

If millions of people have NOT already disappeared at the same time and *911* IS still available, **CALL 911.**

If the Rapture has happened and Emergency Services are NOT available, **This Information May Be Useful in an Emergency.**

GOD is ALWAYS in Control.

NOTHING is outside of HIS reach.

HE can always hear you, even if you cannot say a word. Pray and trust in Him.



When you are faced with an emergency, your trust in **GOD** and Critical Thinking are vital to having the **right mindset** to handle it.

Know Your Resources

(*BEFORE* an Emergency is Best):

- 1 – Do you know anyone close by who is **trained** in Emergency First Aid (a neighbor who is an EMT, doctor, or nurse)?
- 2 – First Aid **Supplies** (including: **superglue**, clean bed **sheets**, maxi pads, peroxide, and bottled water. Critical thinking **in advance** will help you to be **prepared**.)

Priorities during an Emergency

- ✓ **Prayer.** Never forget that GOD alone has ALL of the power over life and death!
- ✓ The **safety of all** involved (yourself included).
- ✓ Emergency Care to Save or Sustain Life
- ✓ Emergency Care for the Soul



Tell Them About Jesus!

This is **the most important item** on this list, but the PERSON *must be conscious and responsive* to hear about Jesus.

And if it is not possible to save or sustain their life, this is the **most important** thing you can do to help the dying person.



For Sudden Illness
(**Heart Attack**) OR Accident
(**Fall or Electric Shock**):

Is someone with
more training also
available to help?



Check for Breathing and Heartbeat.

Think A B C Airway, Breathing, and Circulation

Heartbeat: Yes **Breathing: NO**

Check to see if **anything** is **blocking** their **Airway** and if so clear it or remove it.

Important: This may seem obvious but if not, *if/when* the person begins breathing on their own, stop giving emergency aid for breathing.

Heartbeat: Yes

Breathing: NO

Rescue Breaths

On a firm, flat surface: position the person's head to **open their airway** and mouth.

245
Breathing
Bag with
Mask



Place one hand on the forehead to **tilt the head back**, and the other hand under the chin to **lift the chin up**.



LOOK
LISTEN
FEE L

If **no** mask or other **similar device** is **available**, pinch the nose shut, then make a **complete seal** over their mouth with your mouth. **Blow in for about 1 second** to make the chest clearly rise.

Give **2 Rescue Breaths**. One and then the other immediately following.

If the chest does not rise with the rescue breaths, re-tilt the head and **give another** rescue breath.



Mask
with
1-way
valve

Heartbeat: **NO** Breathing: **NO**

If an **AED is available**, follow the instructions that come with the unit. Complete the steps for Chest Compressions and Rescue Breaths **when advised by the AED unit**.



If someone is retrieving an AED, ***BEGIN*** CPR by *alternating* **30 Chest Compressions & 2 Rescue Breaths** until the AED arrives.

Chest Compressions *Only When:*

Heartbeat: NO *or very weak*

With the *unresponsive* person on a firm, flat surface:

Push **hard**, push **fast**.

In the **middle** of the **chest**
at least **2 inches** deep

at a rate of at least 100 compressions per minute.
Think the rhythm of the song "**Staying Alive**"

"Ah, ha, ha, ha, stayin' alive, stayin' alive"



Position your **shoulders** directly over your hands, with your elbows locked and **arms straight**.

This will allow you to **use your body weight** for compressions, rather than just your arm strength.



Additional Notes about using the **AED**:

You should be instructed to **remove the person's shirt** and anything else in the way of sticking the PADs to the person's chest.

Do not stick the PADs to clothing.

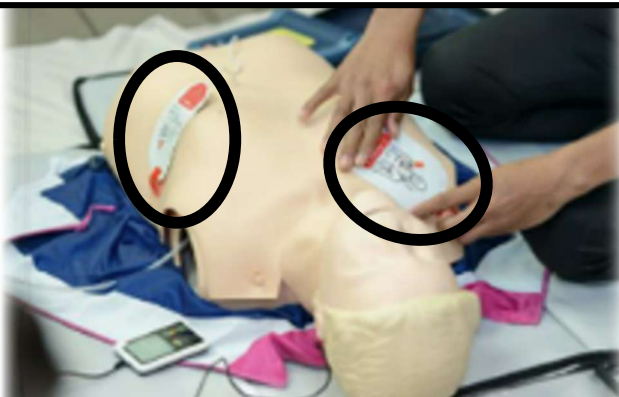
Do not remove the PADs from the person (let them do it).

Do not use an AED if the person is on a **wet surface**, or touching anything made of **metal**, or if the person's chest is wet.

When you turn the AED on, it will **analyze the person with the attached PADs** and determine if a shock is needed.

The **AED** will give **Verbal Instructions**.

This Emergency Guide is not meant to be an in-depth, how-to guide for all emergencies.



AED
PADS:
upper
right
&
left
side

If the person does not know Jesus, *that* is the real Emergency. Tell them about Jesus.
HE IS the only true, life support!

Make sure that neither you nor anyone else is touching the person when the AED gives the shock. It may or may not cause injury, but *IT COULD* **cause the shock to *NOT* be effective.**

After giving the shock *OR* if no shock is advised, **you may need to perform CPR.**

Note: if a person is **unresponsive** (not breathing) and you cannot feel a pulse, the AED should instruct you to perform **2 minutes of CPR.**

This is generally 5 cycles of 30 compressions with 2 rescue breaths.

If 2 people are doing **CPR** together, do NOT stop the **compressions** to give the **breaths.**

Continue to follow the AED's instructions.

If at any time you **notice** an obvious **sign of life** such as breathing, stop CPR and monitor them for any **change in condition.**

Bleeding

Apply direct pressure. Use a sterile bandage (or your hand. The injured person may be able to help). You want to **allow the blood to clot** without that process being interrupted. Apply more bandages on top of the ones in use if needed. Keep applying direct pressure **until the bleeding stops.**

Bandage the wound (**not *too*** tight) with the medical supplies you have available (or **improvise** – **maxi pads** are good for this purpose).

Important: Wounds vary in intensity. You will have to do the best you can with what you have.

IF 911 is available, call 911 and give emergency help as needed until they show up. If emergency services are **NOT available** and stitches are needed, *superglue* may be a good alternative to needle and thread.

Wash hands with soap and use gloves.
See Wound Care page 251-253.

Burns

Treatment will depend on the severity of the wound.

Cool the burn with cold running water at least until the pain is relieved.

Aloe plants can be a great medicine for burns (depending on the severity).

Cover loosely with a sterile bandage.

See Wound Care page 251-253.

To *minimize* ***Shock*** (a severe condition) control the bleeding, **keep them warm**, position them so that their *whole body can receive proper blood flow*. And most importantly, reassure them.

Anxiety and stress are major causes of *Shock*. The promises and *peace* of King **Jesus** are the best help for anxiety.

Remember, in the first **3 1/2 years** of the Tribulation, **HALF of the World will be dead**. That is **1 out of every 2 PEOPLE**.

There probably will be times when all you can do is pray with a person and help them to be as comfortable as possible until they pass.

But it is not the end. You can give them hope. **Hope is not a wish** and a maybe. **Hope is a promise.**

If they have accepted Jesus as their personal savior, their **last breath** on earth is only a single moment before their **first breath in Heaven**.

But the main goal is to **save** or sustain **life** so *they* can be about the **Father's business**.

Panic: Stop. Breathe. SLOW, very slow, and DEEP. As many times as it takes. All the way in. All the way out. *Do NOT count.*

Pray. And **Breathe, Slow and Deep.**

It is your mind that needs peace, and **King Jesus ALONE gives peace.**

King Jesus has you. No matter what. Speak to Him, even if it is **only your heart** that can speak. He hears you. He knows you. Ask Him for peace. **Stop, Pray, and Breathe!**

Then, ask Him for His will for you. Move forward in His peace doing what you should do according to His will.