

MAY

- 1. 1 Chronicles 14-15; Psalm 132; Matthew 18
- 2. 1 Chronicles 16; Psalm 106; Matthew 19
- 3. 2 Samuel 7; 1 Chronicles 17; Psalm 2; Matthew 20
- 4. 2 Samuel 8-9; 1 Chronicles 18-19; Matthew 21
- 5. 2 Samuel 10; 1 Chronicles 20; Psalm 20; Matthew 22
- 6. 2 Samuel 11-12; Psalm 51; Matthew 23
- 7. 2 Samuel 13-14; Matthew 24
- 8. 2 Samuel 15-16; Psalm 32; Matthew 25
- 9. 2 Samuel 17; Psalm 71; Matthew 26
- 10. 2 Samuel 18; Psalm 56; Matthew 27
- 11. 2 Samuel 19-20; Psalm 55; Matthew 28
- 12. 2 Samuel 21-23; 1 Thessalonians 1
- 13. 2 Samuel 24; 1 Chronicles 21; Psalm 30; 1 Thessalonians 2
- 14. 1 Chronicles 22-24; 1 Thessalonians 3
- 15. 1 Chronicles 25-27; 1 Thessalonians 4
- 16. 1 Kings 1; 1 Chronicles 28; Psalm 91; 1 Thessalonians 5
- 17. 1 Kings 2; 1 Chronicles 29; Psalm 95; 2 Thessalonians 1
- 18. 1 Kings 3; 2 Chronicles 1; Psalm 78; 2 Thessalonians 2
- 19. 1 Kings 4-5; 2 Chronicles 2; Psalm 101; 2 Thessalonians 3
- 20. 1 Kings 6; 2 Chronicles 3; Psalm 97; Romans 1
- 21. 1 Kings 7; 2 Chronicles 4; Psalm 98; Romans 2
- 22. 1 Kings 8; 2 Chronicles 5; Psalm 99; Romans 3
- 23. 2 Chronicles 6-7; Psalm 135; Romans 4
- 24. 1 Kings 9; 2 Chronicles 8; Psalm 136; Romans 5

- 25. 1 Kings 10-11; 2 Chronicles 9; Romans 6
- 26. Proverbs 1-3; Romans 7
- 27. Proverbs 4-6; Romans 8
- 28. Proverbs 7-9; Romans 9
- 29. Proverbs 10-12; Romans 10
- 30. Proverbs 13-15; Romans 11
- 31. Proverbs 16-18; Romans 12

JUNE

- 1. Proverbs 19-21; Romans 13
- 2. Proverbs 22-24; Romans 14
- 3. Proverbs 25-27; Romans 15
- 4. Proverbs 28-29; Psalm 60; Romans 16
- 5. Proverbs 30-31; Psalm 33; Ephesians 1
- 6. Ecclesiastes 1-3; Psalm 45; Ephesians 2
- 7. Ecclesiastes 4-6; Psalm 18; Ephesians 3
- 8. Ecclesiastes 7-9; Ephesians 4
- 9. Ecclesiastes 10-12; Psalm 94; Ephesians 5
- 10. Song 1-4; Ephesians 6
- 11. Song 5-8; Philippians 1
- 12. 1 Kings 12; 2 Chronicles 10-11; Philippians 2
- 13. 1 Kings 13-14; 2 Chronicles 12; Philippians 3
- 14. 1 Kings 15; 2 Chronicles 13-14; Philippians 4
- 15. 1 Kings 16; 2 Chronicles 15-16; Colossians 1
- 16. 1 Kings 17-19; Colossians 2
- 17. 1 Kings 20-21; 2 Chronicles 17; Colossians 3
- 18. 1 Kings 22; 2 Chronicles 18-19; Colossians 4
- 19. 2 Kings 1-3; Psalm 82; 1 Timothy 1
- 20. 2 Kings 4-5; Psalm 83; 1 Timothy 2
- 21. 2 Kings 6-7; 2 Chronicles 20; 1 Timothy 3
- 22. 2 Kings 8-9; 2 Chronicles 21; 1 Timothy 4
- 23. 2 Kings 10; 2 Chronicles 22-23; 1 Timothy 5
- 24. 2 Kings 11-12; 2 Chronicles 24; 1 Timothy 6
- 25. Joel 1-3; 2 Timothy 1

- 26. Jonah 1-4; 2 Timothy 2
- 27. 2 Kings 13-14; 2 Chronicles 25; 2 Timothy 3
- 28. Amos 1-3; Psalm 80; 2 Timothy 4
- 29. Amos 4-6; Psalms 86, 87; Titus 1
- 30. Amos 7-9; Psalm 104; Titus 2

JULY

- 1. Isaiah 1-3; Titus 3
- 2. Isaiah 4-5; Psalms 115-116; Jude
- 3. Isaiah 6-7; 2 Chronicles 26-27; Philemon
- 4. 2 Kings 15-16; Hosea 1; Hebrews 1
- 5. Hosea 2-5; Hebrews 2
- 6. Hosea 6-9; Hebrews 3
- 7. Hosea 10-12; Psalm 73; Hebrews 4
- 8. Hosea 13-14; Psalm 100, 102; Hebrews 5
- 9. Micah 1-4; Hebrews 6
- 10. Micah 5-7; Hebrews 7
- 11. Isaiah 8-10; Hebrews 8
- 12. Isaiah 11-14; Hebrews 9
- 13. Isaiah 15-18; Hebrews 10
- 14. Isaiah 19-21; Hebrews 11
- 15. Isaiah 22-24; Hebrews 12
- 16. Isaiah 25-28; Hebrews 13
- 17. Isaiah 29-31; James 1
- 18. Isaiah 32-35; James 2
- 19. 2 Kings 17; 2 Chronicles 28; Psalm 46; James 3
- 20. 2 Chronicles 29-31; James 4
- 21. 2 Kings 18-19; 2 Chronicles 32; James 5
- 22. Isaiah 36-37; Psalm 76; 1 Peter 1
- 23. 2 Kings 20; Isaiah 38-39; Psalm 75; 1 Peter 2
- 24. Isaiah 40-42; 1 Peter 3
- 25. Isaiah 43-45; 1 Peter 4
- 26. Isaiah 46-49; 1 Peter 5
- 27. Isaiah 50-52; Psalm 92; 2 Peter 1
- 28. Isaiah 53-56; 2 Peter 2
- 29. Isaiah 57-59; Psalm 103; 2 Peter 3
- 30. Isaiah 60-62; John 1
- 31. Isaiah 63-64; Psalm 107; John 2

2026 LIFE JOURNAL
BIBLE READING PLAN

SOAP Stands For:
S • Scripture
O • Observation
A • Application
P • Prayer

What is SOAP? SOAP is a Bible reading and journaling method that helps us process, reflect on, and apply God’s Word to our lives. We don’t read the Bible just to read the Bible—, we read the Bible to be changed by God. As you study God’s Word, pray and ask the Holy Spirit to speak to you and change you for the better.

HOW TO USE THE SOAP METHOD Start with prayer, asking God to speak to you through His Word. Then, read through the passage of scripture slowly.

Scripture: Let the Word speak to you, challenge you, comfort you, convict you, and change you.

Observation: Write down some observations about this verse or passage.

Application: Write down how you can apply this scripture to your life.

Prayer: Write out a prayer thanking and praising God for His truth. Confess any sin that has come to light during this time of studying. Thank Him for His Word, and ask Him to continue to work in and through you. Turn the scripture into a prayer back to God.



JANUARY

- 1. Genesis 1-2; Luke 1
- 2. Genesis 3-5; Luke 2
- 3. Genesis 6-8; Luke 3
- 4. Genesis 9-11; Luke 4
- 5. Genesis 12-14; Luke 5
- 6. Genesis 15-17; Luke 6
- 7. Genesis 18-19; Psalm 3, Luke 7
- 8. Genesis 20-22; Luke 8
- 9. Genesis 23-24; Luke 9
- 10. Genesis 25-26; Psalm 6; Luke 10
- 11. Genesis 27-28; Psalm 4; Luke 11
- 12. Genesis 29-30; Luke 12
- 13. Genesis 31-33; Luke 13
- 14. Genesis 34-36; Luke 14
- 15. Genesis 37-38; Psalm 7; Luke 15
- 16. Genesis 39-41; Luke 16
- 17. Genesis 42-43; Psalm 5; Luke 17
- 18. Genesis 44-46; Luke 18
- 19. Genesis 47-48; Psalm 10; Luke 19
- 20. Genesis 49-50; Psalm 8; Luke 20
- 21. Exodus 1-2; Psalm 88; Luke 21
- 22. Exodus 3-5; Luke 22
- 23. Exodus 6-8; Luke 23
- 24. Exodus 9-11; Luke 24
- 25. Exodus 12-13; Psalm 21; Acts 1
- 26. Exodus 14-16; Acts 2
- 27. Exodus 17-20; Acts 3
- 28. Exodus 21-22; Psalm 12; Acts 4
- 29. Exodus 23-24; Psalm 14; Acts 5
- 30. Exodus 25-27; Acts 6
- 31. Exodus 28-29; Acts 7

FEBRUARY

- 1. Exodus 30-32; Acts 8
- 2. Exodus 33-34; Psalm 16; Acts 9
- 3. Exodus 35-36; Acts 10
- 4. Exodus 37-38; Psalm 19; Acts 11
- 5. Exodus 39-40; Psalm 15; Acts 12
- 6. Leviticus 1-3; Acts 13
- 7. Leviticus 4-6; Acts 14
- 8. Leviticus 7-9; Acts 15

- 9. Leviticus 10-12; Acts 16
- 10. Leviticus 13-14; Acts 17
- 11. Leviticus 15-17; Acts 18
- 12. Leviticus 18-19; Psalm 13; Acts 19
- 13. Leviticus 20-22; Acts 20
- 14. Leviticus 23-24; Psalm 24; Acts 21
- 15. Leviticus 25; Psalms 25-26; Acts 22
- 16. Leviticus 26-27; Acts 23
- 17. Numbers 1-2; Acts 24
- 18. Numbers 3-4; Acts 25
- 19. Numbers 5-6; Psalm 22; Acts 26
- 20. Numbers 7; Psalm 23; Acts 27
- 21. Numbers 8-9; Acts 28
- 22. Numbers 10-11; Psalm 27; Mark 1
- 23. Numbers 12-13; Psalm 90; Mark 2
- 24. Numbers 14-16; Mark 3
- 25. Numbers 17-18; Psalm 29; Mark 4
- 26. Numbers 19-20; Psalm 28; Mark 5
- 27. Numbers 21-23; Mark 6-7
- 28. Numbers 24-27; 1 Corinthians 13

MARCH

- 1. Numbers 28-29; Mark 8
- 2. Numbers 30-31; Mark 9
- 3. Numbers 32-33; Mark 10
- 4. Numbers 34-36; Mark 11
- 5. Deuteronomy 1-2; Mark 12
- 6. Deuteronomy 3-4; Psalm 36; Mark 13
- 7. Deuteronomy 5-6; Psalm 43; Mark 14
- 8. Deuteronomy 7-9; Mark 15
- 9. Deuteronomy 10-12; Mark 16
- 10. Deuteronomy 13-15; Galatians 1
- 11. Deuteronomy 16-18; Psalm 38; Galatians 2
- 12. Deuteronomy 19-21; Galatians 3
- 13. Deuteronomy 22-24; Galatians 4
- 14. Deuteronomy 25-27; Galatians 5
- 15. Deuteronomy 28-29; Galatians 6
- 16. Deuteronomy 30-31; Psalm 40; 1 Corinthians 1
- 17. Deuteronomy 32-34; 1 Corinthians 2
- 18. Joshua 1-2; Psalm 37; 1 Corinthians 3
- 19. Joshua 3-6; 1 Corinthians 4

- 20. Joshua 7-8; Psalm 69; 1 Corinthians 5
- 21. Joshua 9-11, 1 Corinthians 6
- 22. Joshua 12-14; 1 Corinthians 7
- 23. Joshua 15-17; 1 Corinthians 8
- 24. Joshua 18-20; 1 Corinthians 9
- 25. Joshua 21-22; Psalm 47; 1 Corinthians 10
- 26. Joshua 23-24; Psalm 44; 1 Corinthians 11
- 27. Judges 1-3; 1 Corinthians 12
- 28. Judges 4-5; Psalms 39, 41; 1 Corinthians 13
- 29. Judges 6-7; Psalm 52; 1 Corinthians 14
- 30. Judges 8; Psalm 42; 1 Corinthians 15
- 31. Judges 9-10; Psalm 49; 1 Corinthians 16

APRIL

- 1. Judges 11-12; Psalm 50; 2 Corinthians 1
- 2. Judges 13-16; 2 Corinthians 2
- 3. Judges 17-18; Psalm 89; 2 Corinthians 3
- 4. Judges 19-21; 2 Corinthians 4
- 5. Ruth 1-2; Psalms 53, 61; 2 Corinthians 5
- 6. Ruth 3-4; Psalms 64-65; 2 Corinthians 6
- 7. 1 Samuel 1-2; Psalm 66; 2 Corinthians 7;
- 8. 1 Samuel 3-5; Psalm 77; 2 Corinthians 8
- 9. 1 Samuel 6-7; Psalm 72 2 Corinthians 9
- 10. 1 Samuel 8-10; 2 Corinthians 10
- 11. 1 Samuel 11-12; 1 Chronicles 1; 2 Corinthians 11
- 12. 1 Samuel 13; 1 Chronicles 2-3; 2 Corinthians 12
- 13. 1 Samuel 14; 1 Chronicles 4; 2 Corinthians 13

- 14. 1 Samuel 15-16; 1 Chronicles 5; 15. Matthew 11-17; 1 Samuel 17; Psalm 9; Matthew 2
- 16. 1 Samuel 18; 1 Chronicles 6; Psalm 11; Matthew 3
- 17. 1 Samuel 19; 1 Chronicles 7; Psalm 59; Matthew 4
- 18. 1 Samuel 20-21; Psalm 34; Matthew 5
- 19. 1 Samuel 22; Psalms 17, 35; Matthew 6
- 20. 1 Samuel 23; Psalms 31, 54; Matthew 7
- 21. 1 Samuel 24; Psalms 57-58; 1 Chronicles 8; Matthew 8
- 22. 1 Samuel 25-26; Psalm 63; Matthew 9
- 23. 1 Samuel 27; Psalm 141; 1 Chronicles 9; Matthew 10
- 24. 1 Samuel 28-29; Psalm 109; Matthew 11
- 25. 1 Samuel 30-31; 1 Chronicles 10; Matthew 12
- 26. 2 Samuel 1; Psalm 140; Matthew 13
- 27. 2 Samuel 2; 1 Chronicles 11; Psalm 142; Matthew 14
- 28. 2 Samuel 3; 1 Chronicles 12; Matthew 15
- 29. 2 Samuel 4-5; Psalm 139; Matthew 16
- 30. 2 Samuel 6; 1 Chronicles 13; Psalm 68; Matthew 17