

## THE TEAM

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**TREASURER** | DAN VANBEEK

## CONNECT

### FRC LEADERSHIP

#### ELDERS

PHIL DYKSTRA | COREY JAMISON

LADD TJOELKER | DAVE PIMBLETT | JOHN

VAN DALEN III | JERRY ROETCISOENDER

#### DEACONS

MARSHALL NORMAN | SCOTT SMIT

DAN VANBEEK | DARREN KORTHUIS

BRETT VANWEERDTHUIZEN | RYAN HEERINGA

### MAIN OFFICE HOURS

M-TH | 8:30 AM - 4:00 PM

**PLEASE USE ALLEY RAMP DOOR**

### CONTACT US

PH: 360.354.4221

FAX: 360.354.7599

[OFFICE@LYNDENFRC.ORG](mailto:OFFICE@LYNDENFRC.ORG)

### LOCATION

610 GROVER ST.

LYNDEN WA 98264

We'll update this information regularly and encourage everyone to remember and honor our seniors with a visit or other forms of communion. Call us with updates you may know, but understand we only provide life updates given by individuals or family.

**Riverview Senior Apartments:** Alberta DeKam, Helen Taylor

**Meadow Greens:** Beverly Gish, Joanne Otter, Barb Wester, Glenda Polinder, Gayle DeGroot

**Lynden Manor:** Kathy Atneosen, Tracy DeBoom

**Christian Healthcare Center:** Bea Ronhaar, Shirley Radder, Bobbie VanderPloeg

**Adult Care Lynden:** Lonnie VanderPol

**Among Friends Adult Family Home:** Joan Longstreth, Arlene Noteboom

**Avista Senior Living** (2240 Main St. Rm. 132, Ferndale, 98248) - Gerrit Kuiken

**Mickie Kingma** (20926 88th Pl W, Edmonds, WA 98026)

**The Bellingham at Orchard:** (848 West Orchard Drive, Bellingham, 98225) Rm 10 - Teri Hilt

## SENIORS UPDATE

## PRAYER & PRAISE

We extend our deepest sympathies to Mickey Kingma and family on the recent passing of her daughter, Judy Gilbo.

# Ezra Nehemiah

Return  
& Rebuild

## SUNDAYS

8:45 & 11:00 AM

WELCOME TO FIRST  
REFORMED CHURCH!

GET TO KNOW MORE ABOUT  
US BY SCANNING THE CODE!



# 10.5.25

CONNECT ■ GROW ■ SERVE ■ GO

**FRC** | FIRST REFORMED  
CHURCH

**WEEKLY PRAYER TIME BETWEEN SERVICES**

We would love to have you join us! There will be prayer time today between services in the **Adult Library**. We will be praying over our church and for spiritual growth within our church body.

**COMMUNION TODAY**

If someone you know was not able to attend and would like an elder to serve them in their home, please email Lise@Lyndenfrc.org.

**JOIN US TODAY!**

Bill & Jenn Roosma Are Here!

Come hang out **between services** in the lower level Fellowship Hall. Bill and Jenn will be sharing stories and updates from Mt. of Olives Children's Home in Mexico.

**WEDNESDAY NIGHT MEAL FUNDRAISER!**

Join us this **Wednesday, October 8**, for our Wednesday night meal and support **Camp Shiloh**! Come enjoy a meal together and help support our youth. Dinner will be served from 5:30–6:30 PM in the lower level Fellowship Hall.

**SPIRITUAL ASSESSMENT SURVEY**

We're inviting everyone who calls FRC "home" to take part in this anonymous survey. Your voice matters — and it will help us better understand where we are and where we're going together. You will see an insert in your bulletin for the next 3 weeks, as well as a special email that will go out on Monday, with instructions on how to complete this survey. It opens today! If you're not on the email list or have unsubscribed and would like to be added please email Jaime@Lyndenfrc.org. If you have any other questions, please reach out to Lise@Lyndenfrc.org.

**FRC MISSIONS OPPORTUNITIES FOR 2026!****Mexico Mission Trip Meeting**

We're excited to share that there will be Mid-Winter and Spring Break mission trips to Mt. of Olives! If you'd like to learn more, join us for an informational meeting on **Sunday, October 12**, between services (**10:15–11:00 AM**) in **lower level Fellowship Hall**.

**Guatemala Mission Trip**

On this trip we will be working with Eagles Nest, a children's home/orphanage in Guatemala that cares for and supports kids in need. The trip will take place January 23 through February 1. If you'd like to be part of this experience or simply want to learn more, please contact Lucas Jacob at lucas.jacob@yourpeakfinancial.com or call 360-220-2381. You can pick up a flyer in the office as well with more information. **Applications due by October 15!**

**CALEB****Join us for our next Caleb event!**

We're heading to Bellewood Acres (6140 Guide Meridian Rd.) on **Thursday, October 16 at 12:00 PM**. It's going to be a great time together. If you're 60+, this event is for you—we'd love to have you join us! Plan to meet at the farm! Be sure to sign up at the Connection Center in the back of church.

**BAPTISMS & DEDICATIONS**

If you or your child are ready to take the next step of faith through baptism or dedication, we invite you to join us on these upcoming dates:

**Baptisms: Sunday, October 19**

**Dedications: Sunday, November 9**

If you're interested, please email Lise@Lyndenfrc.org.

**MINISTRY OVERVIEW****SUNDAYS**

NURSERY (BIRTH-2YRS) | TODAY AT 8:45 &

11:00AM | Nursery

PreKIDS (3-PREK) | TODAY AT 8:45 & 11:00AM |

L8-L6

SUNDAY SCHOOL | 10:00AM

Adult Sunday School | Daybreak room

Nursery (0-2)

PreKIDS (3-PREK) | L6

Kidsclub (K-5) | Clubhouse

Youth Sunday School (6th-12th) | The Loft

PRAYER TIME 10:00AM | Adult Library

EXHIBIT | 6:00-8:00PM | The Loft

**10/5**

**The Nursery (Birth-2 Years) |**

**8:45 a.m.:** Debbie Whitener, Taylor VanKooten, Talysa, Madyn & Maycee Lohrer, Coni VanBeek

**11:00 a.m.:** Lissa, Greta, Lyla & Thea Willemsen, Tracy & Sarah VanBerkum

**PreKIDS (3-PreK) | L8**

**8:45 a.m.:** Tess Kortus, Kirsten Olson, Ahalya Postma

**11:00 a.m.:** Andria & Liv Martin, Ashley Robinson

**Safety:** Chase Van Dalen

**Welcome |**

**8:45 a.m.:** Dave & Kristin Pimblett, Don & Julie Reardon

**Middle Lobby:** Rich & Joanna Fullner

**11:00 a.m.:** Michael & Marcy Kok, Ladd & Keven Tjoelker

**Middle Lobby:** Darcy Lindenmuth, Sarah McDowell

**Coffee |** Marissa Cramer

**Deacons |** Marshall Norman, Brett VanWeerdhuizen

**WEEKLY MINISTRY****WEDNESDAYS**

FELLOWSHIP MEAL | 5:30PM

DISCIPLESHIP FOR ALL AGES | 6:30PM

Men's Bible Study | Church next door

Women's Bible Study | Sanctuary & classrooms

Adult Co-ed Bible Study | Daybreak room

JAM (6th-8th) | Loft

**THURSDAYS**

WOMEN'S BIBLE STUDY | 9:30AM | Lower level Fellowship Hall

CROSSROADS - College & Career

Bible study | 7:00PM | Daybreak Room

**10/12**

**The Nursery (Birth-2 Years) |**

**8:45 a.m.:** Keven Tjoelker, Allie, Lucy & Will Macomber, Kirstyn Garcia, Brooke Heystek

**11:00 a.m.:** Kristi & Kori VanderVeen, Macki VanDalen, Carley Camargo, Karen Visser

**PreKIDS (3-PreK) | L8**

**8:45 a.m.:** Lindsay & Ellie Tinklenberg, Shelby Jacob

**11:00 a.m.:** Tamara Heinz, Kelsey Heystek, Katie Wester

**Safety:** Jarrod Karuza

**Welcome |**

**8:45 a.m.:** Ron & Bev DeBoer, Lauren Olson

**Middle Lobby:** Michael & Lucy Pontious

**11:00 a.m.:** Tad & Lisa VanderGriend, John & Bev Vree

**Middle Lobby:** Darcy Lindenmuth, Bonnie Wilson

**Coffee |** Sadie Assink

**Deacons |** Dan VanBeek, Ryan Heeringa

## FROM CONVICTION TO CONFESSION

NEHEMIAH 9 | PASTOR DANNY MARTINEZ

Notes:

Recap:

- Parable of the Sower - Mark 4:3-20

- Nehemiah 9:1-5

- Prayer Observations: (Nehemiah 9:6-37)
- Adoration:
- Reflection:
- Confession:
- Petition:

**Discussion Questions:**

**1. What's competing for the soil of your heart right now? Are there specific worries, comforts, sins, or distractions that are choking the Word's growth in your life? How do these things show up in your daily decisions or priorities? Mark 4:18-19; Hebrews 12:1; James 1:21**

**2. Looking back over Ezra and Nehemiah, how has God's Word convicted you? Has there been a moment of conviction, like in Nehemiah 8-9, where God's Word ministered to you? What parallels do you see between God's people then and us now? Nehemiah 8:8-9; Nehemiah 9:1-3; 2 Timothy 3:16-17**

**3. What does Nehemiah 9 reveal about God's character - and what does your response reveal about your own? Are you tempted to minimize your sin or ignore God's mercy? What does real confession look like in your life? Nehemiah 9:16-17, 26-31; Romans 2:4; 1 John 1:8-9**

**4. What would it look like to tend the soil of your heart this week? What practical, Spirit-led step can you take to cultivate a life where God's Word grows deeply and bears lasting fruit? Hosea 10:12; Psalm 1:1-3; Mark 4:20**