

SCHOOLS OF MODERN PSYCHOLOGY AND PRESUPPOSITIONS

School of Thought	Freud (Freudian)	Ego Psychology (Freudian)	Rogers (indirect; human potential)	Skinner (Behaviorism)	Existentialist (Human potential)	Third Force (Human potential)
Man	Self-gratifying animal	Basically good	Basically good	Man is a zero	Man is absurd	Man has great potential
Problem	Inner anxiety and drives create conflict between the id and super-ego	Weak ego	Inhibition and anxiety	Environmentally programed improperly	Anxiety (angst) from dealing with own absurdity	The awareness of not reaching his potential
Responsibility	Person is responsible to live out his drives without social conflict	Same as Freud	Person is responsible for not being himself, i.e., being free	Society, not the individual	Rests with the counselee	Rests with the counselee
Guilt	Result of the super ego having had society's values forced upon it or the conflict between the id and super ego	Same as Freud	No guilt, but rather an incorrect learned negative evaluation	No such thing	Man	Bad feelings for not having achieved potential
Treatment	Gratification of desires in society in socially acceptable ways	Strengthen ego through self-determinism; Strong ego-guiltless and no angst	Reflection and insight	Reengineer the environment	Projecting reality (a self-fulfilled prophecy) create mood!	Change environment – learn how to reach potential
Counselor	Explores the past where frustrations occur – make advisements; help to exercise acceptance	Guide strengthening process	Mirror reflection	Environmental engineer	One who enables counselee to reestablish hope in projection.	Facilitates what is pragmatically closest to potential