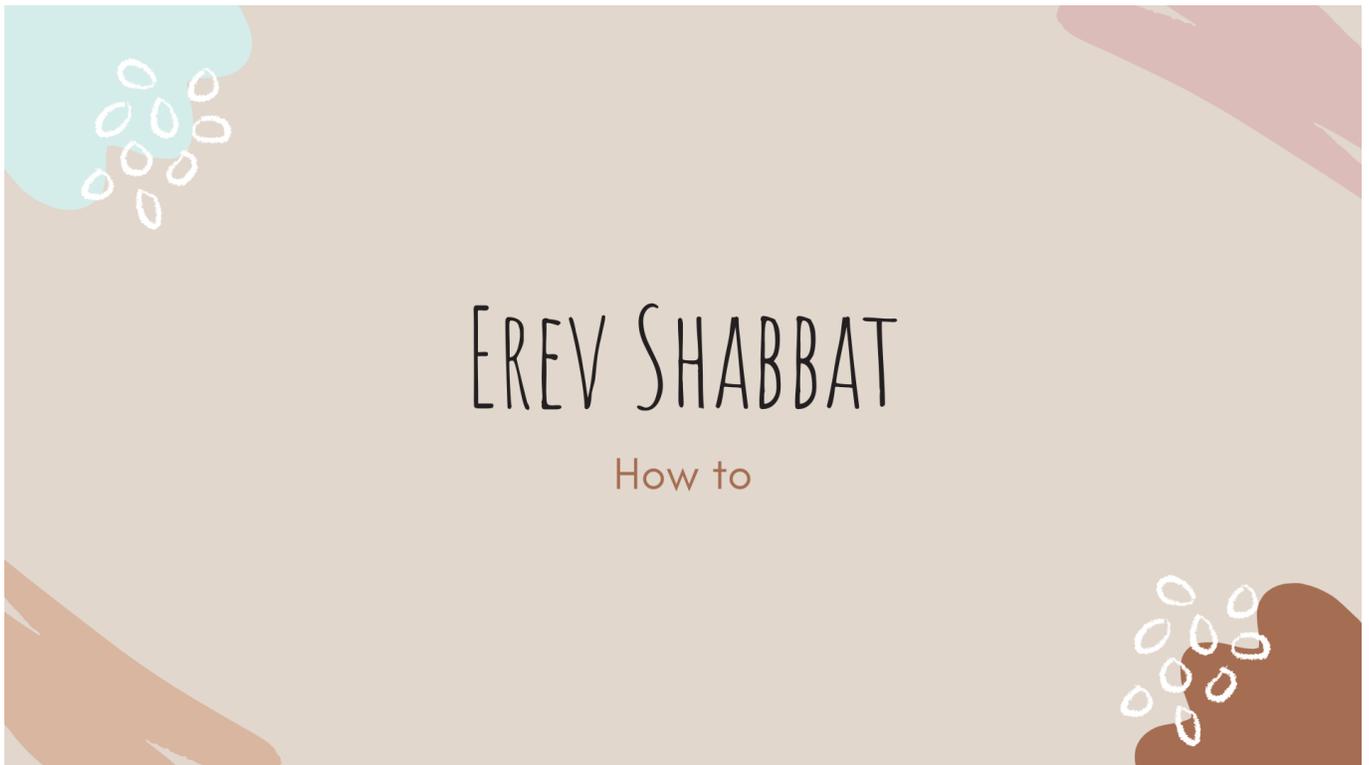


# Erev Shabbat!



## The Harvest

May 2020 ★ All Rights Reserved

## **THE CANDLE LIGHTING PRAYER BY THE WOMAN, AFTER SHE KINDLES THE SHABBAT CANDLES (Hebrew is Optional)**

Barukh atah Yahweh, Elohaynu Melekh ha-olam, Asheer kid'shanu, b'mitzvotav v'tzivanu, l'hadlik ner shel Shabbat.

Blessed art Thou, O LORD, our God, King of the universe, Who has sanctified us with His commandments, and has commanded us to remember and observe the Holy Shabbat. In remembrance of this Holy day, we light the Shabbat candles.

May it be Your will O LORD, God of my forefathers, that You show favor to me, (*my husband, my sons, my daughters, my grandchildren, my father, my mother*); and that You grant us and all of the House of Israel (*along with the Gentiles who are grafted in*) a good and long life; that You remember us with a kind memory and blessings; that You bless us with salvation and compassion; that You bless us with all blessings; that You make our households complete; that You cause Your Presence to dwell among us. Privilege me to raise children and grandchildren who are wise and understanding, who love The LORD and fear God, people of truth, a holy offspring, a heritage unto You, O LORD, who illuminates the world with Torah and good deeds and with every labor in the service of You, the Creator of all things. Hear my supplications at this time, in the merit of Sarah, Rivkah, Rakhel, and Leah, our mothers, and cause our light to illuminate as theirs, and that it be not extinguished, and let Your countenance shine upon us so that we are saved. Ameyn.

## **THE KIDDUSH - BY THE MAN**

And there was evening and there was morning, the sixth day. Thus the heavens and earth were finished, and all their array. On the seventh day God completed His work, which He had done, and He abstained on the seventh day from all the work, which He had done. God blessed the seventh day (The Shabbat) and hallowed it, because on it He abstained from all His work that He created and made.

## **BLESSING OVER THE WINE AS THE KIDDUSH CUP IS FILLED & LIFTED UP BEFORE THE LORD**

Barukh atah Yahweh Elohaynu Melekh ha-olam, borey p'ri hagafen. Ameyn.

Blessed Art Thou, O LORD, our God, King of the universe, who creates the fruit of the vine. Ameyn.

Blessed art Thou, O LORD, our God, King of the universe, who has sanctified us with His commandments, took pleasure in us, and with love and favor gave us His holy Shabbat as a heritage, a remembrance of creation. For that day is the prologue to the holy convocations, a memorial to the Exodus from Egypt. For us did you choose and us did you sanctify from all the nations. And your holy Shabbat, with love and favor did You give us as a heritage. Blessed art Thou, O LORD, our God, Who sanctifies the Shabbat.

## **BLESSING OVER THE CHALLAH AS IT IS UNCOVERED & LIFTED UP BEFORE THE LORD**

Barukh atah Yahweh Elohaynu Melekh ha-olam, ha-motze lechem mean ha-aretz. Ameyn.

Blessed art Thou, O LORD, our God, King of the universe who has given unto us the bread of the earth, for our sustenance. Your provision never fails.

## **BLESSING OVER WIVES**

After the meal, the Father honors and blesses his wife by reading Proverbs 31:10-31 to her.

(Husband stands and places right hand on wife's head and recites)

"An excellent wife, who can find? For her worth is far above jewels. The heart of her husband trusts in her, and he will have no lack of gain. She does him good and not evil all the days of her life. She looks for wool and flax and works with her hands in delight. She is like merchant ships; She brings her food from afar. She rises also while it is still night and gives food to her household and portions to her maidens. She considers a field and buys it; from her earnings she plants a vineyard. She girds herself with strength and makes her arms strong. She senses that her gain is good; Her lamp does not go out at night. She stretches out her hands to the distaff, and her hands grasp the spindle. She extends her hand to the poor, and she stretches out her hands to the needy. She is not afraid of the snow for her household, for all her household are clothed with scarlet. She makes coverings for herself; Her clothing is fine linen and purple. Her husband is known in the gates, when he sits among the elders of the land. She makes linen garments and

sells them, and supplies belts to the tradesmen. Strength and dignity are her clothing, and she smiles at the future. She opens her mouth in wisdom, and the teaching of kindness is on her tongue. She looks well to the ways of her household, and does not eat the bread of idleness. Her children rise up and bless her; Her husband also, and he praises her, saying: 'Many daughters have done nobly, but you excel them all.' Charm is deceitful and beauty is vain, But a woman who fears The LORD, she shall be praised. Give her the product of her hands, and let her works praise her in the gates.

## **BLESSING OVER HUSBANDS**

The wife honors & blesses her husband by reading Psalms 112 to him.  
(Wife stands and places right hand on Husband's head and recites)

Halleluiah! Happy is the person who honors The LORD, who takes pleasure in obeying his commands. The good man's children will be powerful in the land; his descendants will be blessed. His family will be wealthy and rich, and he will be prosperous forever. Light shines in the darkness for good people, for those who are merciful, kind, and just. Happy is the person who is generous with his loans, who runs his business honestly. A good person will never fail; he will always be remembered. He is not afraid of receiving bad news; his faith is strong, and he trusts in The LORD. He is not worried or afraid; he is certain to see his enemies defeated. He gives generously to the needy, and his kindness never fails; he will be powerful and respected. The wicked see this and are angry; they glare in hate and disappear; their hopes are gone forever.

## **PARENTAL BLESSING OVER CHILDREN**

*Invite parents and children to gather together*

### **For Daughters**

May Yahweh bless you *(pause)*

Like Sarah and Rebecca *(pause)* Rachel and Leah *(pause)*

And Miriam the mother of Yeshua; *(pause)* And may you find favor *(pause)*

In the eyes of Yahweh *(pause)*

All the days of your life. *(pause)*

### **For Sons**

May Yahweh bless you *(pause)* Like Ephraim and Manasseh *(pause)* And may you find favor *(pause)* In the eyes of Yahweh *(pause)* All the days of your life. *(pause)*

**SHABBAT SHALOM!**



# The Harvest

Embrace TRUTH | Live TRUTH | Share TRUTH

Visit us at: 8891 Poze Boulevard, Thornton, CO 80229

*(The Rock AG Facility)*

Mail to: PO Box 21527, Denver, CO 80221

Email to: [info@graftedin.com](mailto:info@graftedin.com)

Call us at: 303.761.9948

[www.grafted-in.com](http://www.grafted-in.com)