- 24 For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? 25 But if we hope for what we do not see, we wait for it with patience.
- 26 Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. 27 And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God.
- 28 And we know that for those who love God all things work together for good, for those who are called according to his purpose.
- 29 For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. 30 And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.
- 31 What then shall we say to these things? If God is for us, who can be against us? 32 He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things?
- 33 Who shall bring any charge against God's elect? It is God who justifies. 34 Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us.
- 35 Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? 36 As it is written,
- "For your sake we are being killed all the day long; we are regarded as sheep to be slaughtered."
- 37 No, in all these things we are more than conquerors through him who loved us.
- 38 For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, 39 nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

Scripture Memory Schedule 2025/2026

September 3 Psalm 119:33-34 September 10 Pslam 119:35-36 September 17 Psalm 119:37-38 September 21 Psalm 119:39-40 September 24 Review Psalm 119:33-40 October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 29 (No meeting—Reformation) November 5 Romans 8:7-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:18-19 January 14 Romans 8:20-21 January 28 Romans 8:22-23 February 1 Romans 8:26-27 February 18 (No meeting — Missions Conference) February 25 Romans 8:33-32 March 11 Roman	Date	Scripture Passage	Completed
September 10 Pslam 119:35-36 September 17 Psalm 119:37-38 September 21 Psalm 119:39-40 September 24 Review Psalm 119:33-40 October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:7-9 November 12 Romans 8:10 November 19 Romans 8:1-13 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 28 Romans 8:20-21 January 28 Romans 8:22-23 February 18 Romans 8:26-27 February 18 Romans 8:33-34 March 11 Romans 8:33-32		· · ·	Completed
September 17 Psalm 119:37-38 September 21 Psalm 119:39-40 September 24 Review Psalm 119:33-40 October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 19 Romans 8:12-13 November 3 Romans 8:14-15 December 3 Romans 8:14-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:18-19 January 14 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 18 (No meeting — Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:33-34 March 11 Romans 8:33-37 <td></td> <td></td> <td></td>			
September 21 Psalm 119:39-40 September 24 Review Psalm 119:33-40 October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 4 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:18-19 January 14 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 18 (No meeting—Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:33-34 March 18 Romans			
September 24 Review Psalm 119:33-40 October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:24-25 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting—Missions Conference) February 25 Romans 8:29-30 March 1 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	<u> </u>		
October 1 Romans 8:1-2 October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 15 Review Romans 8:18-39 April 15 Review Romans 8:			
October 8 Romans 8:3-4 October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting — Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 15 Review Romans 8:			
October 15 Romans 8:5-6 October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting — Missions Conference) February 25 Romans 8:29-30 March 1 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8			
October 22 Romans 8:7-8 October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	October 8		
October 29 (No meeting—Reformation) November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	October 15	Romans 8:5-6	
November 5 Romans 8:9-10 November 12 Romans 8:11 November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting — Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 1 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	October 22	Romans 8:7-8	
November 12 Romans 8:11 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:29-30 March 1 Romans 8:31-32 March 1 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 15 Review Romans 8:	October 29	(No meeting—Reformati	on)
November 19 Romans 8:12-13 November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:	November 5	Romans 8:9-10	
November 26 (No meeting—Thanksgiving) December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 11 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	November 12	Romans 8:11	
December 3 Romans 8:14-15 December 10 Romans 8:16-17 December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:29-30 March 4 Romans 8:31-32 March 11 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	November 19	Romans 8:12-13	
December 17 December 17 December 24 December 24 December 31 Decemb	November 26	(No meeting—Thanksgiving)	
December 17 (Christmas Party) December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 11 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:	December 3	Romans 8:14-15	
December 24 (No meeting—Christmas break) December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:31-32 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:38-37 April 8 Romans 8:38-39 April 15 Review Romans 8:	December 10	Romans 8:16-17	
December 31 (No meeting—Christmas break) January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:39-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:	December 17	(Christmas Party)	
January 7 Review Romans 8:1-17 January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:24-25 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	December 24		
January 14 Romans 8:18-19 January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	December 31	(No meeting—Christmas break)	
January 21 Romans 8:20-21 January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:	January 7	Review Romans 8:1-17	
January 28 Romans 8:22-23 February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	January 14	Romans 8:18-19	
February 4 Romans 8:24-25 February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	January 21	Romans 8:20-21	
February 11 Romans 8:26-27 February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	January 28	Romans 8:22-23	
February 18 (No meeting – Missions Conference) February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	February 4	Romans 8:24-25	
February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	February 11	Romans 8:26-27	
February 25 Romans 8:28 March 4 Romans 8:29-30 March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	February 18	(No meeting – Missions C	Conference)
March 11 Romans 8:31-32 March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	February 25	-	
March 18 Romans 8:33-34 March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	March 4	Romans 8:29-30	
March 25 (No meeting—spring break) April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	March 11	Romans 8:31-32	
April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	March 18	Romans 8:33-34	
April 1 Romans 8:35-37 April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8	March 25	(No meeting—spring bre	ak)
April 8 Romans 8:38-39 April 15 Review Romans 8:18-39 April 22 Review Romans 8			
April 15 Review Romans 8:18-39 April 22 Review Romans 8		Romans 8:38-39	
April 22 Review Romans 8			
	April 29	Ice Cream Party	1

English Standard Version

Psalm 119:33-40 & Romans 8 (ESV)

Psalm 119:33-40 (He)

- 33 Teach me, O Lord, the way of your statutes; and I will keep it to the end.
- 34 Give me understanding, that I may keep your law and observe it with my whole heart.
- 35 Lead me in the path of your commandments, for I delight in it.
- 36 Incline my heart to your testimonies, and not to selfish gain!
- 37 Turn my eyes from looking at worthless things; and give me life in your ways.
- 38 Confirm to your servant your promise, that you may be feared.
- 39 Turn away the reproach that I dread, for your rules are good.40 Behold, I long for your precepts; in your righteousness give me life!

Romans 8

- 1 There is therefore now no condemnation for those who are in Christ Jesus. 2 For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death.
- 3 For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, 4 in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit.
- 5 For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. 6 For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace.
- 7 For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. 8 Those who are in the flesh cannot please God.

- 9 You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. 10 But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness.
- 11 If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.
- 12 So then, brothers, we are debtors, not to the flesh, to live according to the flesh. 13 For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live.
- 14 For all who are led by the Spirit of God are sons of God. 15 For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!"
- 16 The Spirit himself bears witness with our spirit that we are children of God, 17 and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

- 18 For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. 19 For the creation waits with eager longing for the revealing of the sons of God.
- 20 For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope 21 that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God.
- 22 For we know that the whole creation has been groaning together in the pains of childbirth until now. 23 And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies.