

COMMIT

SMALL GROUP DISCUSSION GUIDE



COMMITMENT TO CHRIST

Watch the Commitment to Christ video on Mt. Zion's YouTube channel (Commit, Imitate, Replicate playlist) or on the website.

Read Luke 5:1-11 and Mark 10:17-31

Invitation

- Discuss Peter and the Rich Young Ruler's responses to Jesus' call to follow Him. How do they differ?
- What role does faith play in both readings? When Jesus asked them to follow Him, was it a call to simply believe in Jesus or a call to certain actions of allegiance (or both?)
- What is repentance? What role does repentance play in both readings, and how does this apply to us?
- Jesus calls both Peter and the Rich Young Ruler to follow him; what does He mean by this?

Challenge

- Read Mark 10:29-31 again. What areas of your life can you commit more fully to Jesus? Is there an area you have not surrendered? The Rich Young Ruler followed the commandments yet he lacked in an area and this held him back from following Jesus. Peter left everything to follow Jesus. He still had his struggles and shortcomings, but he left it all on the beach to become a disciple and walk with Jesus. Take a moment to pray and then write down an area (or areas) of your life that is holding you back from total commitment to Jesus.

COMMITMENT TO CHRIST

I will _____

* Please share your “I will” statement with your small group.

Next Steps:

Choose a prayer partner and throughout the week(s) check in with each other on these, “I will” statements. Encourage and pray for one another. At your next small group gathering, share your successes and struggles in this commitment to Christ.

COMMITMENT TO COMMUNION WITH CHRIST

Check in – share your successes and/or struggles with the last “challenge.”

Watch the Communion with Christ video on Mt. Zion’s YouTube channel (Commit, Imitate, Replicate playlist) or on the website.

Read John 15:1-17

Invitation

- What does it look like to abide in Jesus?
- What keeps us from abiding in Jesus? What is the cost of not abiding in Jesus?
- Pruning can often be uncomfortable. What are some ways that Jesus is pruning you?
- What are the results of abiding in Jesus? What does this look like in you?
- Describe some fruit in your life that has come from abiding in Jesus? Describe the journey.

COMMITMENT TO COMMUNION WITH CHRIST

Challenge

Jesus said these things to His disciples so that they might have His joy and so their joy may be made full. Joy is a benefit of abiding in Jesus' love and keeping his commands. This comes through a commitment to Jesus and the truth of His word. Fellowship and intimacy with Jesus will result in deeper spiritual growth and formation. Some practices that help us accomplish this are: prayer, bible study, worship, fasting, solitude, mentorship, and more. These help prune us and produce good fruit. Take a moment to pray, and then write down what you will do to take the next step to abide in deeper communion with Jesus.

I will _____

* Please share your "I will" statement with your small group.

Next Steps:

Choose a prayer partner and throughout the week(s) check in with each other on these "I will" statements. Encourage and pray for one another. At your next small group gathering share your successes and struggles in this commitment to communion with Christ.

COMMITMENT TO THE CROSS

Check in – share your successes and/or struggles with the last “challenge”.

Watch the Commitment to the Cross video on Mt. Zion’s YouTube channel (Commit, Imitate, Replicate playlist) or on the website.

Read Matthew 16:21-26

Invitation

- Jesus was completely dedicated to God’s plan for Him and even willing to suffer for it. Why does Peter try to stand in Jesus’ way?
- Matt 16:23 says that Peter’s mind was set on man’s interests and not on God’s. How do we transform our mindset to be on the things of God?
- Discipleship is costly. To pick up your cross meant to be willing to go to your death for the sake of Jesus. All of the disciples suffered for Jesus, and all except for John were martyred on account of the gospel. In America, we are blessed and comfortable, but what does it look like today to have this mindset of discipleship?
- Read verses 25-26 again. What things of this world are we holding onto or pursuing that we need to give up? Are you gaining more of the world or more of Jesus lately?

COMMITMENT TO THE CROSS

Challenge

Have you been baptized? Baptism is the symbol of dying to yourself and living for Jesus. The early church saw this as a pledge of allegiance to the kingdom of God and a commitment to the cross. If you haven't been baptized, what is holding you back?

Those of us who have been baptized are called to transformation. This comes from daily repentance (changing and conforming your mindset to Christ.) Read 2 Corinthians 3:18. What are you on? This verse talks about focusing on Christ because we become like what we see. This is part of the process of dying to ourselves. Take a moment to pray and write down what you will do to take the next step towards cross-shaped transformation in your life.

I will _____

* Please share your "I will" statement with your small group.

Next Steps:

Choose a prayer partner and throughout the week, check in with each other on these "I will" statements. Encourage and pray for one another. At your next small group gathering, share your successes and struggles in this commitment to the cross.

COMMITMENT TO COMMUNITY

Check in – share your successes and/or struggles with the last “challenge.”

Watch the Commitment to Community video on Mt. Zion’s YouTube channel (Commit, Imitate, Replicate playlist) or on the website.

Read Acts 2:42-47

Invitation

- The early church devoted themselves to the Apostles’ teaching, to fellowship, to breaking bread (meals and/or communion), and to prayer. Discuss each of these four things- what do they mean? Do we do these things at our gatherings?
- The early church was committed to meeting house to house (small groups) and in the temple (corporately.) What is the importance of each of these types of meetings?
- What kind of sign would it be to the world if they saw our church and small groups doing what this text said?
- Verse 46 says the church had “one mind”. There’s much disunity in the church and churches today. What can we learn about unity from this text? Next, read Philippians 1:27-28 and discuss what this says about unity in the church.
- Do you think the fact the Lord was adding to their number daily was due to unity? (v47) What steps can be taken to promote unity? What do I need to change to walk in unity?

COMMITMENT TO COMMUNITY

Challenge

The text said that no one was in need in this church and they held everything in common. Take a minute to be honest with your small group about your needs (physical, spiritual, mental, tangible, etc.). If someone can meet that tangible need try to do so. If someone needs prayer for healing or for something spiritual or mental, lay hands on them and pray.

Next, write a group “We will” statement about what you will commit to as a community.

Ideas:

- Commit to being more regular in your meetings.
If you are meeting once a month, commit to twice a month.
- Commit to each family having another family from your small group over for dinner during the month to grow in relationship.
- Commit to praying for each other each meeting
- Commit to being honest about your needs and allowing the group to help

What step(s) will your group take to grow deeper in relationship with each other and God?

We will _____

COMMITMENT TO COMMUNITY

What will you do to take the next step towards commitment to community in your life?

I will _____

* Please share your “I will” statement with your small group.

Next Steps:

Choose a prayer partner and throughout the week(s) check in with each other, encourage and pray for one another. At your next small group gathering evaluate the successes and struggles in your group's commitment to the Community.