

Journal

Spend some time thinking about the question below and journal your thoughts or share them with a parent.



AUGUST 2025 | WEEK 1 | PRETEEN



Day 1

Visit the Parent Cue app (available for iOS and Android) to watch this week's Bible story.

Download it for free at parentcue.org/app.

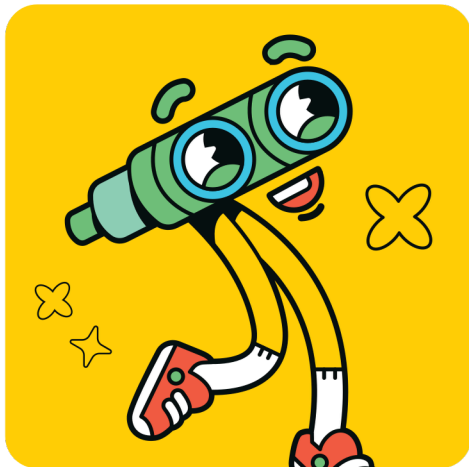
Even if you already saw it at church, feel free to check it out again!

After watching So&So, write one thing that:

1. You liked:

2. You learned:

3. You'd like to know:



Day 2

Read Romans 15:7.

How does it make you feel to be accepted by Jesus? God's only Son, who came to earth to die on the cross for your sins—He has accepted you. That should feel pretty awesome! What about when other people accept you? That feels really good too, doesn't it? And when we accept each other? That makes God truly happy!

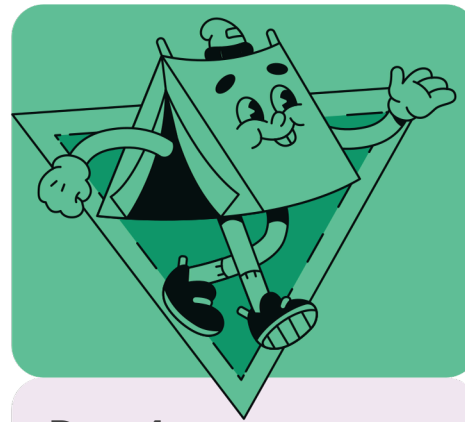
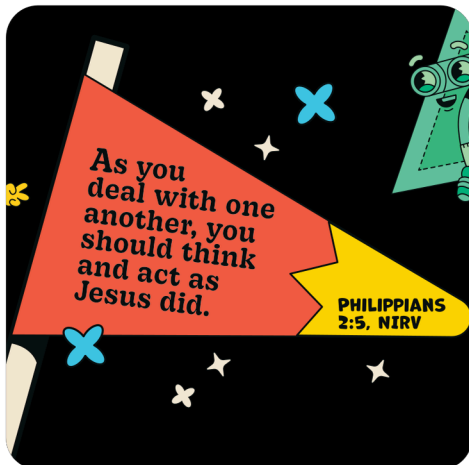
If you're having a hard time accepting someone—maybe they aren't very nice, or something they do annoys you—take a minute to think about how great it feels that you are accepted by Jesus. You didn't do anything to earn that acceptance, so we shouldn't expect others to do anything to earn our acceptance either.

Day 3

Accept one another.

Think back on the verse you read yesterday: "Christ has accepted you. So accept one another in order to bring praise to God." (Romans 15:7, NIRV) How does it feel to be accepted by Jesus? Take a minute and thank God for sending Jesus so that you could know what it feels like to be accepted into God's family.

Dear God, thank You for sending Jesus to come to earth to die on a cross for my sins. I know that when I put my trust in Jesus, I am accepted into Your family forever. Thank You for loving the world—and even just me—that much. In Jesus' Name, I pray. Amen.



Day 4

How does it feel to be accepted?

Rank the following foods in order of how you like them, 1 to 10. (Number 1 being your most favorite.)

- Broccoli ()
- Cereal ()
- Bananas ()
- Brownies ()
- Steak ()
- Macaroni and cheese ()
- Green beans ()
- Chicken nuggets ()
- Ice cream ()

Then interview a friend or family member and have them rank how they like the foods. (Fold the paper so they can't see your answers. It's more fun that way!)

Without peeking at their answers, flip the paper over and save it for tomorrow. (Plan a time to meet up with the other person to finish the activity.)



Day 5

Accept one another.

Find the friend or family member you ranked foods with yesterday and look at the sheet. How do your answers compare? Do you like similar things? Were you surprised by any of each other's answers? It's totally fine to judge our food differently—after all, we all have different bodies that experience different foods, well, differently. But when it comes to people, it's an entirely different situation. We should never treat each other in a way that makes someone feel unaccepted or disliked. We shouldn't rank our friends or make someone feel less important than someone else. The great news is that Jesus accepts everyone, and that means you, too! He promised He would never send anyone away who comes to Him. He wants us to be the same way.

Each of you pick one food the other person ranked among their least favorites and commit to trying it this week. Then pray together and ask God to help you accept one another—even those who are harder to love.