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| **SMCC and ACBC Biblical Counseling Fundamentals Course** |
| Introduction to Biblical Counseling  Overview of Authority, Sufficiency, Inerrancy, and Inspiration of Scripture  I.A. Basics of Biblical Counseling (ACBC Fundamentals) |
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| Biblical Counseling Basics  Sanctification and Heart Change  I.B. Key Elements of Biblical Counseling (ACBC Fundamentals) |
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| Distinctives of Biblical Counseling v. Secular  II. Critical Reflection on Various Theories (ACBC Fundamentals) |
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| Medical Issues – Psychotropic Drugs  VI. Medical Issues – Psychotropic Drugs (ACBC Fundamentals) |
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| Trials and Suffering  V. Frequent Issues Trials and Suffering (ACBC Fundamentals) |
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| Physical Illness  VI. Medical Issues – Physical Illness (ACBC Fundamentals) |
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| Depression  V. Frequent Issues – Depression (ACBC Fundamentals) |
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| Addictions – SMCC Distinctive |
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| Anger  V. Frequent Issues – Anger (ACBC Fundamentals) |
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| Forgiveness  V. Frequent Issues – Forgiveness (ACBC Fundamentals) |
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| Guilt and Repentance  V. Frequent Issues – Guilt and Repentance (ACBC Fundamentals) |
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| Biblical Response to Fear, Worry, Anxiety Part 1  V. Frequent Issues Fear, Worry, Anxiety (ACBC Fundamentals) |
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| Biblical Response to Fear, Worry, Anxiety Part 2  V. Frequent Issues Fear, Worry, Anxiety (ACBC Fundamentals) |
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| Biblical Approach and Response to Grief/Lament - SMCC Distinctive |
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| Progressive Sanctification in the Believer’s Life  Key Elements of Biblical Counseling (ACBC Fundamentals) |
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| Marriage Part 1 - God’s Purpose for Marriage  (ACBC Fundamentals) |
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| Marriage Part 2  Husband and Wife Relationships (ACBC Fundamentals) |
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| Communication (ACBC Fundamentals) |
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| Conflict Resolution - SMCC Distinctive |
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| Parenting Issues/Discipling Children (ACBC Fundamentals) |
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| Biblical Response to Domestic Abuse - SMCC Distinctive |
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| Biblical Sexuality/Biblical Response to Sexual Sin (ACBC Fundamentals) |
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| Walk Through the Biblical Counseling Relationship – with Counselor and Counselee - SMCC Distinctive |
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| Observation Videos and Class Discussions (ACBC Fundamentals/IBCD) |
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| Biblical Counseling Certification Exam Overview (ACBC Fundamentals) |