

Day 6

“Seek the Lord and His strength; seek His face always” (Psalm 105:4, CSB).

It is quite easy for us to come to God in prayer with our own agenda. We bring our needs, desires, questions, and the things we hope God will change. While God does invite us to come to Him and pray honestly, Psalm 105:4 shows us that prayer begins with seeking God Himself, not just solutions.

When Scripture talks about seeking God’s “face,” it is using relational language. God’s face represents His presence and nearness. His “hand” represents what He does, the help He gives, and the answers He provides. If we are not careful, we may find ourselves desperately wanting God’s help without really wanting closeness with God. Thus, this passage pushes us to a deeper prayer.

The psalmist connects strength to seeking. God’s strength is not something we receive apart from Him, like a tool handed over and then used on our own. Strength is found in our dependence on God and in our communion with Him. As we seek His presence in prayer, it is there that we are shaped, steadied, and sustained by who He is, not just by what He gives.

To “seek His face always” means that prayer is an ongoing posture of turning toward God and realizing His presence is the greatest gift of all. We come to Him in need, yes, but ultimately in trust, gratitude, and dependence. Because, when we learn to seek His face, it enables us to fully trust His hand.

How might your prayers change if you intentionally sought His presence before presenting your requests?

God, teach me to seek You before I seek answers. Help me desire Your presence and draw my heart toward communion with You.