

QFMC 5 Day Devotional

Week of October 5, 2025 by Andrew Royer

Day 1: The Goodness of God

Reading: Psalm 145:1-21

Devotional: As we reflect on the goodness of God, let's remember the powerful lyrics we sang: "All my life You have been faithful, all my life You have been so, so good." God's faithfulness and goodness are constant, even when circumstances are difficult. Today, meditate on specific ways God has shown His goodness in your life. How can you cultivate a heart of gratitude, praising Him in all circumstances? Consider writing down 3-5 specific examples of God's goodness you've experienced recently.

Day 2: Transformation Over Information

Reading: Romans 12:1-2

Devotional: We often settle for information about God instead of transformation by God. Paul urges us to be "transformed by the renewing of your mind." This goes beyond mere head knowledge - it's about allowing God to reshape our thoughts, attitudes, and actions. Today, ask yourself: Am I pursuing transformation or just accumulating information? Identify one area of your life where you need God's transforming power. Spend time in prayer, surrendering that area to Him and asking for His work in your heart.

Day 3: Love as the Measure of Spiritual Maturity

Reading: 1 Corinthians 13:1-13

Devotional: Peter Scazzaro's challenging statement reminds us: "We no longer measure our love for God by the degree to which we love others." Yet Jesus consistently demonstrated love, even when interrupted or dealing with difficult people. How does your love for others reflect your love for God? Today, intentionally show Christ-like love to someone you find challenging. This might mean offering forgiveness, showing patience, or extending compassion. Reflect on how this impacts your own spiritual growth.

Day 4: Overcoming Anger and Contempt

Reading: Matthew 5:21-26

Devotional: Jesus sets a high bar, equating anger and contempt with murder in terms of their spiritual impact. In a world addicted to outrage, how can we cultivate hearts of peace? Today, examine your heart for any seeds of anger or contempt towards others, especially those with different views. Confess these to God and ask for His help in replacing them with love and understanding. Consider reaching out to someone you've been frustrated with, seeking reconciliation or simply offering a kind word.

Day 5: Putting on Christ-like Character

Reading: Colossians 3:12-17

Devotional: Paul gives us a beautiful picture of what it looks like to "clothe ourselves" with Christ-like character. These qualities - compassion, kindness, humility, gentleness, and patience - are the marks of emotional and relational maturity. Which of these qualities do you find most challenging to embody? Today, focus on intentionally practicing that quality in your interactions. Ask the Holy Spirit to help you grow in this area, making you more like Jesus. End your devotional time by praying the words of Colossians 3:15-17 over your life.