



**MEN'S COHORT**  
**WEDNESDAY MORNINGS**  
**6:00-7:30AM**

**OBJECTIVE / FOCUS:** Guys who are willing and able to commit to a rigorous discipleship program with a goal of equipping to serve more biblically faithfully at SMCC.

**QUESTIONNAIRE / APPLICATION for the Cohort:** Complete by July 24, 2025

**INTERVIEWS** with Brian and another elder will be conducted in August.

**PROGRAM:** 30-32 weeks. *September – end May* 6-8 men

- Attend Theology Thursdays: 6:00-7:00 am
- 1. Introductions: testimony; time in Word, prayer, confession 1 wk
- 2. 1 Timothy 3 deacon qualifications every man strive 1 wk
- 3. Heart Shepherding: 4 wks  
Learn & Do; Teach & go through with someone
- 4. Disciple Building: personal spiritual disciplines 3 wks  
Learn & Do; Teach & go through with someone
- 5. Reading: Knowing God 15 wks  
Disciplines of a Godly Man  
The Mortification of Sin  
Trusting God  
A Theology of Biblical Counseling
- 1. What did you learn?
- 2. What questions do you have?
- 3. How will you apply to your ministry?
- 6. Teach a text of Scripture and receive feedback 6-8 wks

\*Follow up monthly, then quarterly over the next 12 months.



**SMCC Men's Cohort  
September 2025-May 2026  
Application**

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**Personal Information**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Occupation: \_\_\_\_\_

Marital Status: \_\_\_\_\_

If married, tell us about your marriage.

Name of spouse (if applicable): \_\_\_\_\_

Is spouse employed? ☐ Yes ☐ No If yes, part time or full time? \_\_\_\_\_

Where is your spouse employed? \_\_\_\_\_

Anniversary Date: \_\_\_\_\_

Names & ages of your children: \_\_\_\_\_

\_\_\_\_\_

Tell us about yourself. What are your hobbies, interests, or extracurricular activities?

After reading the overview of the Cohort will you be able to commit to this group?

Why do you want to be a part of the cohort?

How long have you been a member of SMCC?

How currently serving in ministry?

How you want to serve in ministry?

What has God been teaching you recently in your personal reading of His Word?

What are some influential books you have read in the past year and why?

## Character:

To get a sense for where you are in your spiritual maturity the following are God's standards for serving as a deacon. The cohort is not a deacon role, but every man should be striving toward these character qualifications.

Some questions are asked from a positive perspective and others from a negative perspective, i.e., some ask about doing and others ask about not doing.

After each paragraph, there is an evaluation scale. While using a scale is somewhat subjective, the purpose of this is not to affix a score of some kind to a man's character. The purpose is simply to bring out strong points and weak points; to identify areas where, from your perspective, you show maturity and areas where more growth is needed. Circle the number on the evaluation scale that you think best describes your overall maturity with respect to the listed qualification.

Please remember these things while evaluating yourself: (1) That only God is perfect. Circling a 7 does not mean you are perfect and cannot grow. Circling a 1 does not necessarily mean you are totally devoid of the respective qualification. (2) Sanctification (growing in Christ likeness) is a lifelong process. (3) Take your time and reflect seriously about your relationship with God. (4) These qualities are God's standards, not man's.

### 1. *He must be above reproach (I Timothy 3:10).*

- How do I evaluate my reputation as a Christian? Do I get positive feedback from those closest to me that would indicate that I have a good reputation? (from my wife, my children, my friends) Do more and more people seek me out as a person in whom they can share their lives with? Do people trust me with confidential information? God requires blamelessness from all believers (Eph 1:4; 5:27; Phil 1:10; 2:15; Col 1:22; II Pet 3:14). What about me? Is my life a worthy example for others (believers) to follow? Is the pursuit of blamelessness a priority for me?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

### 2. *He must be the husband of one wife (I Timothy 3:12).* If I am married:

- Do I have eyes only for my wife, so that I love her with sacrificial care for her needs, even if my own needs must be neglected? Am I nurturing her toward Christ likeness in active ways? Do I know how to meet the special needs of my wife in a creative way? Do I have trouble with lusting after other women? Do I look twice or once too long? Do I demand my "rights" in a selfish way?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- Do my wife and I have harmony on important matters?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

3. *He must not be addicted to wine or given to drunkenness (I Timothy 3:8).*

- *Do I display a Spirit-controlled ability to do all things in moderation, without being brought under the bondage of any habit? Do I refrain from taking things into my body which, by its nature or quantity, would bring me under its unhealthy influence including food, drink or other substances?*

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

4. *He must be free from the love of money (I Timothy 3:8).*

- *Do I relate success to the development of inner qualities rather than outward gain? When I have a need, do I visualize what money can do or what God can provide?*

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- *Do I let my job stifle time for personal Bible study and family life? Am I more excited by a promotion at work or by a new opening for Christian service?*

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- *Does my handling of money reflect wisdom and prayer? Am I quick to share with people in need? Am I easily duped into get-rich-schemes? Am I generous and wise in responding to the financial needs of others? Do I seek God's Kingdom and His righteousness first?*

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

5. *He must manage his own children and household well (I Timothy 3:12).*

- *Do I reflect godly wisdom and consistency in the care and discipline of my children, so that they are well-behaved and well-adjusted both at home and in public? Are my children dependable and polite, having a reputation of not being insubordinate to authorities or "wild" in their behavior? Do my children treat me with respect and obedience? Do my older children who have left the home seek and respect my counsel? Do I have a smooth-running household which demonstrates the love of Christ? Do I spend time each week teaching my children Christian truth and wisdom for life?*

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- *Do I discipline my children without anger?*

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6. *He must not be a new convert. He must be tested and approved (I Timothy 3:10).*

- Have I been saved long enough not to become puffed up about being considered to be a deacon? Have I faced a sufficient number of spiritual tests which demonstrate the reality of my faith and my submission to God? Am I so conscious that whatever I am is the result of God's grace that the praises or criticisms of men do not turn my gaze inward away from Christ? Can I receive a rebuke without getting depressed?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- Am I the kind of man who cannot stand to lose a game or an argument? Do I have to keep playing until I finally win? Do I avoid activities which I know I will not do well in? Do I boast about my accomplishments? Do I look down on people whom I consider to be less educated or less important than myself?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- Am I unwilling to do tasks which are menial and lowly? Do I refuse to ask directions when I need them?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

- Am I aware of and grateful for the way others have helped me succeed? Do I freely acknowledge when I am wrong, even if the other person's offense was worse than mine?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

7. *He must be dignified [venerable] (I Timothy 3:8).*

- Do people look to me of being a person worthy of respect? Am I serious in my dealings in the church and the workplace? Not in a boastful sense, but do I have a good reputation with those in the church? Am I looked up to by the church and trusted to do those things that I would need to do as a deacon?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

8. *He must not be double-tongued (I Timothy 3:8).*

- Am I a person who is honest and tells the truth? Do I say one thing to a person and then a different thing to a different person? Is my speech consistent with that of a church leader? Am I edifying with my speech?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

9. *He must live Christian doctrine (I Timothy 3:9).*

- Do I on a consistent daily basis live the faith of the good doctrines of the Bible? Am I living my life in view of what Christ did on the cross and the implications of that? Do I have a pure conscience about how I live?

I'm Not There    1    2    3    4    5    6    7    I Currently Demonstrate Maturity

**SMCC Doctrinal Statement and What We Teach**

Is there any area of the *SMCC Doctrinal Statement* or *What We Teach* document that you disagree with? If yes, what is it (please use the back to explain your position)?

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(Signature)

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(Date)