

QFMC 5 Day Devotional

Week of July 27, 2025

By Ryan Massey

Day 1: Jesus Is the Source of All Life

Jesus is not just a distant figure or a good teacher; He is the very source of all life, hope, strength, purpose, forgiveness, peace, wisdom, joy, and life itself. When the roots of the gospel seep down into our being, we are changed and transformed from the inside out. The gospel is not about self-improvement or behavior modification, but about a soul-deep rescue and transformation that only Jesus can accomplish. As we recognize Jesus as the source, we are invited to come to Him, stay rooted in Him, and let our lives be shaped by His grace, bearing fruit that reflects His presence in us.

Colossians 1:15-17 (ESV)

He is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities—all things were created through him and for him. And he is before all things, and in him all things hold together.

Reflection: In what area of your life do you need to intentionally recognize Jesus as the source and sustainer, rather than relying on your own strength or wisdom today?

Day 2: The Gospel Bears Fruit—Faith, Love, and Hope

The gospel, when truly received, changes the very DNA of a person and a community, producing the fruit of faith, love, and hope. Faith looks back to the cross and anchors us in what Jesus has done; love reaches out to others, even when it's messy and hard; and hope looks forward to the promises of God, sustaining us through darkness. These are not just inspirational words, but the evidence of a life transformed by the Spirit. As we abide in Christ, these fruits deepen, stretch, and grow stronger, marking us as people who have truly been changed by the good news.

Colossians 1:3-6 (ESV)

We always thank God, the Father of our Lord Jesus Christ, when we pray for you, since we heard of your faith in Christ Jesus and of the love that you have for all the saints, because of the hope laid up for you in heaven. Of this you have heard before in the word of the truth, the gospel, which has come to you, as indeed in the whole world it is bearing fruit and increasing—as it also does among you, since the day you heard it and understood the grace of God in truth.

Reflection: Which of these—faith, love, or hope—needs the most growth in your life right now, and what is one step you can take today to nurture it?

Day 3: Spiritual Wisdom Comes from Abiding, Not Just Knowing

True transformation does not come from accumulating more information or knowledge, but from spiritual wisdom and understanding that comes through walking with God. Paul prays not just for knowledge, but for wisdom that leads to a life that honors and pleases the Lord, producing every kind of good fruit. This wisdom is cultivated by spending time with God in prayer, listening to His word, and being shaped by His Spirit. The goal is not outward success or religious striving, but a life so deeply transformed that others see Jesus in us.

Colossians 1:9-10 (ESV)

And so, from the day we heard, we have not ceased to pray for you, asking that you may be filled with the knowledge of his will in all spiritual wisdom and understanding, so as to walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of God.

Reflection: How can you intentionally make space today to listen for God's wisdom—beyond just reading or learning—so that your actions are shaped by His Spirit?

Day 4: Surrender Over Striving—Letting God Transform You

There is a profound difference between religious striving and spiritual surrender. Striving is about trying to earn God's approval through performance and checklists, which leads to exhaustion and insecurity. Surrender, on the other hand, is about letting God's grace seep into your being, allowing Him to transform you from the inside out. When you live from a place of surrender, you experience joy, freedom, and fruitfulness—not because you are trying harder, but because you are abiding in Christ and letting Him do the work in you.

Romans 12:1-2 (ESV)

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

Reflection: Where in your life are you striving to earn God's approval, and how can you practice surrendering that area to Him today?

Day 5: Living as People Who Have Been Rescued

The heart of the gospel is that Jesus has rescued us from the kingdom of darkness and brought us into His kingdom—not because we were a little lost, but because we were utterly helpless and dead in sin. This rescue is not a one-time event or a spiritual accessory, but a call to live every moment in the light of what Jesus has done. When we truly grasp our rescue, we no longer live with a foot in darkness, but walk in the light, reflecting Jesus in our homes, work, and neighborhoods. Our lives become a testimony to the world that Jesus is the source of all life.

Colossians 1:13-14 (ESV)

He has delivered us from the domain of darkness and transferred us to the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins.

Reflection: What is one practical way you can live today as someone who has been rescued—shining the light of Jesus in a specific relationship or situation?