## Grief Share®

The GriefShare Ministry offers a 13-week class. These classes are designed to lead those who are hurting from the loss of a loved one to a place of encouragement and restoration through God's word.

Our next GriefShare series begins on Sunday, March 1st, 2026, from NOON to 2:00 pm. Topics for each week are listed below. Please register online at: CalvaryMurrieta.com/GriefShare.

WEEK	SESSION TOPIC	DATE
Special	Loss of a Spouse	2/22/2026
1	Is This Normal?	3/1/2026
2	Your Grief Journey	3/8/2026
3	Loneliness & Sadness	3/15/2026
4	Self-Care	3/22/2026
5	Fearful & Overwhelmed	3/29/2026
OFF	Easter	4/5/2026
6	Anger	4/12/2026
7	Regrets	4/19/2026
8	Grief & Your Household	4/26/2026
9	Grief & Your Friendships	5/3/2026
10	Questions For God	5/10/2026
11	Stuck In Grief	5/17/2026
12	Hope & Resilience	5/24/2026
13	What Do I Live For Now?	5/31/2026

