



Spending Time with Jesus

Thanksgiving & Worship

- **Worship:** Listen to one or two worship songs.
 - **Gratitude:** In a few sentences, tell God or write down what you appreciate about Him and thank Him for what He has done in your life.
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Confess

- **Reflection:** Ask God, "Is there anything that grieved Your Spirit?"
 - **Confession:** Write down any sins or attitudes. Surrender them to Jesus and invite Him into your day and all that you are doing.
 - **Honesty:** Be transparent with God.
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Identity

- **Hearing His Voice:** Invite God to speak to you.
 - "Jesus, do You have anything You want to say to me?"
 - "Jesus, would You show me how much You love me? Give me a picture, a memory, or a verse."
 - "Jesus, what do You think of my life?"
 - "Jesus, what do You think of me as a man/woman?"
 - "Jesus, do You have a new name for me that shows how You see me?"
 - **Response:** Pause after each question. Write down what you sense or feel in your heart and mind.
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Read the Word

- **Plan:** Have a reading plan ready. Fifteen minutes of reading daily can get most people through the entire Bible in a year.
- **Reflection:** Write down any verses that stand out to you. Note anything you're curious to learn or study further.

Pray

- **Guidance:** Ask Jesus, "Is there anything that needs to be covered in prayer for today?"
- **Faith:** Consider what the Lord spoke through the Holy Spirit and what you read in the Word.
- **Authority:** Pray with faith and authority over your life, your family, and anything else God shows you to pray for.