

THE TEAM

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TREASURER | DAN VANBEEK

CONNECT

FRC LEADERSHIP

ELDERS

PHIL DYKSTRA | COREY JAMISON

LADD TJOELKER | DAVE PIMBLETT | JOHN

VAN DALEN III | JERRY ROETCISOENDER

DEACONS

MARSHALL NORMAN | SCOTT SMIT

DAN VANBEEK | DARREN KORTHUIS

BRETT VANWEERDHUIZEN | RYAN HEERINGA

MAIN OFFICE HOURS

M-TH | 8:30 AM - 4:00 PM

PLEASE USE ALLEY RAMP DOOR

CONTACT US

PH: 360.354.4221

FAX: 360.354.7599

OFFICE@LYNDENFRC.ORG

LOCATION

610 GROVER ST.

LYNDEN WA 98264

We'll update this information regularly and encourage everyone to remember and honor our seniors with a visit or other forms of communion. Call us with updates you may know, but understand we only provide life updates given by individuals or family.

Riverview Senior Apartments: Alberta DeKam, Helen Taylor

Meadow Greens: Beverly Gish, Joanne Otter, Barb Wester, Glenda Polinder, Gayle DeGroot

Lynden Manor: Kathy Atneosen, Tracy DeBoom

Christian Healthcare Center: Bea Ronhaar, Shirley Radder, Bobbie VanderPloeg

Adult Care Lynden: Lonnie VanderPol

Among Friends Adult Family Home: Joan Longstreth

Avista Senior Living (2240 Main St. Rm. 132, Ferndale, 98248) - Gerrit Kuiken

Mickie Kingma (20926 88th Pl W, Edmonds, WA 98026)

The Bellingham at Orchard: (848 West Orchard Drive, Bellingham, 98225) Rm 10 - Teri Hilt

SENIORS UPDATE

PRAYER & PRAISE

We extend our deepest sympathies to Dennis Noteboom and the Noteboom family on the recent passing of Arlene Noteboom on October 7.

Ezra Nehemiah

Return & Rebuild

SUNDAYS

8:45 & 11:00 AM

WELCOME TO FIRST
REFORMED CHURCH!

GET TO KNOW MORE ABOUT
US BY SCANNING THE CODE!



10.12.25

CONNECT ■ GROW ■ SERVE ■ GO

FRC | FIRST REFORMED
CHURCH

WEEKLY PRAYER TIME BETWEEN SERVICES

We would love to have you join us! There will be prayer time today between services in the **Adult Library**. We will be praying over our church and for spiritual growth within our church body.

EXHIBIT TONIGHT!**Join us for Fellowship of the Lantern!**

FRC is hosting this special evening **TONIGHT, 6:00-8:00 PM**. Come enjoy a powerful night of worship and be inspired by our guest speaker who is partnering with ICR (International Christian Response), visiting all the way from Turkey. You won't want to miss it! **Exhibit students, bring 1 dozen cookies to share!**

LOST AND FOUND

Our Lost & Found will be cleaned out **TOMORROW!** Be sure to stop by before then and see if anything waiting there belongs to you! Our Lost & Found is located in the foyer, behind the last pew on the left side, up on the upper shelf, as well as the coat rack below.

SPIRITUAL ASSESSMENT SURVEY

We're inviting everyone who calls FRC "home" to take part in this anonymous survey. Your voice matters — and it will help us better understand where we are and where we're going together. You will see an insert in your bulletin for the next 2 weeks, as well as a special email that will go out on Monday, with instructions on how to complete this survey. If you're not on the email list or have unsubscribed and would like to be added please email Jaime@Lyndenfrc.org. If you have any other questions or need assistance, please reach out to Lise@Lyndenfrc.org.

FRC MISSIONS OPPORTUNITIES FOR 2026!

- **Mexico Mission Trip Meeting**

We're excited to share that there will be Mid-Winter and Spring Break mission trips to Mt. of Olives! If you'd like to learn more, join us for an informational meeting **TODAY** between services (**10:15-11:00 AM**) in **lower level Fellowship Hall**.

- **Guatemala Mission Trip**

On this trip we will be working with Eagles Nest, a children's home/orphanage in Guatemala that cares for and supports kids in need. The trip will take place January 23 through February 1. If you'd like to be part of this experience or simply want to learn more, please contact Lucas Jacob at lucas.jacob@yourpeakfinancial.com or call 360-220-2381. You can pick up a flyer in the office as well with more information.

Applications due by October 15!

CALEB**Join us for our next Caleb event!**

We're heading to Bellewood Acres (6140 Guide Meridian Rd.) on **Thursday, October 16 at 12:00 PM**. It's going to be a great time together. If you're 60+, this event is for you—we'd love to have you join us! Plan to meet at the farm! Be sure to sign up at the Connection Center in the back of church.

FRC IS HIRING!

We have an opening for Director of Technology! We're looking for someone who is skilled and passionate about running our sound board and visuals for FRC which helps create meaningful worship experiences and support our ministries as well as leading a team of volunteers. If you'd like to read the job description you can find it on our website - www.lyndenfrc.org - Join Our Team. If you or someone you know is interested, please contact Lise@Lyndenfrc.org.

DEDICATIONS

If you or your child are ready to take the next step of faith through dedication, we invite you to join us on **Sunday, November 9**. To sign up or learn more, please email Lise@Lyndenfrc.org.

MINISTRY OVERVIEW**SUNDAYS**

NURSERY (BIRTH-2YRS) | TODAY AT 8:45 & 11:00AM | Nursery
 PreKIDS (3-PREK) | TODAY AT 8:45 & 11:00AM | L8-L6
 SUNDAY SCHOOL | 10:00AM
 Adult Sunday School | Daybreak room
 Nursery (0-2)
 PreKIDS (3-PREK) | L6
 Kidsclub (K-5) | Clubhouse
 Youth Sunday School (6th-12th) | The Loft
 PRAYER TIME 10:00AM | Adult Library
 EXHIBIT | 6:00-8:00PM | The Loft

10/12**The Nursery (Birth-2 Years) |**

8:45 a.m.: Keven Tjoelker, Allie, Lucy & Will Macomber, Kirstyn Garcia, Brooke Heystek
11:00 a.m.: Kristi & Kori VanderVeen, Macki VanDalen, Carley Camargo, Karen Visser

PreKIDS (3-PreK) | L8

8:45 a.m.: Lindsay & Ellie Tinklenberg, Shelby Jacob
11:00 a.m.: Tamara Heinz, Kelsey Heystek, Katie Wester

Safety: Jarrod Karuza**Welcome |**

8:45 a.m.: Ron & Bev DeBoer, Lauren Olson
Middle Lobby: Michael & Lucy Pontious
11:00 a.m.: Tad & Lisa VanderGriend, John & Bev Vree
Middle Lobby: Darcy Lindenmuth, Bonnie Wilson

Coffee | Sadie Assink**Deacons |** Dan VanBeek, Ryan Heeringa**WEEKLY MINISTRY****WEDNESDAYS**

FELLOWSHIP MEAL | 5:30PM
 DISCIPLESHIP FOR ALL AGES | 6:30PM
 Men's Bible Study | Church next door
 Women's Bible Study | Sanctuary & classrooms
 Adult Co-ed Bible Study | Daybreak room
 JAM (6th-8th) | Loft

THURSDAYS

WOMEN'S BIBLE STUDY | 9:30AM | Lower level Fellowship Hall
 CROSSROADS - College & Career Bible study | 7:00PM | Daybreak Room

10/19**The Nursery (Birth-2 Years) |**

8:45 a.m.: Kristin Foote, Lucy Ware, Haley Taylor, Megan Rossi
11:00 a.m.: Marcy Kok, Brenda Roosma, Audie Hendricks, Ashly & Hilary Huartson

PreKIDS (3-PreK) | L8

8:45 a.m.: Erin & Taya VanderKooi, Danille Miljivec

11:00 a.m.: Taya & Trevyn Tjoelker, Michelle Anderson

Safety: Ethan Foote**Welcome |**

8:45 a.m.: Alice Bosman, Mary Quinn, Steve & Lori Hortegas
Middle Lobby: Daniel Bode, Cindy Norris
11:00 a.m.: Duane & Melva Bouma, K & M VanDalen
Middle Lobby: Darcy Lindenmuth

Coffee | Keven Tjoelker, Jada Tjoelker**Deacons |** Darren Korthuis, Scott Smit

COVENANT RENEWAL

NEHEMIAH 10 | PASTOR DANNY MARTINEZ

Covenant: A covenant is a solemn, binding agreement between God and His people, grounded in His _____, that defines their relationship and calls them to faithful obedience in response to His faithfulness.

1. Living Under God's Word

2. Pursuing God-Honoring Relationships

3. Reordering Rhythms Around Worship

4. Honoring God with Our Resources

Discussion Questions:

1. In the sermon, we looked at the "Power of 4" - how spending time in Scripture at least four days a week has been shown to significantly impact spiritual growth. Are you engaging God's Word regularly enough for it to take root and bear fruit? What might be keeping you from a consistent rhythm in the Word?

Nehemiah 10:29; James 1:22; Psalm 119:105

2. God's people committed to pursuing God honoring relationships. Are there friendships, relationships, or habits of compromise pulling you away from God's best for your life?

Nehemiah 10:30; 2 Corinthians 6:14-16; Proverbs 13:20

3. God's people recommitted to the Sabbath by trusting God with their time and work. In what ways are you and your family prioritizing regular rhythms of rest and worship? Are you giving God your best time each week? Have other things like sports, work, or rest taken priority over worship? Nehemiah 10:31; Hebrews 10:24-25

4. Even under economic pressure, God's people gave generously to support worship. Take some time and reflect on the way you use the finances and time God has given you. What does this reveal about what we value most? What would it look like to put God first in your finances? What about with your time?

Nehemiah 10:32-39; Matthew 6:19-21; 2 Corinthians 9:6-8