# QFMC 5 Day Devotional

Week of November 2, 2025 by Andrew Royer

### Day 1: Connected to the Vine

Reading: John 15:1-8

Devotional: Jesus doesn't call us to proximity—He calls us to union. A branch doesn't simply rest near the tree; it draws life from within it. When Jesus says "remain in me," He's inviting us into a relationship so intimate that His life flows through ours. Apart from this connection, we wither, no matter how busy or productive we appear. Today, consider: are you merely close to Jesus, or truly connected? Transformation doesn't come from trying harder; it comes from staying attached. The fruit you long to bear—love, patience, peace—isn't produced by your effort but by His life flowing through you. Stop striving. Start abiding.

## Day 2: The Enemy Called Hurry

Reading: Mark 1:35-39; Luke 5:15-16

Devotional: Even when crowds clamored for Jesus' attention, He withdrew to pray. He understood what we often forget: hurry is a condition of the soul that prevents us from being present with God and others. We compliment busyness, admire packed schedules, and wear exhaustion like a badge of honor. But Jesus modeled something radically different—an unhurried pace rooted in intimate connection with the Father. Hurry and love are incompatible. You cannot love God or people in a hurry. Today, identify one area where hurry has stolen your peace. What would it look like to ruthlessly eliminate it? Remember: if your schedule keeps you from Jesus, your schedule is discipling you.

# Day 3: Remember the Sabbath

Reading: Exodus 20:8-11; Mark 2:27-28

Devotional: God didn't say "thou shalt observe the Sabbath" as a legalistic command. He said "remember"—a gentle reminder that we forget. Sabbath means to stop, to delight, to worship. It's a weekly declaration that God runs the world, not you. In our chronic discontentment, we fill our lives with productivity, trying to satisfy a void only God can fill. Sabbath breaks our addiction to accomplishment and reorients our identity around God's sufficiency. It's not about earning rest; it's about receiving love. This week, protect a few hours—or better yet, a full day—to stop

working, rest your body, delight in simple gifts, and worship with gratitude. Remember: God is enough.

## Day 4: The Gift of Silence and Solitude

Reading: Matthew 14:22-23; Psalm 46:10

Devotional: Before Jesus taught, healed, or led, He withdrew to quiet places to pray. Silence and solitude weren't escapes—they were essential rhythms that kept Him connected to the Father. In our noisy world, we've lost the art of listening. We fill every moment with podcasts, notifications, and mental chatter. But transformation begins in the quiet, where God's voice can surface above the noise. "Be still and know that I am God" isn't a suggestion; it's an invitation to attentive presence. Start small: five minutes in your car, phone out of reach, simply praying, "Jesus, here I am. I receive Your love." Silence isn't empty—it's where peace takes root.

### Day 5: Prayerful Reflection—Seeing God in the Ordinary

Reading: Psalm 139:23-24; 1 Thessalonians 5:16-18

Devotional: Discipleship isn't just about the big moments—it's about learning to see Jesus in the ordinary rhythms of daily life. Prayerful reflection trains our eyes to notice His presence where we once saw only routine. At day's end, ask two simple questions: "Where did I notice Your presence today?" and "Where did I resist You?" This practice turns experience into formation, keeping us aware and attentive to the Spirit's work. Over time, you'll begin to recognize God's fingerprints everywhere—in conversations, in challenges, in quiet mercies. Reflection isn't about perfection; it's about awareness. As you look back with God, you learn to live forward with Him. Start tonight.