto the top of a chenille wire.
- Older kids could twist wires or cut tissue paper into about 4-inch strips, accordion fold the strips, then wrap a chenille wire around the middle of the strip and fluff the "flower."
- Set out the tags from the handout.
- Have kids thread the flower's wire through the hole and twist the wire to secure the tag.

Say: Let's hold up our flowers as we say the verse together. Repeat after me!

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- o "Dear children, (repeat)
- Let's not merely say (repeat)
- That we love each other; (repeat)
- let us show the truth (repeat)
- by our actions." (repeat)
- 1 John 3:18 (repeat)

Talk About It

Ask: • Who will you give your flower to? If kids don't know anyone who is sick or has recently lost a loved one, you can either encourage them to save the flowers for an occasion or collect them for your church's bereavement ministry.

• What other ways can you *show* love instead of just *saying* you love someone?

Say: Jesus showed love by healing the sick woman and bringing the girl back to life. Even if we can't do *that*, there are other ways we show love to

people who are hurting. May these beautiful flowers and our loving actions remind others that <u>Jesus has power over sickness and death</u>.



ACTIVITY PAGES WITH A POINT More Power

Supplies

- "Jesus Heals a Bleeding Woman & Restores a Girl to Life" Activity Page (1 per reader) (download <u>here</u>)
- "Jesus Heals a Bleeding Woman & Restores a Girl to Life" Coloring Page (1 per non-reader) (download <u>here</u>)
- pennies (1 per older child)
- pompoms (1 per older child)
- crayons
- three-hole punch and binders (optional)

<u>Tips</u>

- WARNING! Don't just print and distribute! <u>Here's why</u>.
- Pennies are a choking hazard for young kids. Make sure only older kids choose this option, and keep the coins away from your preschoolers.

Older Kids: Do an Activity Page

Say: Jesus has power over sickness and death. Let's play a game that will help us see one thing that's more powerful than another.

Distribute the activity pages, pompoms, and pennies. Kids will flick the pennies at the pompoms to knock them off the page.

Ask: • Why is the penny stronger than the pompom?

• Why didn't you hit the pompom every time?

Say: The penny was definitely stronger than the pompom. It had the power to knock it off the page. But sometimes you missed! You didn't always knock the pompom off. Now, Jesus doesn't make mistakes like that, but he doesn't always heal people or keep people from dying. We don't know why, but we do know Jesus has power over sickness and death. Even if people still get sick and die, one day we can trust in his promise to bring us to heaven, where no one will get sick or die again!

Younger Kids: Color a Coloring Page

Distribute the coloring pages and crayons. Say: <u>Jesus has power over</u> <u>sickness and death</u>. Even just touching him healed a woman! Let's color her touching Jesus' robe.

Allow time for kids to color.

When kids finish coloring, three-hole-punch their pages and put them into binders, if desired.

[10 min]



Touch the Healer

Say: Jesus has power over sickness and death. He has so much power that the woman who was bleeding only had to touch the hem of his robe to be healed!

Let's play a game to see what that was like for her.

- Appoint one child to be the Healer.
- Everyone else will scatter around the room and freeze.
- Anyone who's stuck can't move their feet.
- The Healer will slowly wander around the room. Anyone who can tap the Healer is free!
- Once free, kids can jump, dance, and skip around the room.
- When everyone is healed, appoint a new Healer and start over.
- Let the game keep going as long as needed to fill time until parents begin to arrive.

[10 min]